



**13th Course in update on HIV and Viral**

**Hepatitis**

**February 1st and 2nd, 2019 (Vigo)**

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## **Management of the cured hepatitis C**

Alessandra Mangia

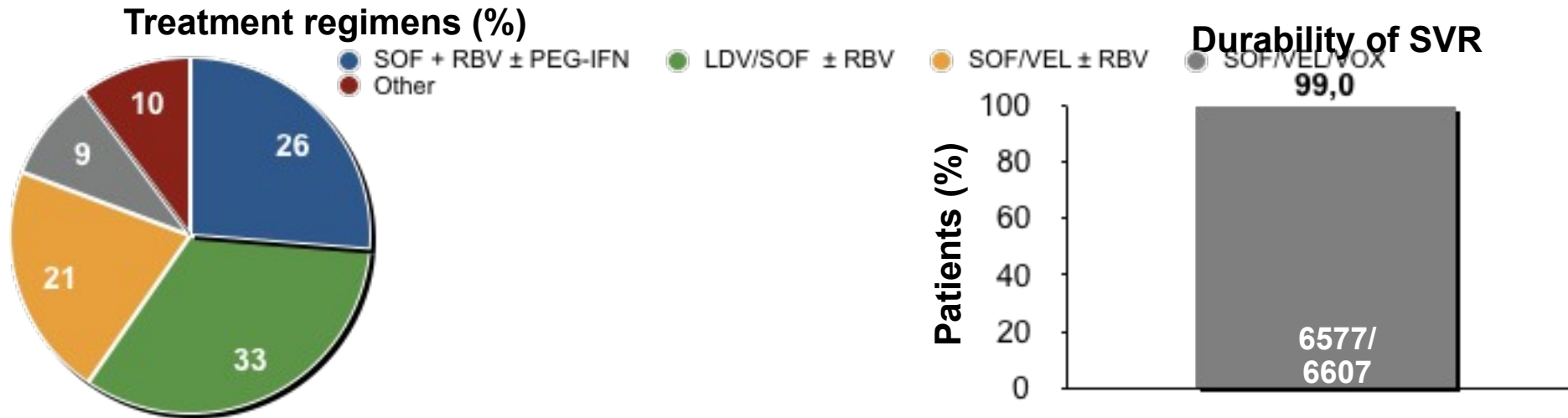
Liver Unit, IRCCS, San Giovanni Rotondo, Italy

# Antiviral treatment goals

- The **main objective** of Tx is viral eradication or sustained virological response (SVR), i.e. undetectable HCV RNA 12 weeks after the end of treatment
- SVR is **associated** with several **clinical benefits including**
  - QOL improvement
  - lost of infectivity
  - fibrosis reversal
  - reduction in the risk of decompensation and HCC
  - reduction in the risk of liver related mortality and overall mortality

## Long-term follow-up study of patients who achieved SVR in Gilead-sponsored trials (Gilead SVR Registry)

- 3-year registry of patients (N=6607) treated in Gilead-sponsored trials who achieved SVR

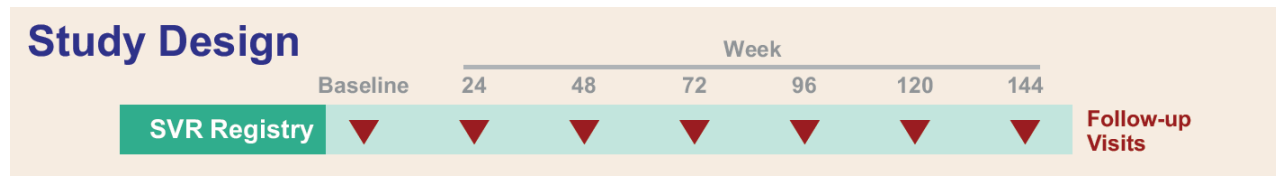


- 30 patients had detectable HCV RNA during their participation in the SVR registry
- 8 (0.1%) had virological evidence of relapse
- 15 (0.2%) had virological evidence of reinfection with phylogenetically distinct virus of same genotype
- 7 (0.1%) had reinfection with different genotype

**SVR is durable and late relapses (beyond post-treatment Week 12) are rare**

# Gilead SVR registry: long-term outcomes from >6600 patients treated with SOF-based regimens

- 3-year registry study of patients treated in Gilead-sponsored trials who achieved SVR<sup>§</sup>



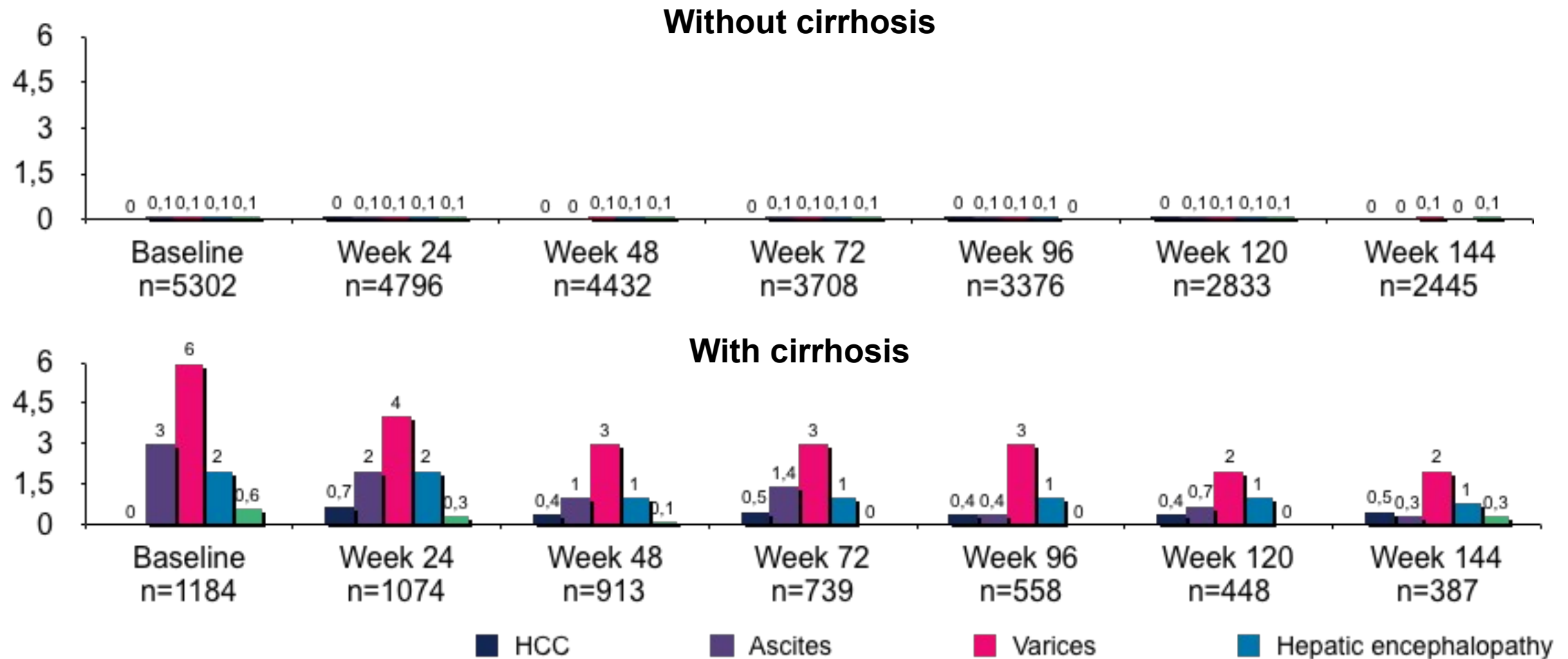
	SOF+ RBV ± PEG-IFN (n=1724)	LDV/SOF ± RBV (n=2204)	SOF/VEL ± RBV (n=1422)	SOF/VEL/VOX (n=597)	Other (n=660)	Total (N=6607)
Mean age, y (range)	52 (19–76)	55 (19–83)	55 (20–82)	56 (23–82)	51 (20–76)	54 (19–83)
Male, n (%)	1117 (65)	1404 (64)	844 (60)	364 (61)	373 (57)	4102 (62)
Race/ethnicity*						
White	1489 (86)	1843 (84)	1194 (84)	486 (81)	562 (85)	5574 (84)
Hispanic/Latino	203 (12)	217 (10)	128 (9)	52 (9)	69 (10)	669 (10)
Cirrhosis, n (%)	349 (20)	526 (24)	200 (14)	51 (9)	61 (9)	1187 (18)**
IL28B CC, n (%)	613 (36)	500 (23)	431 (30)	157 (26)	259 (39)	1960 (30)
HCV genotype, n (%) 1 / 2 / 3 / 4 / 5 / 6 / other†	(44) / 70 (4) / 1 (<1) / 3 (<1) / 0	(1) / 23 (1) / 3 (<1) / 5 (<1)	(27) / 109 (8) / 27 (2) / 37 (3) / 0	340 (57) / 64 (11) / 108 (18) / 49 (8) / 14 (2) / 19 (3) / 3 (<1)	651 (99) / 3 (<1) / 6 (<1) / 0 / 0 / 0 / 0	4233 (64) / 695 (11) / 1289 (20) / 255 (4) / 65 (1) / 62 (<1) / 8 (<1)

<sup>§</sup>Sustained virological response at last visit. \*Based on data collected from treatment studies;

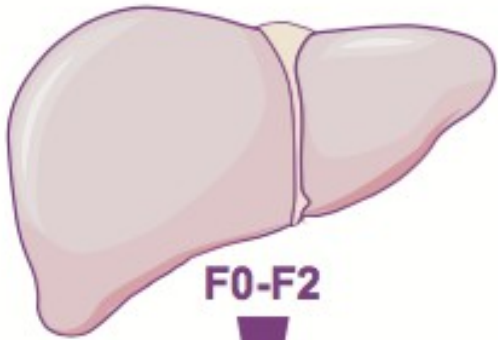
\*\*Among patients with cirrhosis, mean CTP score at baseline was 5.2 (range 5–10); †Mixed/indeterminate/missing.

CTP: Child–Turcotte–Pugh; LDV: ledipasvir; PEG-IFN: interferon; RBV: ribavirin; SOF: sofosbuvir; VEL: velpatasvir; VOX: voxilaprevir

# Clinical events were infrequent, but more often reported in patients with baseline cirrhosis



# We can discharge patients with F0-F2 with the only caution of co-morbidities



**F0-F2**

**Return to community**

No need for further control  
unless comorbidities  
(NASH, alcohol, HBV infection,  
diabetes)

and does not indicate active infection or protect  
against a possible new infection

No reasons to repeat HCV RNA testing

Periodic retesting should be considered for those with  
ongoing risk of acquisition or reinfection

# **Long-Term Follow-up of Patients with Chronic HCV Infection and Compensated or Decompensated Cirrhosis Following Treatment with Sofosbuvir-Based Regimens**

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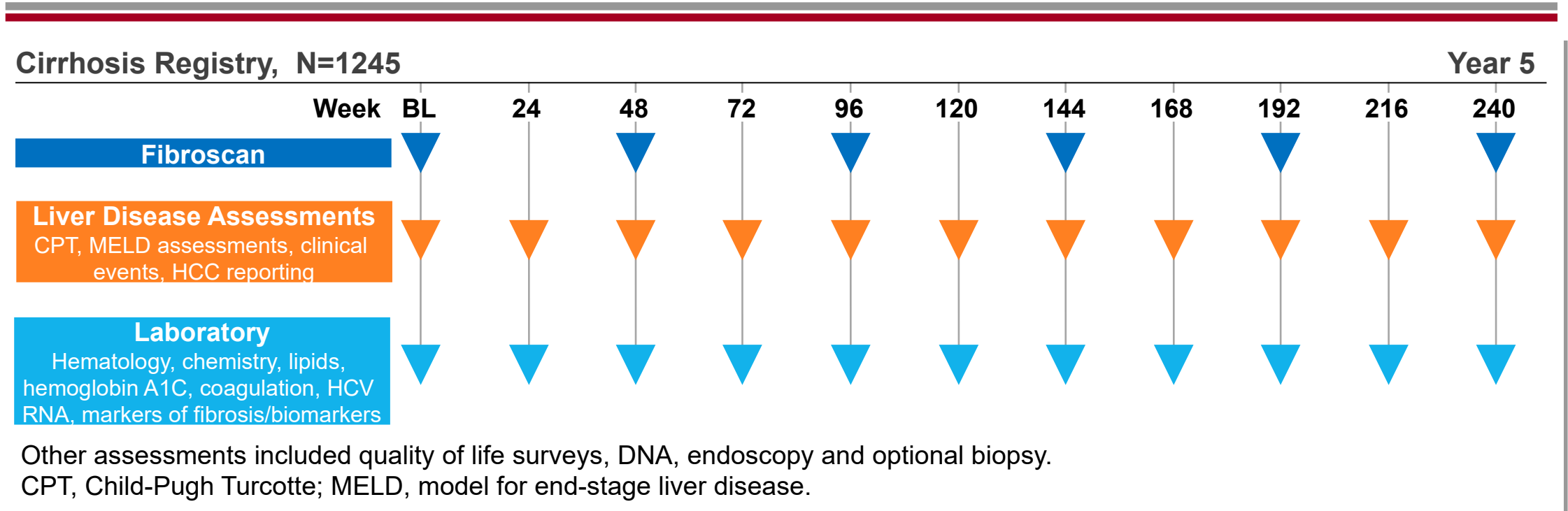
<sup>1</sup>Casa Sollievo della Sofferenza Hospital, San Giovanni Rotondo, Italy; <sup>2</sup>Texas Liver Institute, University of Texas Health San Antonio, TX, USA; <sup>3</sup>New Zealand Liver Transplant Unit, Auckland City Hospital, Auckland, New Zealand; <sup>4</sup>Vancouver Infectious Diseases Centre, Vancouver, BC, Canada; <sup>5</sup>Ruane Medical & Liver Health Institute, Los Angeles, CA, USA; <sup>6</sup>Centre Hospitalier Universitaire Estaimont-Ferrand, France; <sup>7</sup>Gilead Sciences Inc., Foster City, CA, USA; <sup>8</sup>School of Medicine, University of Queensland, Brisbane, Australia; <sup>9</sup>Hospital Universitario Puerta de Hierro, Madrid, Spain; <sup>10</sup>Kings College Hospital NHS Trust Foundation, London, UK; <sup>11</sup>GastroOne, Germantown, TN, USA; <sup>12</sup>Duke University School of Medicine, Durham, NC, USA

## Results: Demographics and Baseline characteristics

		CPT A n=1039	CPT B+C n=206
Mean age, y (range)		59 (26–86)	60 (40–77)
Male, n (%)		726 (70)	144 (70)
White, n (%)		919 (89)	181 (88)
Mean body mass index, kg/m <sup>2</sup> (range)		29 (18–57)	29 (18–46)
HCV genotype, n (%)	1	599 (58)	179 (87)
	2	61 (6)	9 (4)
	3	315 (30)	13 (6)
	4	53 (5)	4 (2)
	5	9 (<1)	0
	6	2 (<1)	1 (<1)
Treatment experienced, n (%)		687 (66)	130 (63)
Parent study HCV regimen	SOF + RBV	62 (6)	10 (5)
	LDV/SOF ± RBV	268 (26)	70 (34)
	SOF/VEL ± RBV	305 (29)	126 (61)
	SOF/VEL/VOX	307 (30)	0
	SOF + other	97 (9)	0
Median time from SVR to registry start, wk (range)		30 (5–181)	44 (11–119)

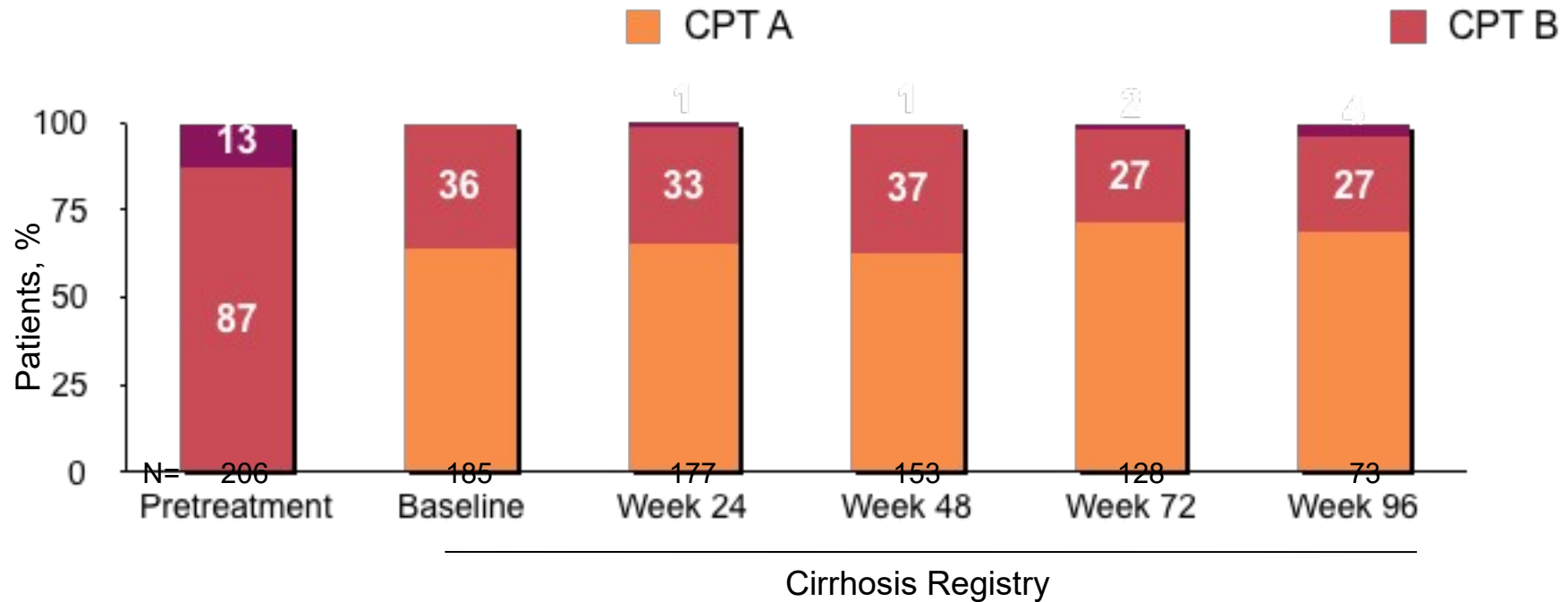
All except age were assessed pretreatment (baseline of the parent study). LDV, ledipasvir; RBV, ribavirin; VEL, velpatasvir; VOX, voxilaprevir.

# Key Eligibility Criteria / Study Design



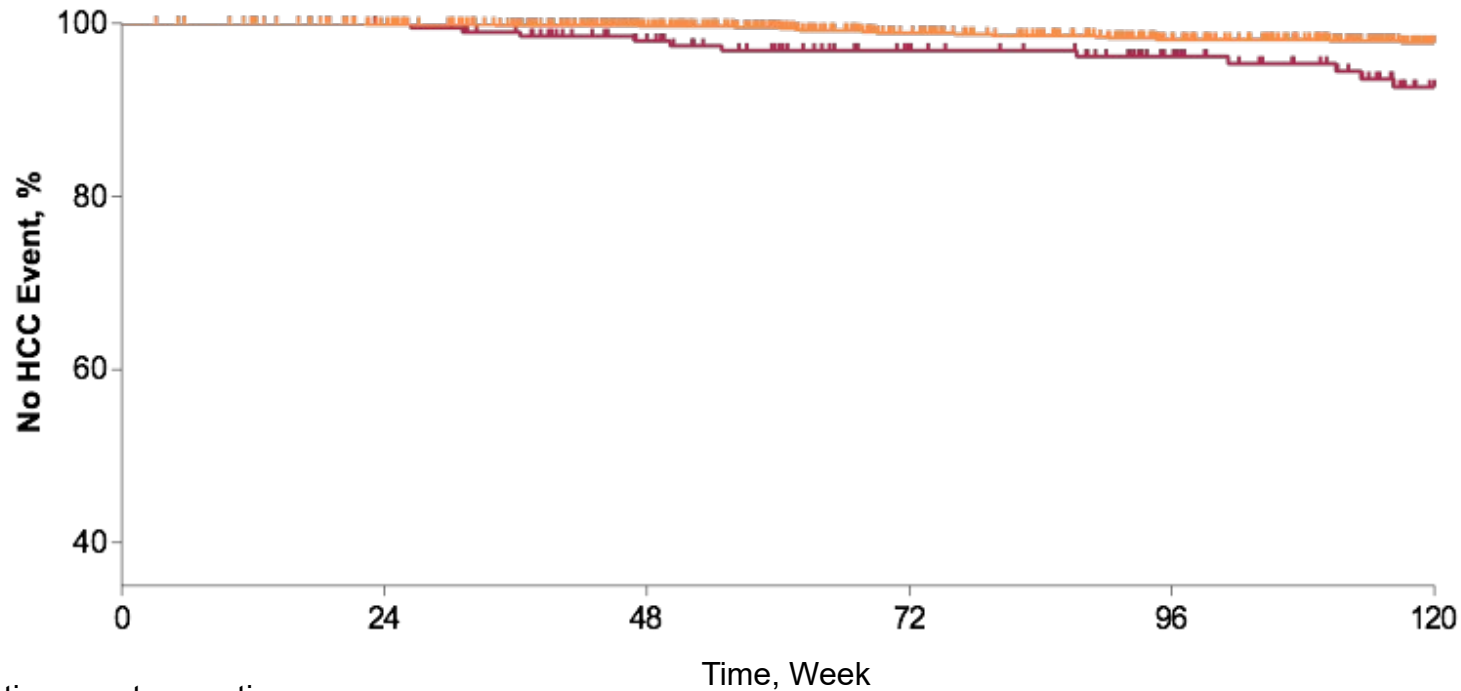
- Eligible patients had
  - SVR from an IFN-free, SOF-based regimen from a Gilead-sponsored parent study
  - Cirrhosis prior to treatment in the parent study as defined by the parent study protocol
- For patients with virologic failure, relapse was distinguished from reinfection by phylogenetic analyses of samples collected pretreatment and posttreatment at time of failure

## Results: CPT Class Shifts in Patients with CPT B+C Cirrhosis



- Among patients with CPT A cirrhosis at pretreatment, at Week 96, 99% remained at CPT A

# Results: KM Plot of Time to HCC Since Achieving SVR12



CPT A	1037 (0)	1014 (2)	868 (7)	677 (7)	592 (12)	466 (16)
CPT B+C	205 (0)	200 (4)	185 (11)	174 (16)	151 (19)	90 (20)

Incidence Rate	CPT A n=1039	CPT B+C n=206
P-Ys Follow up	2216	439
Number of Events	23	23
Exposure adjusted incidence rate/100 PYs	1.04	5.23

# Incidence and Predictors of de Novo Hepatocellular Carcinoma Following Achievement of Sustained Virologic Response With Direct-Acting Antivirals: Results From the Gilead SVR and Cirrhosis Registries

K. Rajender Reddy,<sup>1</sup> Ira M. Jacobson,<sup>2</sup> Armand Aberger,<sup>3</sup> Barbara Leggett,<sup>4</sup> Charles Landis,<sup>5</sup> Robert H. Hyland,<sup>6</sup> Frances Chen,<sup>5</sup> Liyun Ni,<sup>6</sup> Anu Osinusi,<sup>6</sup> Diana M. Brainard,<sup>6</sup> Jose Luis Calleja Panero,<sup>7</sup> Eric Lawitz,<sup>8</sup> Andrew Muir,<sup>9</sup> Alessandra Mangia<sup>10</sup>

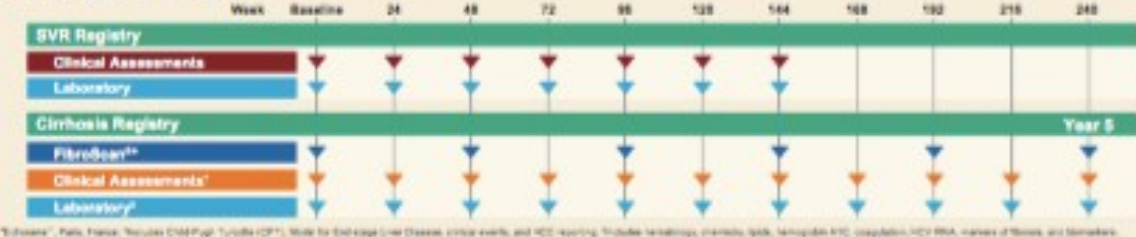
<sup>1</sup>University of Pennsylvania, Philadelphia; <sup>2</sup>NYU School of Medicine, New York, NY; <sup>3</sup>Centre Hospitalier Universitaire Estang de Clermont-Ferrand, France; <sup>4</sup>Faculty of Medicine, The University of Queensland, Brisbane, Australia; <sup>5</sup>UW Medical Center, Seattle, WA; <sup>6</sup>Gilead Sciences Inc., Foster City, CA; <sup>7</sup>Hospital Universitario Puerta de Hierro-Majadahonda, Spain; <sup>8</sup>UT Health San Antonio, TX; <sup>9</sup>Duke University School of Medicine, Durham, NC; <sup>10</sup>Casa Sollievo della Sofferenza Hospital, San Giovanni Rotondo, Italy

## Demographics and Baseline Characteristics

		No Cirrhosis n=4392	Compensated Cirrhosis n=1913	Decompensated Cirrhosis n=292	Unknown n=11	Overall n=6608
Demographics and Baseline Characteristics	Mean age, y (range)	54 (19–82)	58 (23–87)	60 (29–78)	61 (51–71)	55 (19–87)
	Male, n (%)	2767 (63)	1310 (68)	206 (71)	8 (73)	4291 (65)
	White, n (%)	3640 (84)	1651 (86)	266 (91)	9 (82)	5766 (86)
	Mean BMI, kg/m <sup>2</sup> (range)	27 (17–66)	29 (18–172)	29 (18–58)	29 (18–44)	28 (17–172)
	HCV GT, n (%)					
	1	2799 (64)	1139 (60)	260 (89)	7 (64)	4205 (63)
	2	577 (13)	142 (7)	10 (3)	2 (18)	731 (11)
	3	897 (20)	522 (27)	13 (4)	2 (18)	1434 (21)
	4	208 (5)	77 (4)	6 (2)	0	291 (4)
	5	52 (1)	14 (<1)	0	0	66 (1)
Pretreatment Laboratory Values	6	52 (1)	9 (<1)	1 (<1)	0	62 (<1)
	Missing or mixed	7 (<1)	10 (<1)	2 (<1)	0	19 (<1)
	IL28B, n (%)					
	CC	1328 (29)	435 (23)	66 (23)	2 (18)	1829 (27)
	CT	2496 (54)	888 (46)	150 (51)	8 (73)	3542 (52)
	TT	761 (17)	309 (16)	54 (18)	1 (9)	1125 (17)
	HCV treatment experienced, n (%)	1560 (34)	1068 (56)	174 (60)	7 (64)	
	Mean ALT, U/L	20	27	26	22	22
	Mean albumin, g/dL (SD)	4.2 (0.31)	4.3 (0.38)	3.7 (0.51)	4.4 (0.42)	4.2 (0.36)
	Albumin >3.5, n (%)	4503 (98)	1836 (96)	186 (64)	10 (91)	6535 (96)
	Mean platelets, x10 <sup>3</sup> /μL (SD)	231 (85)	157 (88)	85 (48)	258 (84)	204 (77)
	Platelets >150 x10 <sup>3</sup> /μL, n (%)	4227 (92)	918 (48)	27 (9)	10 (91)	5182 (76)
	HbA1c ≥5.7%, n (%)	1232 (27)	647 (34)	67 (23)	5 (45)	1951 (29)

ALT, alanine aminotransferase; BMI, body mass index; CT, genotype; HbA1c, hemoglobin A1c; IL28B, Interleukin-28B.

## Study Design



\*Ultrasound, FibroScan, FibroScan CAP, FibroScan CPT, Model for End-stage Liver Disease, clinical events, and HCC monitoring. †Triglycerides, creatinine, lipids, hemoglobin A1c, coagulation, HCV RNA, markers of fibrosis, and biomarkers.

## Multivariate Analysis

Variable	Comparison	Hazard Ratio (95% CI)	p-Value
Age, y	≥ vs <60	2.4 (1.5–3.7)	<0.001
	A vs no cirrhosis	7.8 (3.3–18.4)	<0.001
CPT	B vs no cirrhosis	15.9 (5.8–44.2)	<0.001
	C vs no cirrhosis	9.7 (2.2–42.9)	0.003
	B/C vs no cirrhosis	12.4 (4.0–38.3)	<0.001
Pretreatment baseline platelets, x10 <sup>3</sup> /μL	≤ vs >150	1.8 (1.0–3.2)	0.04
Sex	Male vs female	1.9 (1.1–3.2)	0.02
HCV GT	3 vs other	2.3 (1.4–3.9)	0.002
HCV treatment experience	Experienced vs naïve	2.0 (1.2–3.3)	0.01
Pretreatment baseline albumin, g/dL	≤3.5 vs >3.5	2.3 (1.3–3.9)	0.004

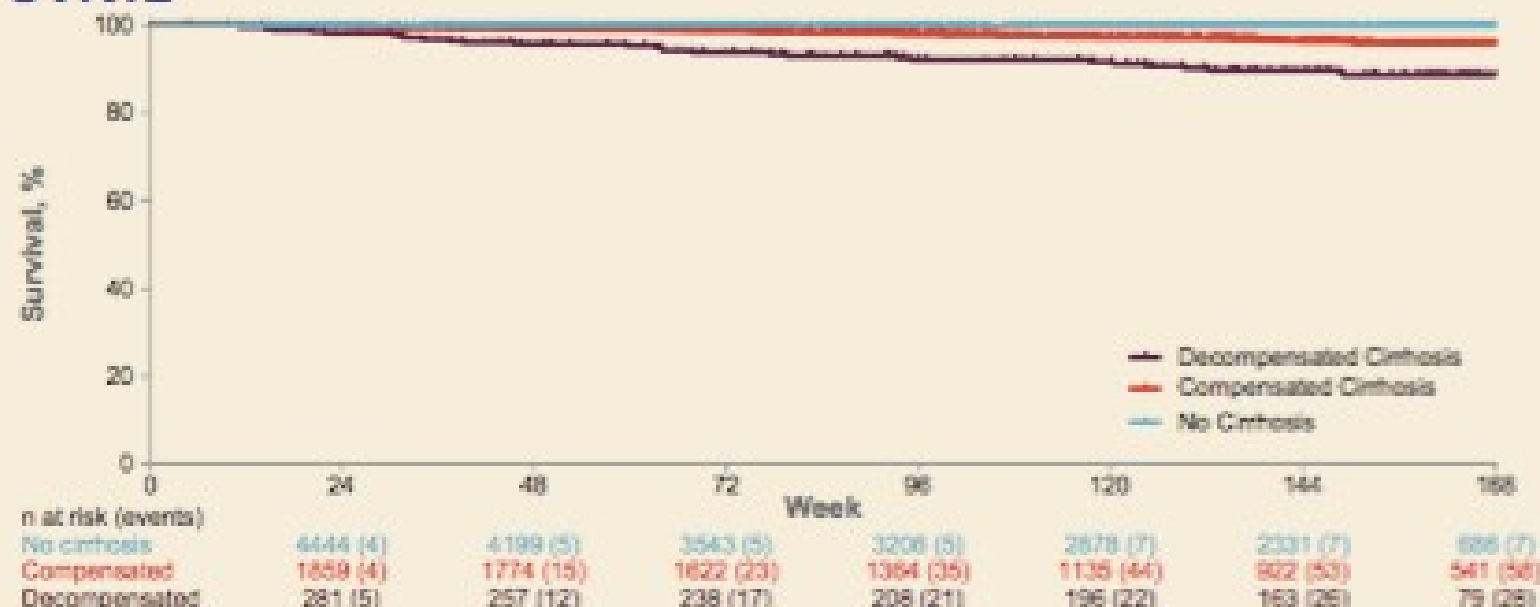
CI, confidence interval.

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## Kaplan-Meier Plot of Patients Without HCC Since Achieving SVR12



## HCC: Exposure-Adjusted Incidence Rates

	No Cirrhosis n=4592	Compensated Cirrhosis n=1913	Decompensated Cirrhosis n=292	Unknown n=11	Overall N=6803
PY of follow-up	11,013.13	4924.76	740.85	31.66	16,710.40
No. of observed events	8	64	30	0	102
Exposure-adjusted incidence rate, /100 PY	0.07	1.30	4.05	0	0.61

PY, person-years.

## Long-term follow-up – hepatocellular carcinoma (HCC)



F0



F1



F2



F3



F4+



No specific follow-up recommendations given

Ultrasound surveillance and/or alpha-fetoprotein estimation every 6 months



Discharge provided they have no further comorbidities

Ultrasound surveillance for HCC every 6 months



Follow-up as if they were never infected with HCV

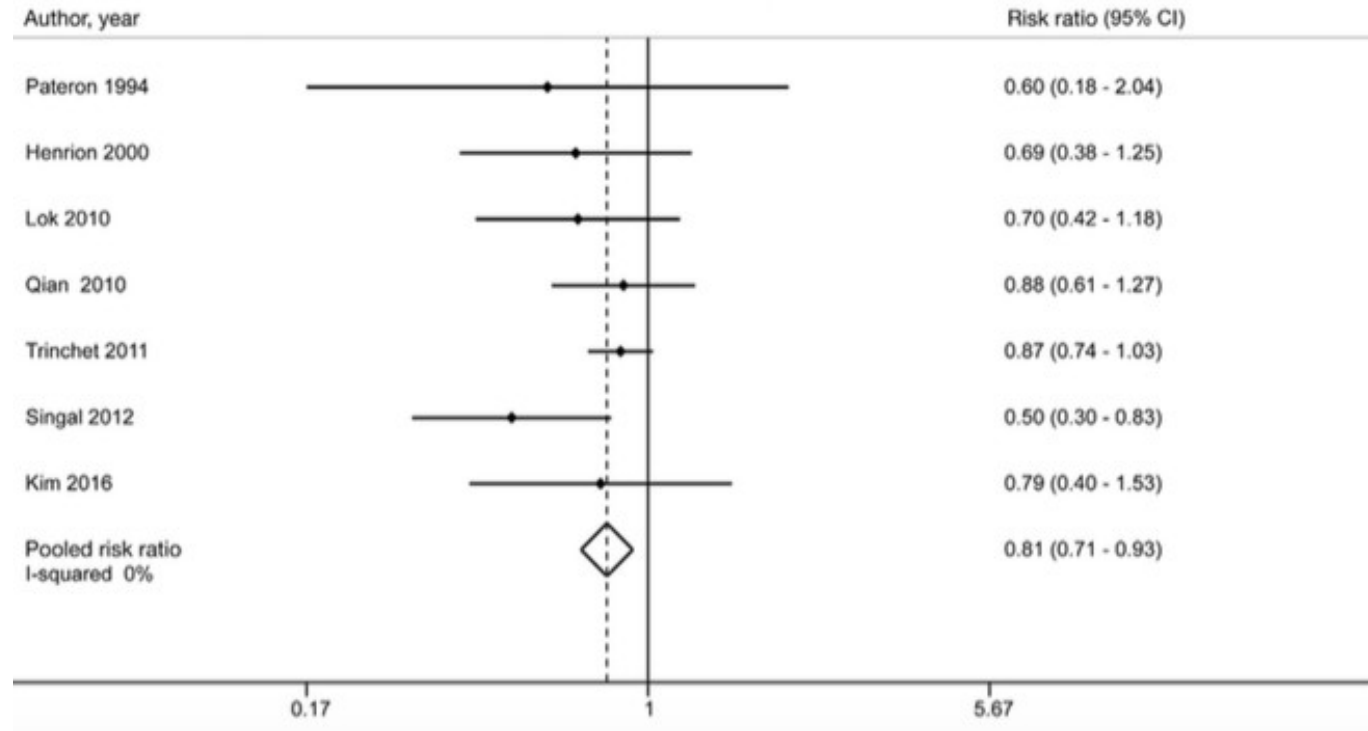
Ultrasound surveillance for HCC every 6 months



# Surveillance Imaging and Alpha Fetoprotein for Early Detection of Hepatocellular Carcinoma in Patients With Cirrhosis: A Meta-analysis



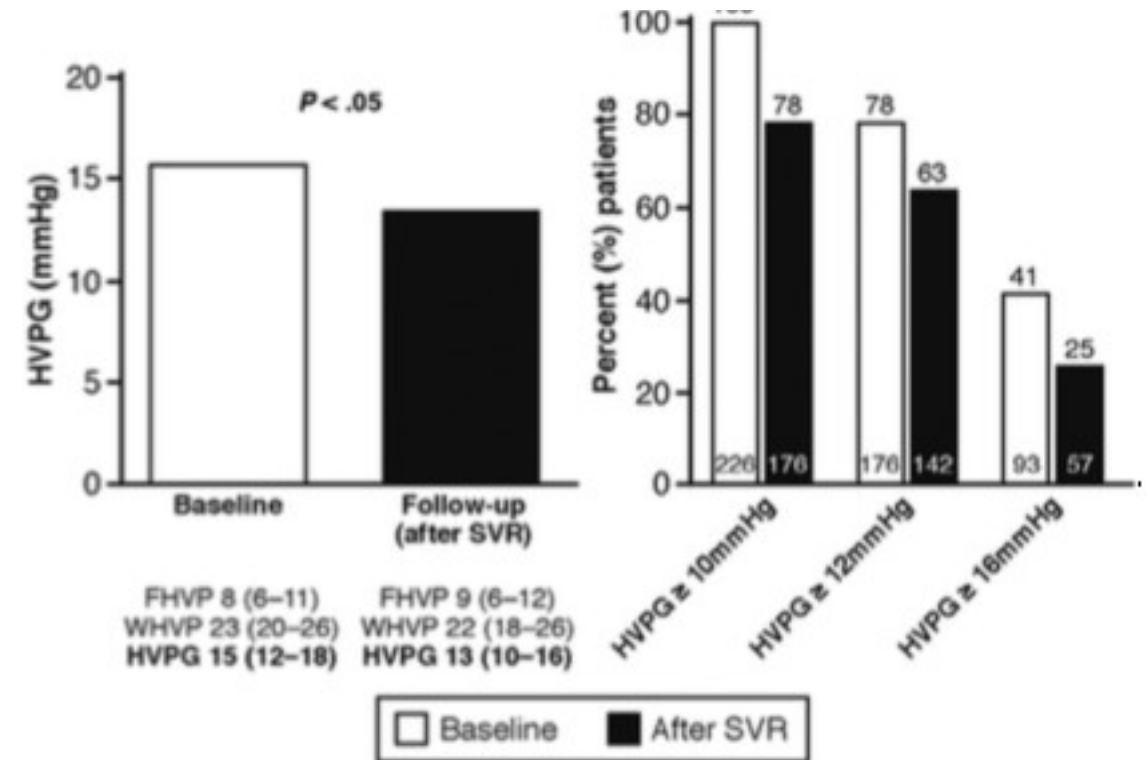
Kristina Tzartzeva,<sup>1,\*</sup> Joseph Obi,<sup>1,\*</sup> Nicole E. Rich,<sup>1</sup> Neehar D. Parikh,<sup>2</sup> Jorge A. Marrero,<sup>1</sup> Adam Yopp,<sup>3</sup> Akbar K. Waljee,<sup>2,4</sup> and Amit G. Singal<sup>1,5</sup>



Reintroduction of AFP as an adjunct to ultrasound due to better real life performance and potential to detect infiltrative disease

# Effects of All-Oral Anti-Viral Therapy on HVPG and Systemic Hemodynamics in Patients With Hepatitis C Virus-Associated Cirrhosis

Overall cohort n = 226	
Sex (male) (n, %)	121 (53)
Age (y)	60 (53-69)
BMI, kg/m <sup>2</sup>	27 (24-30)
Arterial hypertension (n, %)	69 (30)
Diabetes mellitus (n, %)	61 (27)
Metformin (n, %)	38 (17)
Insulin (n, %)	27 (12)
Statins (n, %)	9 (4)
Genotype (n, %)	
1a	27 (12)
1b	159 (70)
2	4 (2)
3	17 (7.5)
4	18 (8)
5	1 (0.5)
Naive (n,%)	116 (51)
Esophageal varices <sup>a</sup> (n, %)	157 (75)
Small	89
Large	68
NSBB therapy (n,%)	103 (47)
Previous decompensation <sup>b</sup> (n, %)	66 (29)
Ascites	51 (23)
AVB	26 (11)
HE	12 (5)
Hepatocellular carcinoma (n, %)	7 (3)
ALT (IU/L)	69 (44-110)
Bilirubin (mg/dL)	1.1 (0.8-1.5)
Albumin (g/dL)	3.9 (3.4-4.2)
Albumin ≤3.5 (n, %)	68 (30)
Platelet count/10 <sup>9</sup>	84 (61-115)
Platelet count ≤90 (n, %)	126 (56)
INR	1.17 (1.08-1.27)
Child-Pugh Turcotte (n, %)	
CPT A	179 (79)
CPT B	47 (21)
MELD score	9 (7-11)
Liver stiffness (LSM) kPa <sup>c</sup>	27 (20-37)



HVPG: hepatic venous pressure gradient; FHVP: free hepatic venous pressure; WHVP: wedged hepatic venous pressure

# Long-term follow-up – varices

Post-Tx



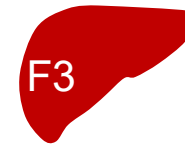
F0



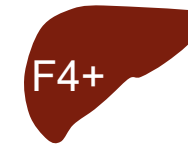
F1



F2



F3



F4+



No specific follow-up recommendations given

Endoscopy every 1–2 years to exclude oesophageal varices



Discharge provided they have no further comorbidities

Surveillance by endoscopy should be performed if varices were present at pre-treatment endoscopy



Follow-up as if they were never infected with HCV

Patients in whom varices are found pre-treatment should be followed as indicated

# Baveno VI Consensus Workshop report

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In patients with virus related cACLD non-invasive methods are sufficient to rule-in CSPH, defining the group of patients at risk of having endoscopic signs of PH: **Liver stiffness by TE (20–25 kPa)**; at least two measurements on different days in fasting condition; caution should be paid to flares of ALT.

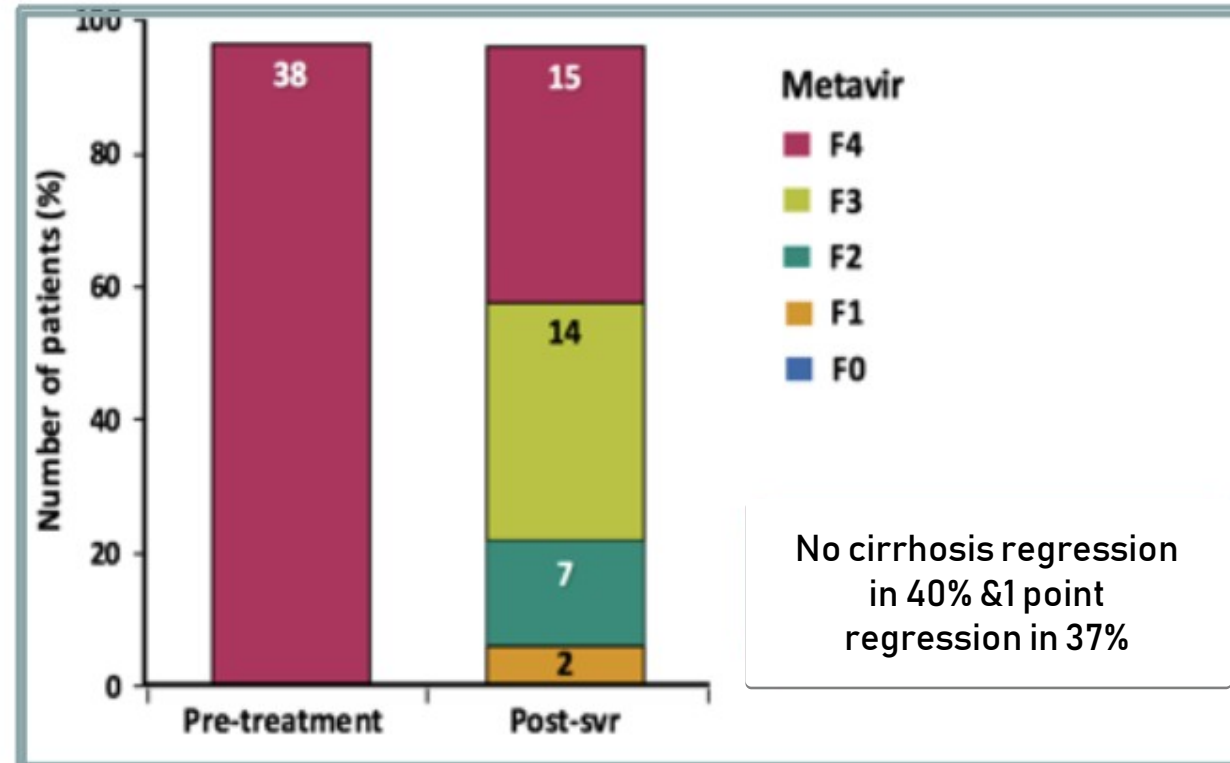
**Surveillance** of oesophageal varices (changed from Baveno V). In compensated patients **with no varices** at screening endoscopy and with ongoing liver injury (e.g. active drinking in alcoholics, **lack of SVR** in HCV), surveillance endoscopy should be **repeated at 2 year intervals** (5;D).

In compensated patients **with small varices** and with ongoing liver injury (e.g. active drinking in alcoholics, **lack of SVR** in HCV), surveillance endoscopy should be repeated at **one year intervals** (5;D).

In compensated patients with no varices at screening endoscopy in whom the aetiological factor has been removed (e.g. **achievement of SVR in HCV**; long-lasting abstinence in alcoholics) and who have no co-factors (e.g. obesity), surveillance endoscopy should be repeated **at three year intervals** (5;D).

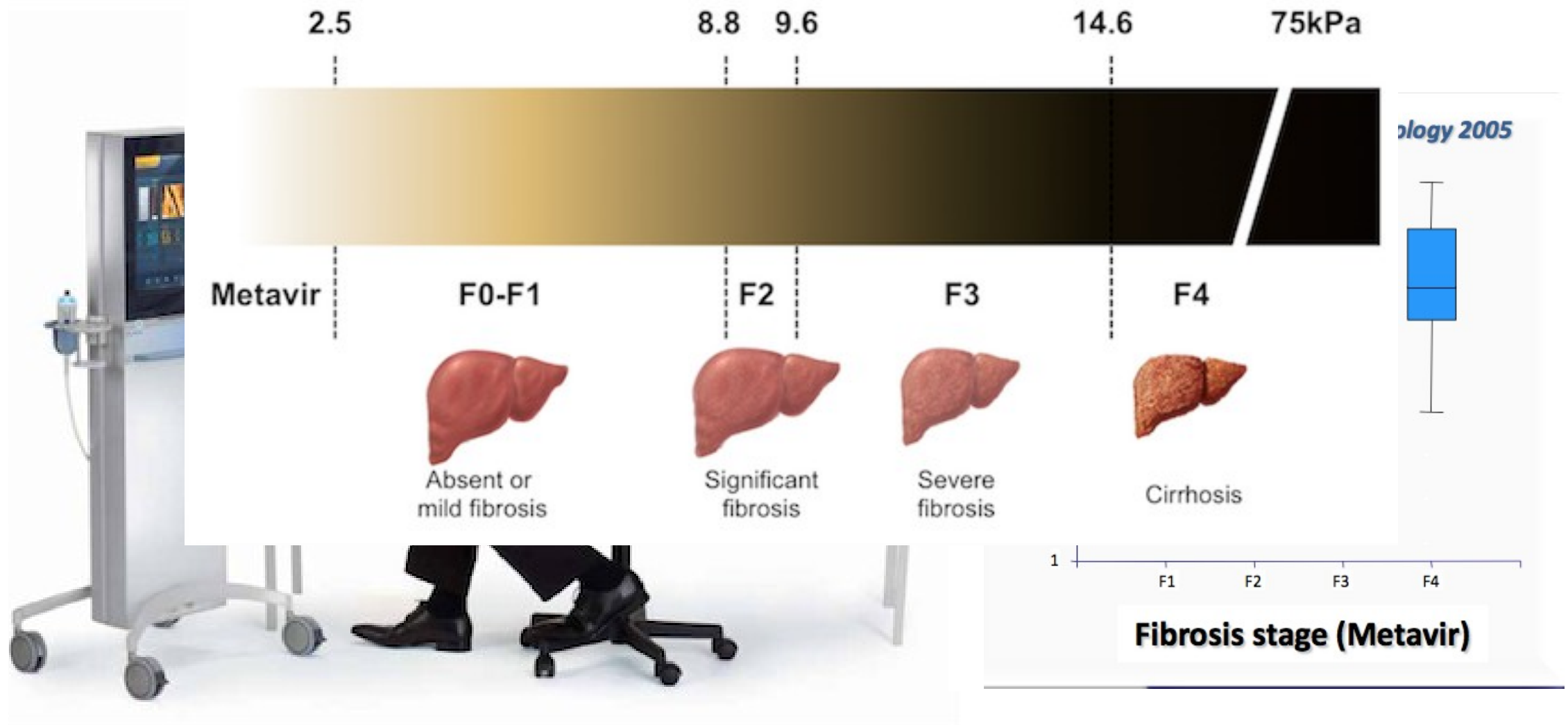
In compensated patients with small varices at screening endoscopy in whom the aetiological factor has been removed (e.g. **achievement of SVR in HCV**; long-lasting abstinence in alcoholics) and **who have no co-factors** (e.g. obesity), surveillance endoscopy should be repeated at **two year intervals** (5;D).

**Second biopsy in 38 patients 5 yrs after SVR  
to Peg IFN-RBV : 6-monthly surveillance\***

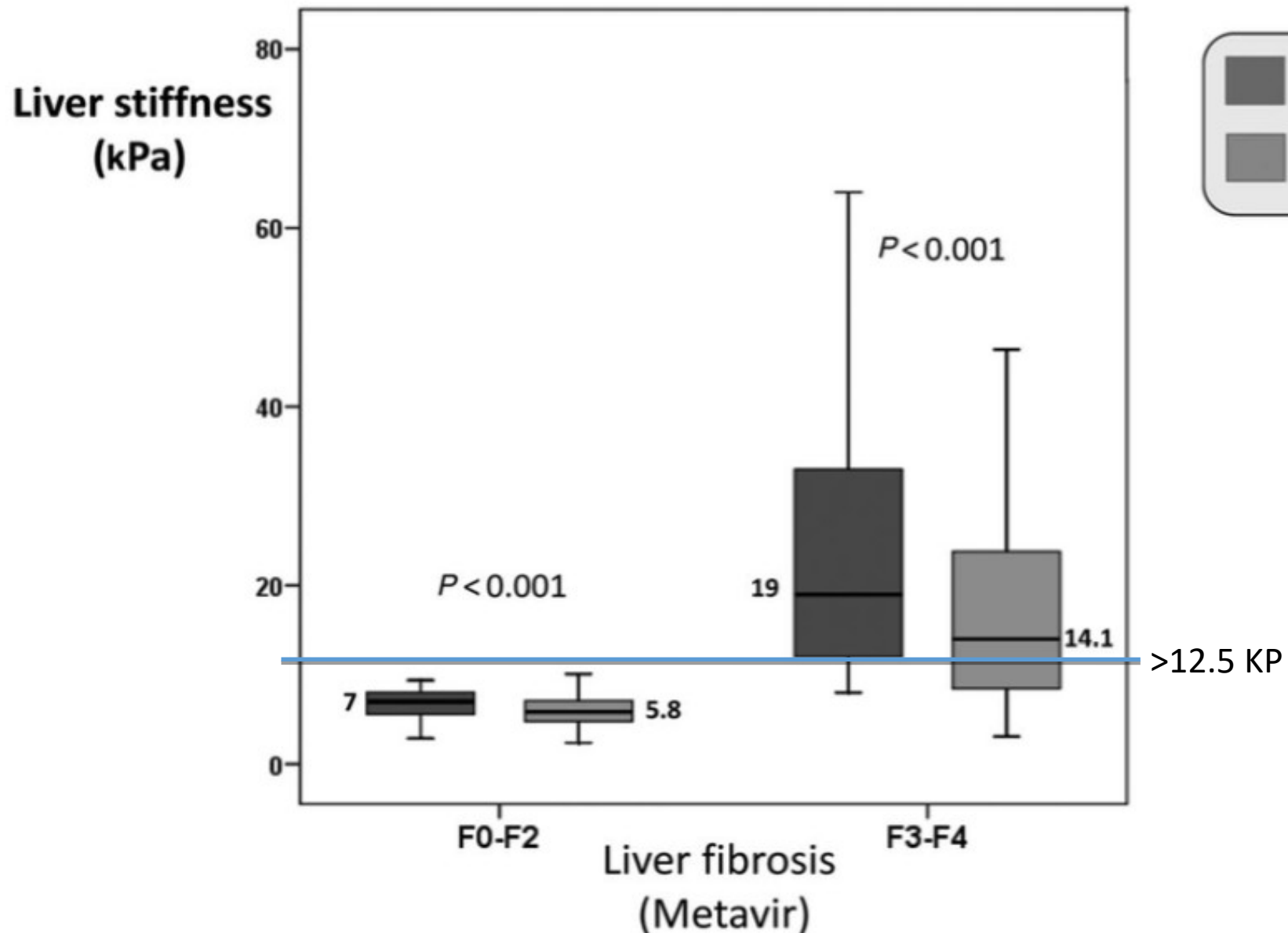


*\*D'Ambrosio et al Hepatology 2012;*

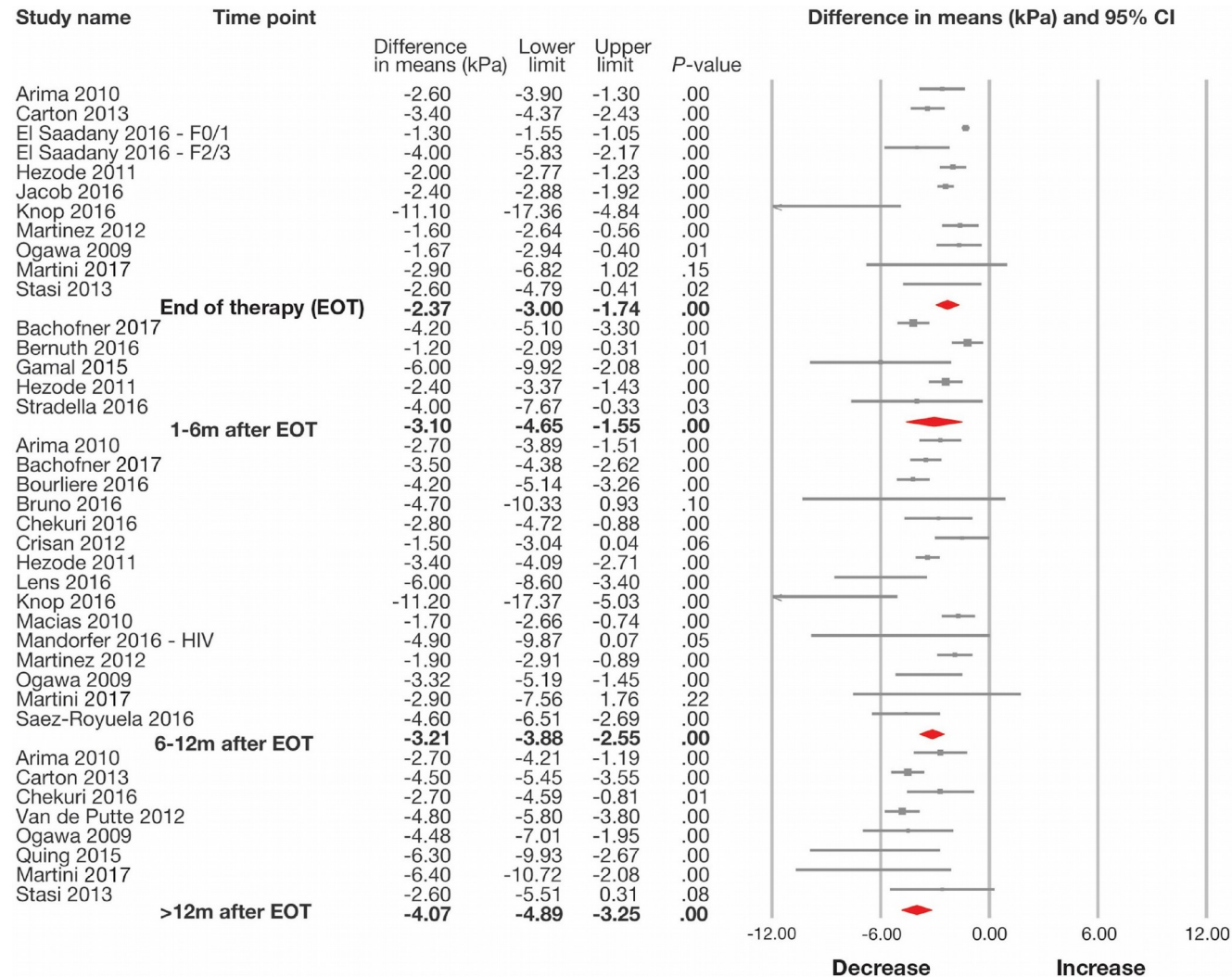
# How can we alternatively “measure” fibrosis?



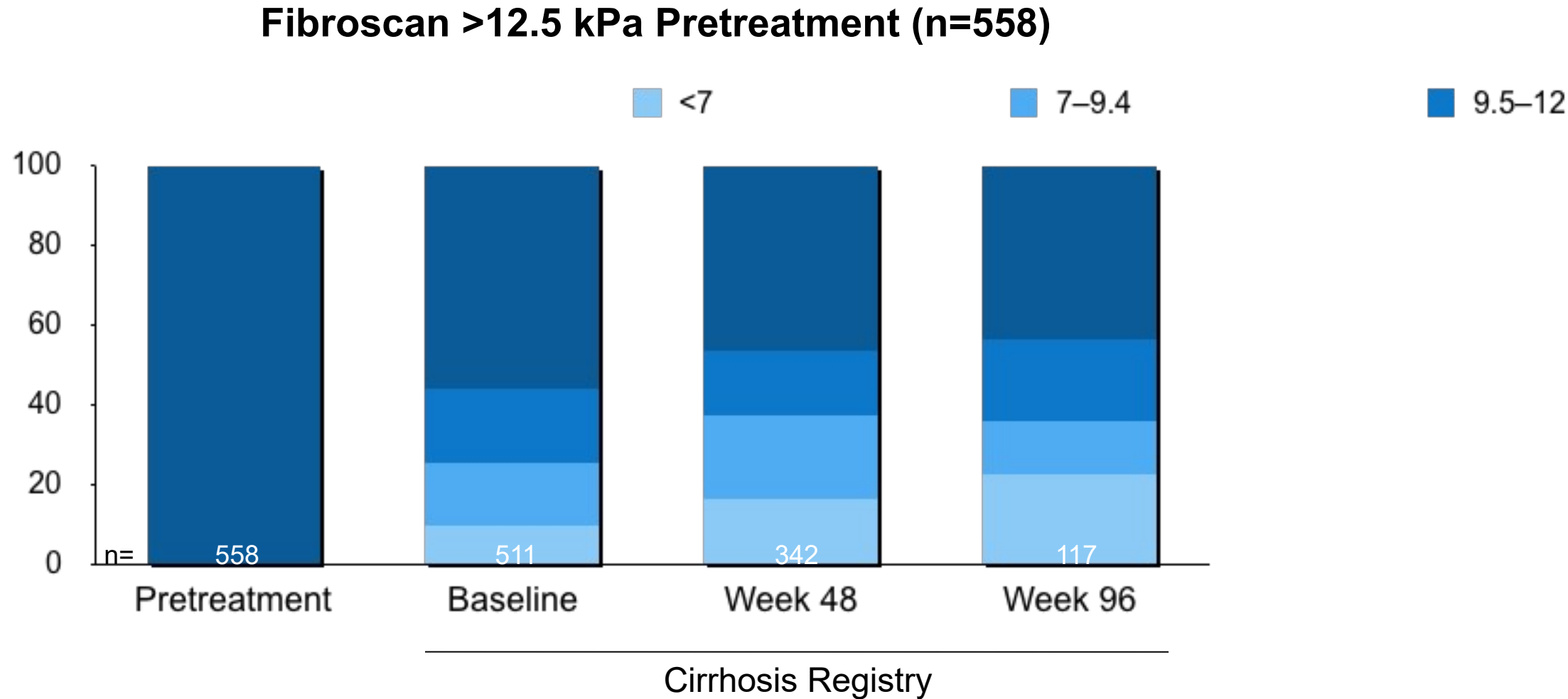
# Does liver fibrosis improve after DAA treatment?



# Magnitude and Kinetics of Decrease in Liver Stiffness After Antiviral Therapy in Patients With Chronic Hepatitis C: A Systematic Review and Meta-analysis



# Results: Fibroscan Class Shifts in Patients with Pretreatment Fibroscan >12.5 kPa



# Virologic, Clinical, and Immune Response Outcomes of Patients With Hepatitis C Virus–Associated Cryoglobulinemia Treated With Direct-Acting Antivirals

Parameters	Cryoglobulinemic vasculitis (n = 35)			Asymptomatic patients (n = 29)		
	Pretreatment	Follow-up period	P	Pretreatment	Follow-up period	P
SVR rate, n (%)	-	33 (94)	-		27 (93)	-
Cryocrit (%)	3.2 (1.5–5.7)	0.5 (0–1.4)	.01	2.6 (1.2–3)	0 (0–1.1)	.01
Circulating cryoglobulins, n (%)	35 (100)	19 (55)	-	29 (100)	11 (38)	-
C4 complement fraction, g/L	0.02 (0.01–0.11)	0.12 (0.05–0.16)	.01	0.09 (0.06–0.18)	0.12 (0.08–0.17)	.02
Red blood cell count, $\times 10^9/L$	4.5 (3.5–5.5)	4.5 (3.5–5.5)	.99	4.5 (3.5–5.5)	4.5 (3.5–5.5)	.99
CH50	10 (0–20)	10 (0–20)	.99	10 (0–20)	10 (0–20)	.99
Rheumatoid factor, IU/mL	10 (0–20)	10 (0–20)	.99	10 (0–20)	10 (0–20)	.99
Positive rheumatoid factor, n (%)	24 (69)	11 (31)	.01	9 (31)	8 (28)	.99
ALT level, IU/mL	64 (34–115)	24 (17–28)	.01	79 (51–166)	20 (16–27)	.01
Platelets, $\times 10^9/L$	123 (81–172)	159 (107–229)	.19	119 (75–155)	118 (67–170)	.98
MELD score	7 (6–9)	6 (6–8.5)	.24	9 (6–10)	8 (6–10)	.25
Creatinine level, mg/dL	1.5 (1–1.7)	1.25 (1.1–2.1)	.12	0.7 (0.65–0.85)	0.7 (0.62–0.082)	.86
eGFR, mL/min/1.73 m <sup>2</sup>	90 (53–90)	90 (65–90)	.20	90 (81–90)	90 (83–90)	.46
Prednisone, mg/d	10 (5–30)	0 (0–3.7)	.01	-	-	
Complete clinical response, n (%)	-	25 (71)				
BVAS v3 score	9 (4–12)	3 (0–6)	.001	-	-	
Clinical manifestations, n (%)						
Purpura	23 (65)	2 (6)	.01			
Arthralgia	11 (31)	1 (3)	.01			
Weakness	25 (70)	1 (2)	.01			
Polyneuropathy	18 (50)	5 (14)	.01			
Renal involvement	7 (20)	2 (5)	.02			
Hematuria >10 RBCs/hpf, n (%)	5 (71)	2 (25)	.03			
Median eGFR, mL/min/1.73 m <sup>2</sup>	40 (31–44)	54 (36–60)	.03			
Proteinuria, g/L	1.4 (1.1–1.9)	0.17 (0.9–1.8)	.73			
Creatinine level, mg/dL	1.6 (1–1.7)	1.27 (1.1–2)	.89			

associated with CIR (odds ratio, 9.8; 95% confidence interval, 2.2–44; P (.03)

The median duration of follow-up after DAAs was 24 (17–41) months

# **Virologic, Clinical, and Immune Response Outcomes of Patients With Hepatitis C Virus–Associated Cryoglobulinemia Treated With Direct-Acting Antivirals**

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Birmingham Vasculitis Activity Score version 3

(eGFR)  $<60$  ml/min/1.73m<sup>2</sup>, hematuria and/or proteinuria  $>0.3$  g/24 hours,



Immunological markers included rheumatoid factor (RF), complement 4 (C4),

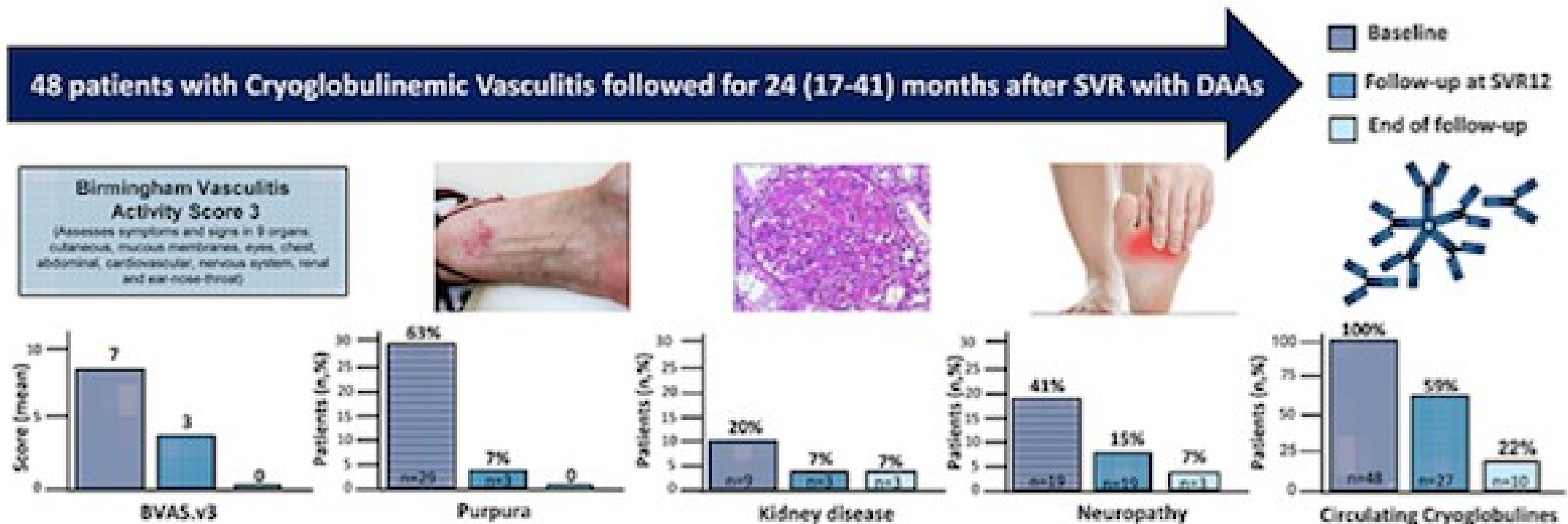
Total hemolytic complement 50 (CH50) fractions and circulating cryoglobulins levels.

Visual analogue scale, NTSS-6 score (Neuropathy Total Symptom Score-6) and electrophysiology

evaluation when necessary

# Long-Term Outcomes of Patients With HCV-Associated Cryoglobulinemic Vasculitis After Virologic Cure

Martín Bonacci, Sabela Lens, Zoe Mariño, María-Carlota Londoño, Sergio Rodríguez-Tajes, José M. Sánchez-Tapias, Manel Ramos-Casals, José Hernández-Rodríguez, Xavier Forns  

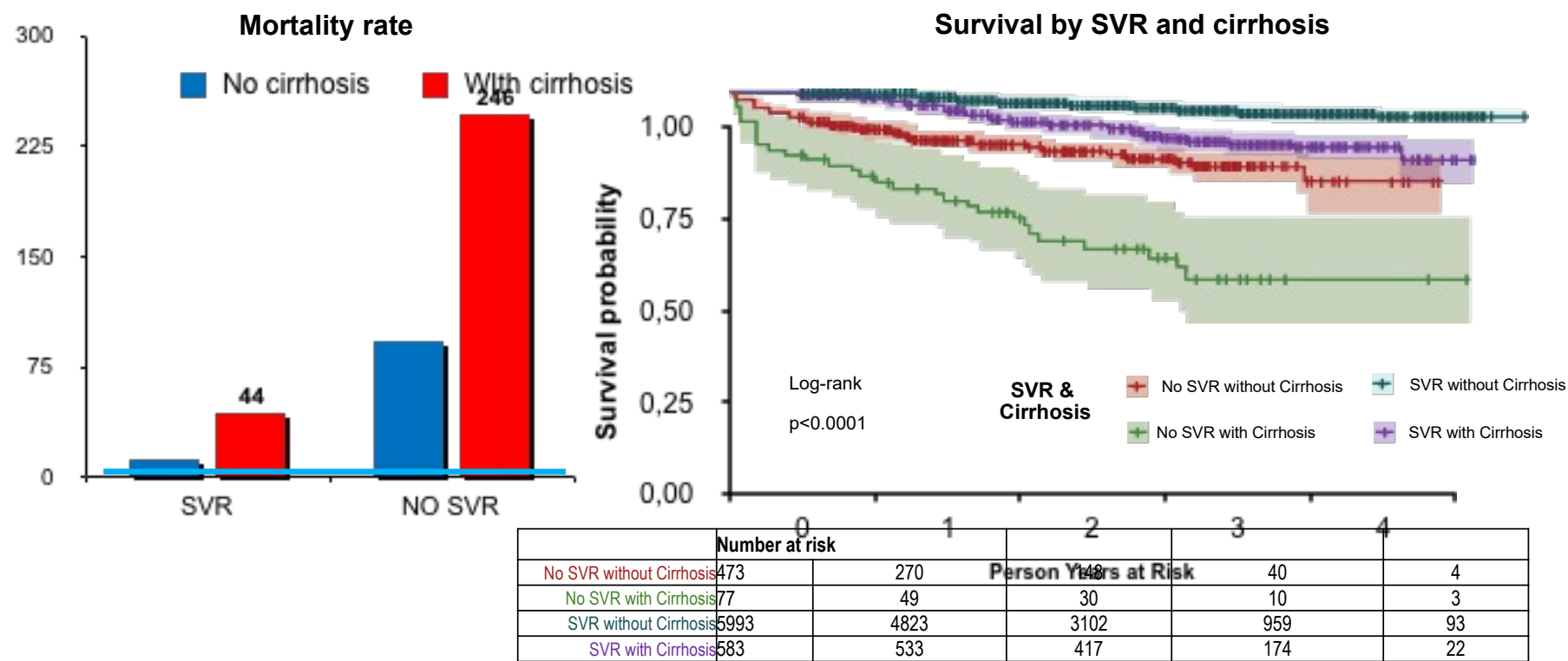


During follow-up vasculitis relapsed in 5 patients (11%), 4 with reappearance of cryoglobulinemia. Symptoms: purpura (3), kidney disease (1) and intestinal ischemia (1).

Gastroenterology

# Achieving SVR improves patient survival in the real world (BC hepatitis testers cohort, Canada)

- Impact of DAAs on mortality reduction among those with and without cirrhosis in a population-based cohort in Canada



**Both DAA and IFN-based SVR substantially reduce all-cause mortality,  
with lower reductions in those with cirrhosis**

# Conclusions

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DAA induced SVR is durable and substantially reduces all-cause mortality

In patients without significant fibrosis no further monitoring is required

In patients with F3-F4 fibrosis post SVR12 monitoring requires HCC surveillance and EGD

In patients with HCV-related extra hepatic manifestation long-term monitoring of renal function, cryocrit and neurological manifestation is required



# Virologic, Clinical, and Immune Response Outcomes of Patients With Hepatitis C Virus–Associated Cryoglobulinemia Treated With Direct-Acting Antivirals

88 consecutive HCV-infected patients with CC. Among them, 46 (53%)<sup>51</sup> accomplished criteria of HCV-CV<sup>7,8</sup>, and 42 (47%) had ACC.

Among HCV-CV patients, the main clinical manifestations were purpura (63%), weakness (61%), neuropathy (41%), and nephropathy (20%).

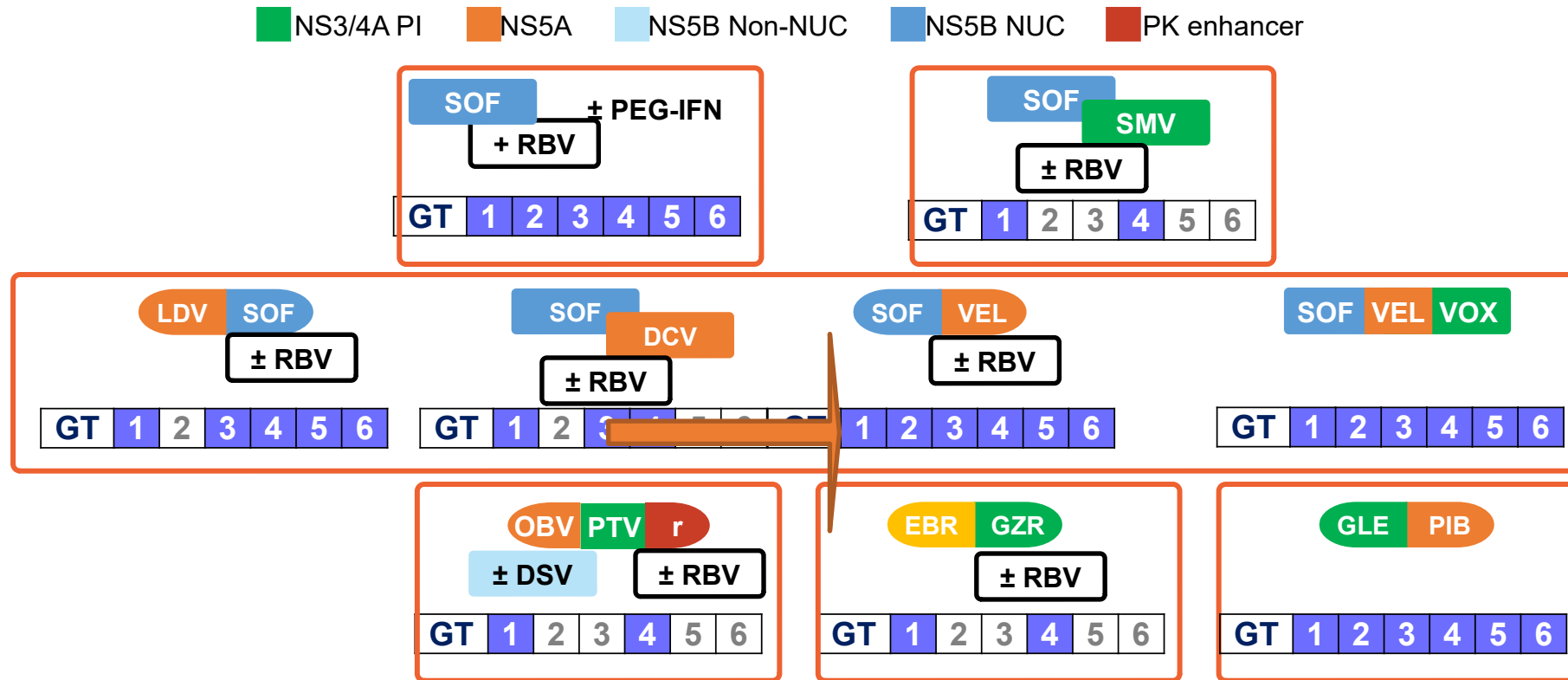
Cryocrit and RF levels were significantly higher in HCV-CV compared to ACC patients (2.8% vs. 2.3%,  $p=0.04$  and 50 IU/mL vs. 10 IU/mL,  $p=0.01$ , respectively)

	Baseline	FU at PT12	Last-FU	p
Follow-up (months)			24(17-42)	
Cryocrit (%)	2.8 (1.3-5.7)	0.6 (0-1.4)	0 (0-0.6)	0.01
Circulating cryoglobulins n(%)	46(100)	27(59)	10(22)	-
Serum C4 level (g/L)	0.04 (0.01-0.10)	0.11(0.05-0.15)	0.14(0.08-0.17)	0.01
Abnormal C4 n(%)	36(78)	24(52)	10(22)	-
Serum CH50 level (U/mL)	15(12-26)	33(11-46)	52(41-55)	0.01
Abnormal CH50 n(%)	35(76)	15(33)	8(17)	-
Rheumatoid factor level(IU/mL)	50 (12-230)	20(10-60)	15 (10-47)	0.04
AbnormalRheumatoid factor n(%)	33(71)	21(45)	9(20)	-
Complete Immunologic response n(%)	-	18(39)	30(66)	
Creatinine level(mg/dl)	1.4 (1-1.6)	1.3 (0.9-1.9)	1.1 (0.8-1.5)	0.86
eGFR(ml/min/1.73m <sup>2</sup> )	90(53-90)	90(65-90)	90 (81-90)	0.46
Prednisone (mg/day)	15(5-30)	0 (0-5)	0(0-2.5)	
Patients under prednisone n(%)	19(41)	8(17)	4(9)	
Complete clinical response n(%)**	-	32(70%)	37(80%)	
BVAS v3 score*	7 (2-31)	3 (0-11)	0 (0-8)	0.01
Clinical manifestations n(%)				
<i>Purpura/Arthralgia/Weakness</i>	29(63)/16(35)/28(61)	3(7)/1(2)/1(2)	0	
<i>Polyneuropathy</i>	19(41)	7 (15)	3(7)	
<i>Renal involvement</i>	9(20)	3(7)	3(7)	
Creatinine levels (mg/dl)	1.7(1-1.8)	1.3(1.1-2)	1.2(0.8-2.3)	
eGFR(ml/min/1.73m <sup>2</sup> )	42(30-46)	52(34-59)	49(28-70)	
Hematuria >10RBCs/hpf	7(78)	3(33)	3 (33)	
Proteinuria (g/l)	1.5(1.1-1.8)	0.2(0.1-2.1)	0.2(0.1-.1.9)	

Bonacci et al Gastroenterology 2017

The median duration of follow-up after DAAs was 24 (17-

# We have now the tools to successful treating the vast majority of patients with HCV infection

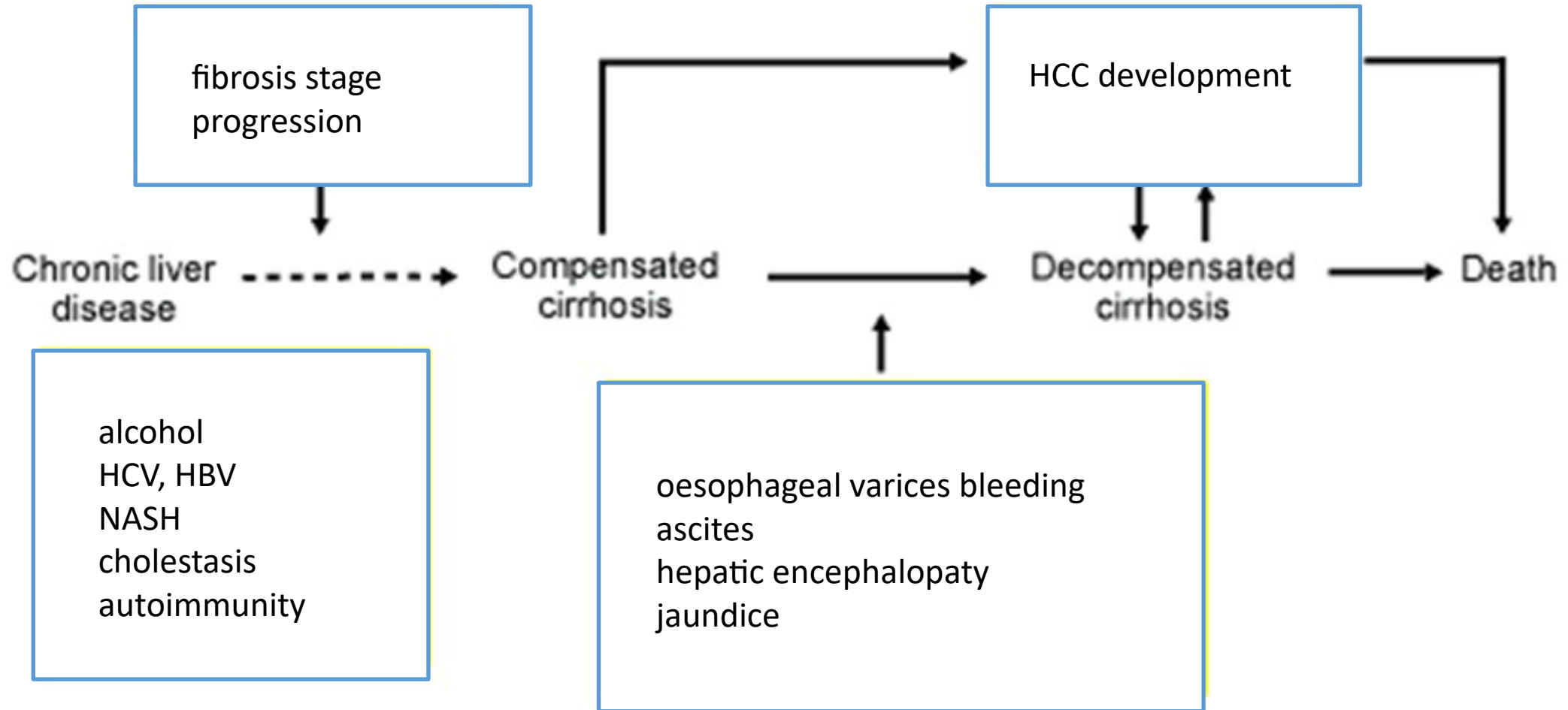


Gilead Sciences Europe Ltd. SOVALDI ▼ (sofosbuvir) SmPC, October 2017; Janssen-Cilag Ltd. OLYSIO ▼ (simeprevir) SmPC, August 2017; Bristol-Myers Squibb Pharma EEIG. DAKLINZA ▼ (daclatasvir) SmPC, March 2017; Gilead Sciences Europe Ltd. HARVONI ▼ (ledipasvir/sofosbuvir) SmPC, December 2017; AbbVie Ltd. VIEKIRAX ▼ (ombitasvir/paritaprevir/ritonavir) SmPC, November 2017; AbbVie Ltd. EXVIERA ▼ (dasabuvir) SmPC, December 2017; Gilead Sciences Europe Ltd. EPCLUSA ▼ (sofosbuvir/velpatasvir) SmPC, October 2017; Merck Sharp & Dohme Ltd. ZEPATIER ▼ (grazoprevir/elbasvir) SmPC, May 2017; Gilead Sciences Europe Ltd. VOSEVI ▼ (sofosbuvir/velpatasvir/voxilaprevir) SmPC, September 2017; AbbVie Ltd. MAVIRET ▼ (glecaprevir/pibrentasvir) SmPC, August 2017

# Long-term effect of DAA therapy in patients with HCV infection

- Does portal hypertension improve?
- Do extra-hepatic manifestations of HCV improve?

# Natural history of chronic liver diseases



*HCC, hepatocellular carcinoma; NASH, nonalcoholic steatohepatitis.*

# Post-treatment monitoring

- SVR and normal ALT in non cirrhotic patients = patient cured without need of clinical follow-up for HCV
- SVR and abnormal ALT in non cirrhotic patients = patient in need of specialized evaluation aimed at excluding liver diseases
- SVR and cirrhosis = patient in need of bi-annual visit and monitoring, including enrolment in screening programs for HCC , esophageal varices and osteoporosis

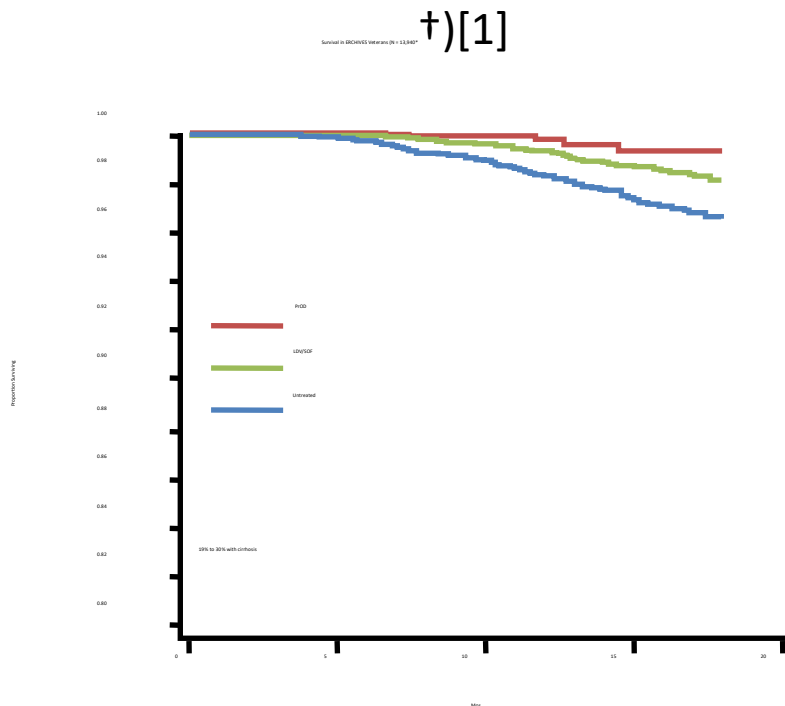
# Conclusioni

Il trattamento per l'epatite C con DAA ha dimostrato che l'infezione si può curare in alcune popolazioni fragili inclusi i pazienti con emoglobinopatie

Il trattamento con SOF/LDV dei pazienti con **talassemia major** ha dimostrato che l'infezione può essere eradicata anche nei cirrotici senza la necessità di RBV e dopo terapia di soli 12 mesi con 98% di SVR

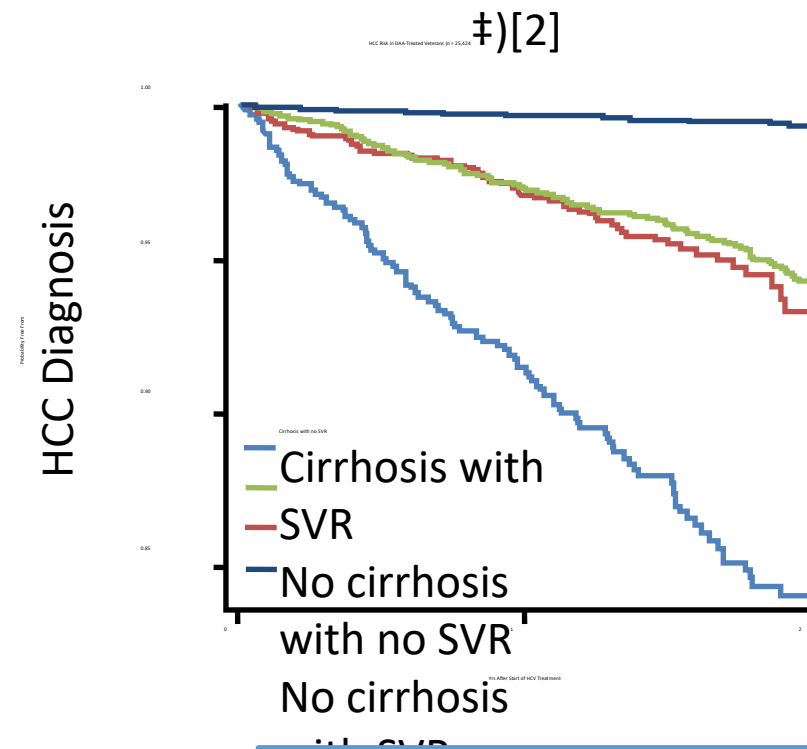
L'obiettivo della terapia è la **SVR cioè HCV RNA non rilevabile** 12 settimane dopo la fine della terapia equivale alla guarigione

Il monitoraggio post terapia deve differenziarsi per pazienti non cirrotici e cirrotici/pazienti con fibrosi avanzata (F3/F4)



DAA-induced SVR is associated with a 43% reduction in mortality

†BL cirrhosis: PrOD, 24.9%; LDV/SOF, 29.4%; untreated, 19.4%.



DAA-induced SVR is associated with a 71% reduction in HCC

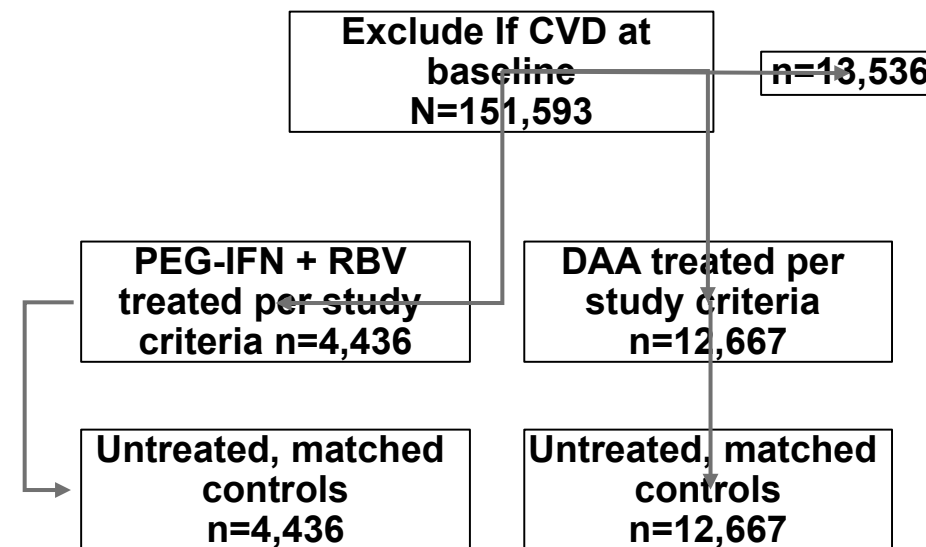
For 38,204 pt-yr of follow-up.

# HCV treatment reduces incidence of cardiovascular events (ERCHIVES VA HCV database)

**Baseline characteristics**

	<b>Treated n=17,103</b>	<b>Untreated n=17,103</b>
Age, median	59	58
Race, %		
White	56	56
Black	24	24
Male, %	96	96
Alcohol abuse/ dependence, %	37	41
Drug abuse/ dependence, %	36	40
BMI, % >30 kg/m <sup>2</sup>	35	29
FIB-4 >3.25, %	21	17
Median total cholesterol, mg/dL	165	170
Diabetes, %	8	9
Hypertension, %	51	54
SVR, %	76	—

**Study flow**



**CV Events:** Acute myocardial infarction, angina, cardiac failure, peripheral vascular disease, bypass, angioplasty, stroke

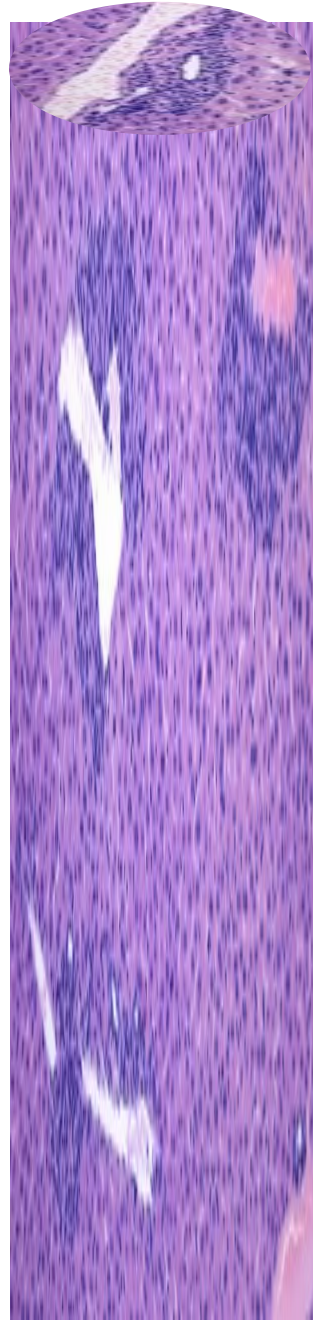


How to monitor our SVR patients with  
portal hypertension?  
risk of HCC  
compensated cirrhosis?

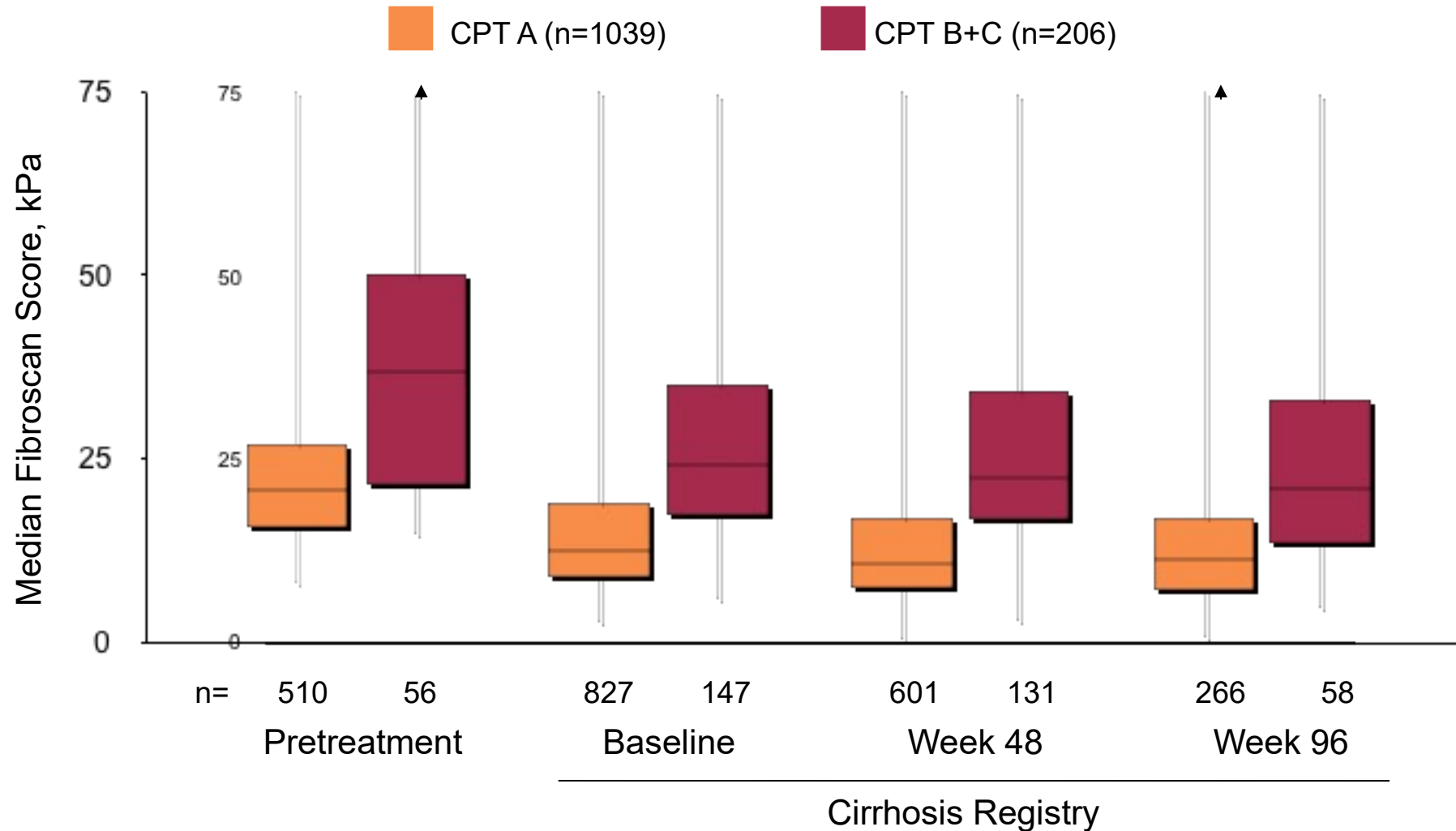
# Liver biopsy is an invasive technique



- “the best possible reference standard”
- morbidity: significant bleeding < 0.7%
- mortality < 0.03%

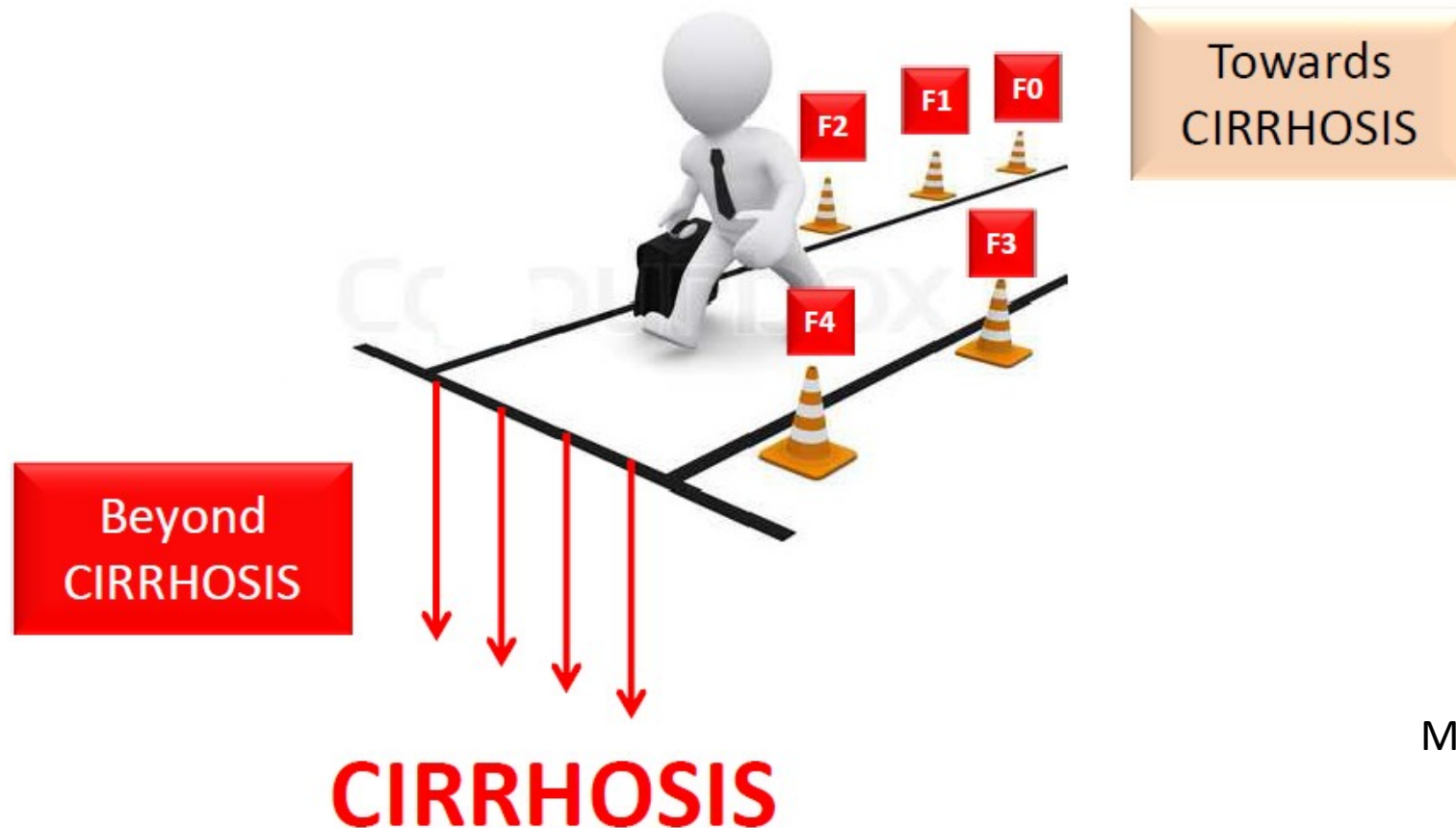


# Results: Median Fibroscan Results Over Time



# Natural history of chronic liver diseases

## The Current Perception of Chronic Liver Disease

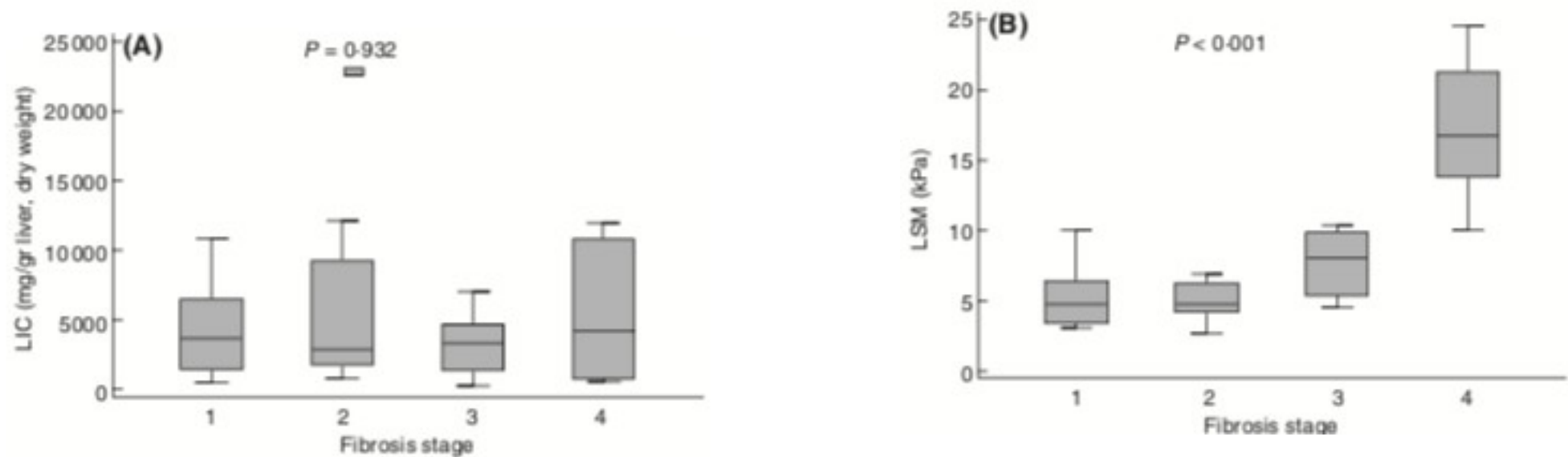


# SVR means....

- SVR = undetectable HCV RNA in serum or plasma by PCR 12 weeks after the end of treatment with DAA
- Late relapse is rare <0.5%. Re-infection may be the cause of a detectable HCV RNA in patients previously undetectable in 0.1-0.2% of cases
- Non cirrhotic patients with normal liver enzymes after SVR do not need further follow-up and can be considered as uninfected
- No reasons to repeat HCVAb testing as HCVAb persists and does not indicate active infection or protect against a possible new infection

# Is fibroscan reliable to assess liver fibrosis in patients with thalassemia major?

Short Report



# Factors Associated With End of Treatment Alanine Aminotransferase Elevation in Patients Treated With Ledipasvir/Sofosbuvir or Sofosbuvir/Velpatasvir

Tania Welzel,<sup>1</sup> Paul Y. Kwo,<sup>2</sup> Ira M. Jacobson,<sup>3</sup> Jie Zhang,<sup>4</sup> Brian McNabb,<sup>4</sup> John McNally,<sup>4</sup> Diana M. Brainard,<sup>4</sup> John G. McHutchison,<sup>4</sup> Keyur Patel,<sup>5</sup> Mark S. Sulkowski,<sup>6</sup> Graham R. Foster<sup>7</sup>

<sup>1</sup>Medizinische Klinik 1, Universitätsklinikum Frankfurt, Germany; <sup>2</sup>Stanford University School of Medicine, Stanford, CA; <sup>3</sup>Mount Sinai Beth Israel, New York, NY; <sup>4</sup>Gilead Sciences, Inc., Foster City, CA;

<sup>5</sup>Toronto Centre for Liver Disease, University Health Network, Toronto, Ontario, Canada; <sup>6</sup>Johns Hopkins University, Baltimore, MD; <sup>7</sup>Queen Mary University of London, UK

## Demographics and Medical History

	Elevated EOT ALT n=767	Normalized EOT ALT n=2248
Mean age, y (SD)	53 (10)	53 (10.5)
Mean BMI, kg/m <sup>2</sup> (range)	28 (18–57)	27 (17–61)
Male, n (%)	364 (48)	1402 (62)
White, n (%)	637 (83)	1875 (83)
Treatment naïve, n (%)	104 (81)	137 (72)
Compensated cirrhosis, n (%)	233 (30)	257 (11)
Concomitant treatment with, n (%)		
Diabetes medication	91 (12)	136 (6)
HMG-CoA reductase inhibitor (statin)	39 (5)	103 (5)
Medical history of, n (%)		
Diabetes	119 (16)	181 (8)
Hypertension	311 (41)	718 (32)
Dyslipidemia	80 (10)	214 (10)

BMI, body mass index; HMG-CoA, 3-hydroxy-3-methylglutaryl-coenzyme A; SD, standard deviation.

## Univariate Logistic Regression Assessing Factors Associated With Elevated EOT ALT

Variable	OR (95% CI)	p-Value
Age, /10-y increase	1.05 (0.97, 1.14)	0.20
BMI, /5-kg/m <sup>2</sup> increase	1.31 (1.21, 1.41)	<0.001
Weight gain during treatment, /1-kg increase	1.02 (0.99, 1.06)	0.13
Female	1.84 (1.56, 2.17)	<0.001
Compensated cirrhosis	3.37 (2.75, 4.12)	<0.001
Concomitant treatment with:		
Diabetes medication	2.09 (1.58, 2.74)	<0.001
HMG-CoA reductase inhibitor (statin)	1.12 (0.76, 1.63)	0.60
Medical history of:		
Diabetes	2.1 (1.64, 2.69)	<0.001
Hypertension	1.45 (1.23, 1.72)	<0.001
Dyslipidemia	1.12 (0.84, 1.45)	0.50
HCV RNA, /1-log <sub>10</sub> IU/mL increase	0.92 (0.81, 1.03)	0.16
HbA1c, /1% (absolute) increase	1.43 (1.26, 1.62)	<0.001
Random glucose, /1-SD (28.7 mg/dL) increase	1.28 (1.18, 1.38)	<0.001

CI, confidence interval; OR, odds ratio.

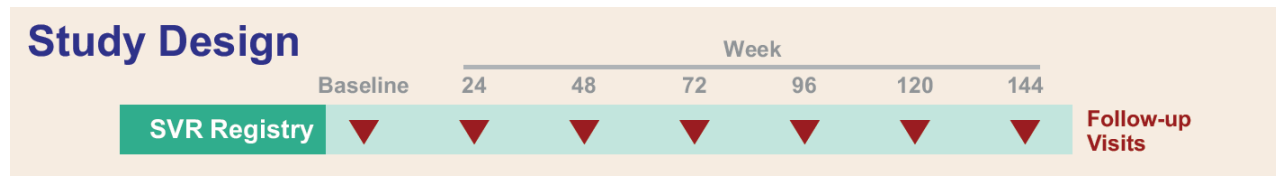
## Multivariate Logistic Regression Identifying Independent Factors Associated With Elevated EOT ALT

Variable	OR (95% CI)	p-Value
BMI, /5-kg/m <sup>2</sup> increase	1.23 (1.13, 1.34)	<0.001
Female	2.22 (1.86, 2.65)	<0.001
Compensated cirrhosis	3.28 (2.65, 4.05)	<0.001
Medical history of:		
Diabetes*	1.36 (0.98, 1.89)	0.07
Hypertension	1.18 (0.98, 1.42)	0.09
HbA1c, /1% (absolute) increase*	1.2 (1.01, 1.42)	0.04

\*Medical history of diabetes was collinear with use of diabetes medication and HbA1c was collinear with random glucose ( $p < 0.001$ ), so glucose and use of diabetes medications were left out of final model.

# Gilead SVR registry: long-term outcomes from >6600 patients treated with SOF-based regimens

- 3-year registry study of patients treated in Gilead-sponsored trials who achieved SVR<sup>§</sup>



	SOF+ RBV ± PEG-IFN (n=1724)	LDV/SOF ± RBV (n=2204)	SOF/VEL ± RBV (n=1422)	SOF/VEL/VOX (n=597)	Other (n=660)	Total (N=6607)
Mean age, y (range)	52 (19–76)	55 (19–83)	55 (20–82)	56 (23–82)	51 (20–76)	54 (19–83)
Male, n (%)	1117 (65)	1404 (64)	844 (60)	364 (61)	373 (57)	4102 (62)
Race/ethnicity*						
White	1489 (86)	1843 (84)	1194 (84)	486 (81)	562 (85)	5574 (84)
Hispanic/Latino	203 (12)	217 (10)	128 (9)	52 (9)	69 (10)	669 (10)
Cirrhosis, n (%)	349 (20)	526 (24)	200 (14)	51 (9)	61 (9)	1187 (18)**
IL28B CC, n (%)	613 (36)	500 (23)	431 (30)	157 (26)	259 (39)	1960 (30)
HCV genotype, n (%) 1 / 2 / 3 / 4 / 5 / 6 / other†	(44) / 70 (4) / 1 (<1) / 3 (<1) / 0	(1) / 23 (1) / 3 (<1) / 5 (<1)	(27) / 109 (8) / 27 (2) / 37 (3) / 0	340 (57) / 64 (11) / 108 (18) / 49 (8) / 14 (2) / 19 (3) / 3 (<1)	651 (99) / 3 (<1) / 6 (<1) / 0 / 0 / 0 / 0	4233 (64) / 695 (11) / 1289 (20) / 255 (4) / 65 (1) / 62 (<1) / 8 (<1)

<sup>§</sup>Sustained virological response at last visit. \*Based on data collected from treatment studies;

\*\*Among patients with cirrhosis, mean CTP score at baseline was 5.2 (range 5–10); †Mixed/indeterminate/missing.

CTP: Child–Turcotte–Pugh; LDV: ledipasvir; PEG-IFN: interferon; RBV: ribavirin; SOF: sofosbuvir; VEL: velpatasvir; VOX: voxilaprevir

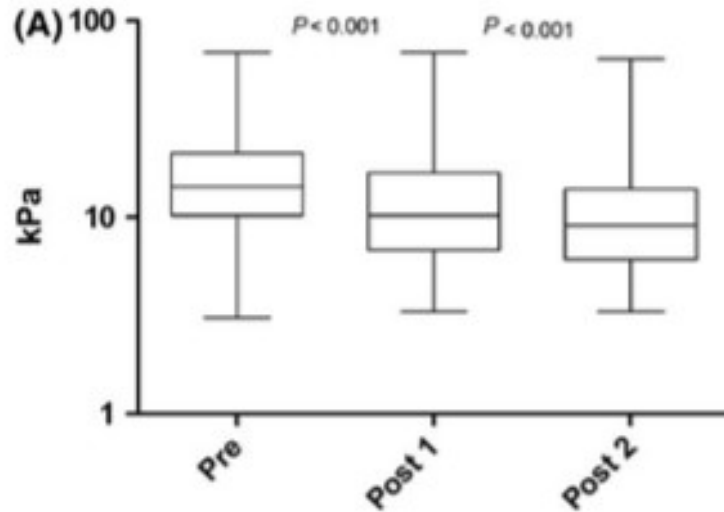
# Gestione a lungo termine dei pazienti con malattia epatica

- I soggetti la cui funzione epatica rimane anormale dopo la SVR devono essere valutati da uno specialista epatologo
- Tutti i cirrotici devono essere inclusi in un programma di sorveglianza per l'epatocarcinoma secondo le raccomandazioni delle linee guida
- Le complicanze della cirrosi inclusa la malnutrizione e l'osteoporosi devono essere valutate e gestite da specialisti

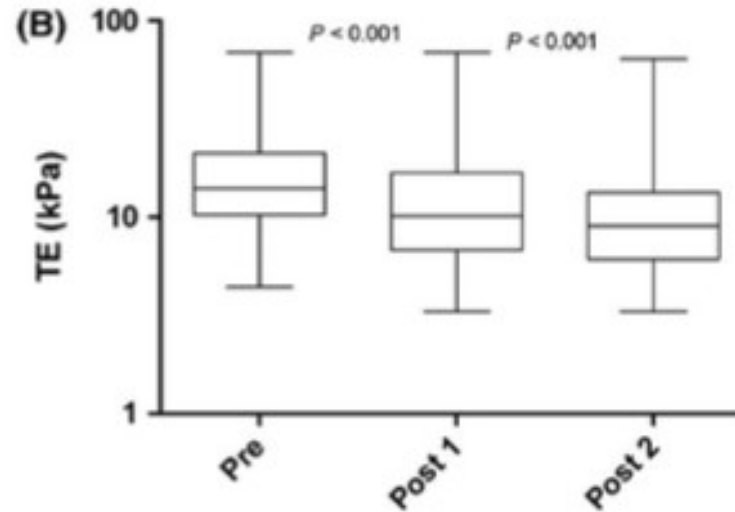
# La fibrosi migliora dopo la terapia?

Banchofer E et al Liver Intern 2017

Tutti i pazienti



Pazienti con SVR



Pazienti non responder

