

# Redefining Treatment Success!

## Increasing role for switch?

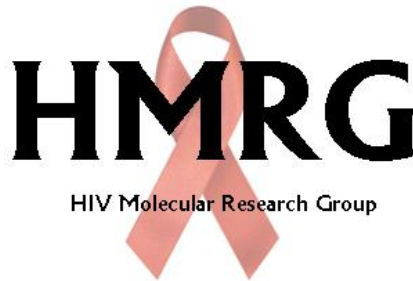
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UCD School of Medicine  
& Medical Science



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Eolaíocht An Leighis UCD



# Disclosures

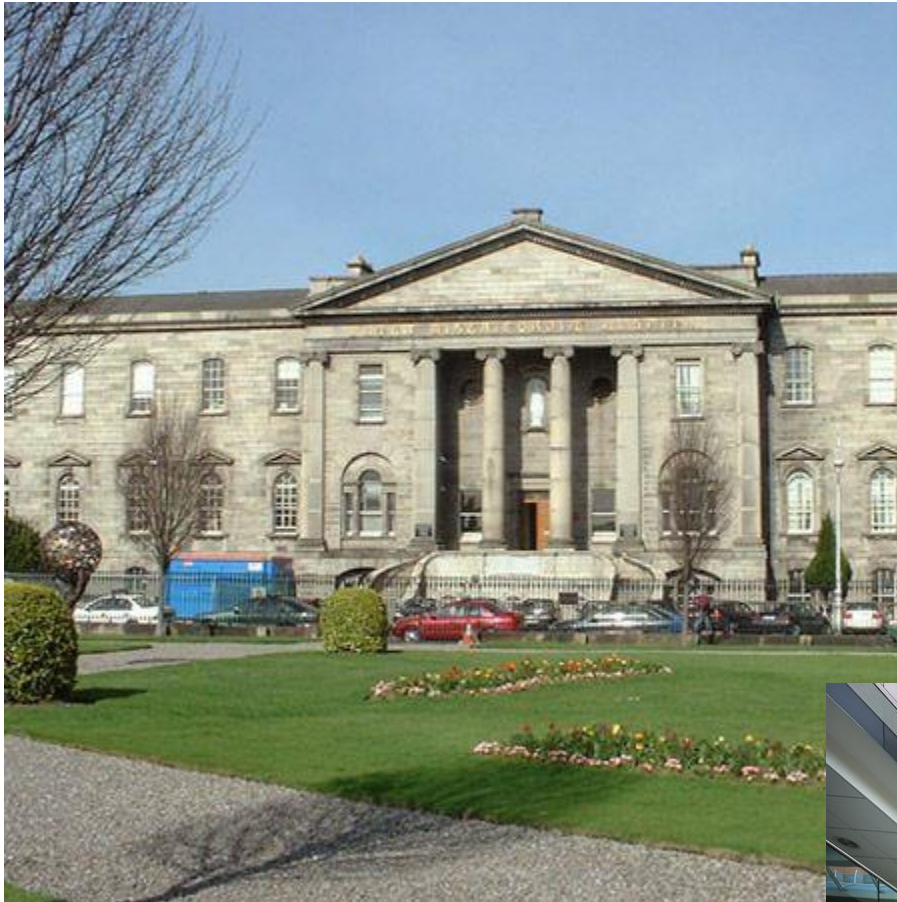
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## **Speaker Bureau / Honoraria:**

ViiV Healthcare, Merck Sharpe and Dohme, Gilead, Janssen Cilag (Tibotec),  
Bristol Myers Squibb

## **Research funding / educational grants:**

Science Foundation Ireland  
Health Research Board (Ireland)  
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GlaxoSmithKline  
Gilead Sciences  
Bristol Myers Squibb  
Janssen Cilag (Tibotec)  
Merck Sharpe and Dohme  
National Institutes of Health  
Wellcome Trust



# MMUH ID Cohort

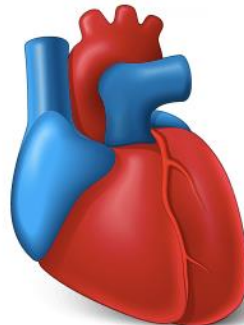
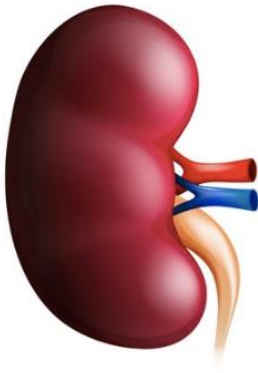
Characteristics:		N=1012	
<b>Sex:</b>	<b>Male</b>	<b>627</b>	<b>62</b>
	<b>Female</b>	<b>385</b>	<b>38</b>
<b>Age years Median (IQR)</b>		<b>42 (36-49)</b>	
<b>Ethnicity:</b>	<b>Caucasian</b>	<b>576</b>	<b>57</b>
	<b>African Origin</b>	<b>350</b>	<b>34</b>
	<b>South American</b>	<b>59</b>	<b>6</b>
<b>HIV Risk Factor:</b>	<b>Heterosexual</b>	<b>472</b>	<b>46.7</b>
	<b>IDU</b>	<b>182</b>	<b>18</b>
	<b>MSM</b>	<b>226</b>	<b>22.3</b>
	<b>Other</b>	<b>132</b>	<b>13.0</b>
<b>Year diagnosed:</b>			
	<b>&lt;2000</b>	<b>130</b>	<b>12.8</b>
	<b>2000-2009</b>	<b>454</b>	<b>44.9</b>
	<b>≥2010</b>	<b>406</b>	<b>40.1</b>

?





**WE NEED SAFER DRUGS!!**



# Reasons to switch are increasing.....

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- To decrease polypharmacy
- To simplify dosing (food effects) / monitoring
- To reduce potential for drug-drug interactions
- To manage / avoid adverse events
- Better safety in special circumstances - pregnancy
- To decrease cost (medications, labs, clinic visits)

# Reasons *NOT* to switch?

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- If it ain't broke, don't fix it
- 'Threshold' of toxicity / tolerability
- Can you be sure the switch will fix the problem?
- Potential to introduce new toxicities
- Will the switch be as effective?
- Virological failure (new resistance)
- Short-term gain, long-term costs – generics

# Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribild



Genvoya

Dolutegravir



Dolutegravir



Triumeq

\* pictures do not  
represent actual size



# Switching to InSTI as a 'safer' option

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Dolutegravir

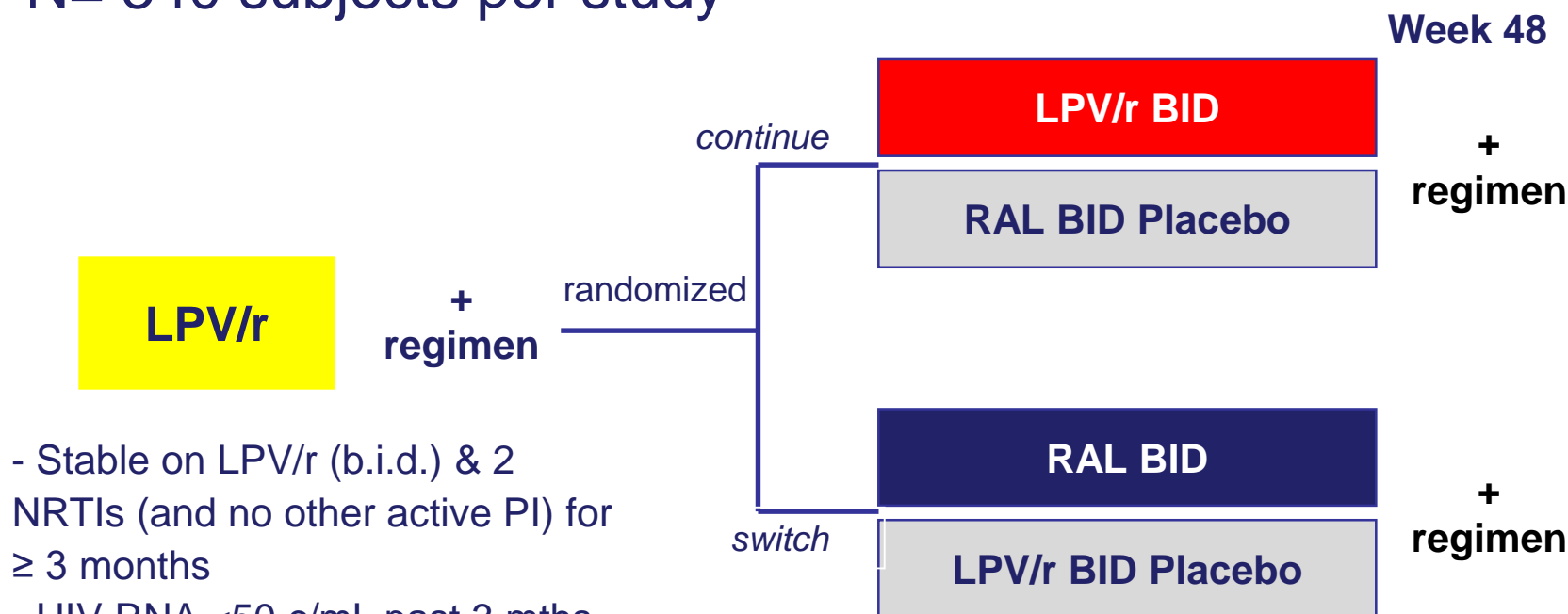


Triumeq

# Switching to raltegravir

SWITCHMRK (032/033)

N= 340 subjects per study



- Stable on LPV/r (b.i.d.) & 2 NRTIs (and no other active PI) for  $\geq 3$  months
- HIV RNA  $<50$  c/mL past 3 mths
- Patients with prior virologic failure were not excluded
- No LLT past 12 weeks

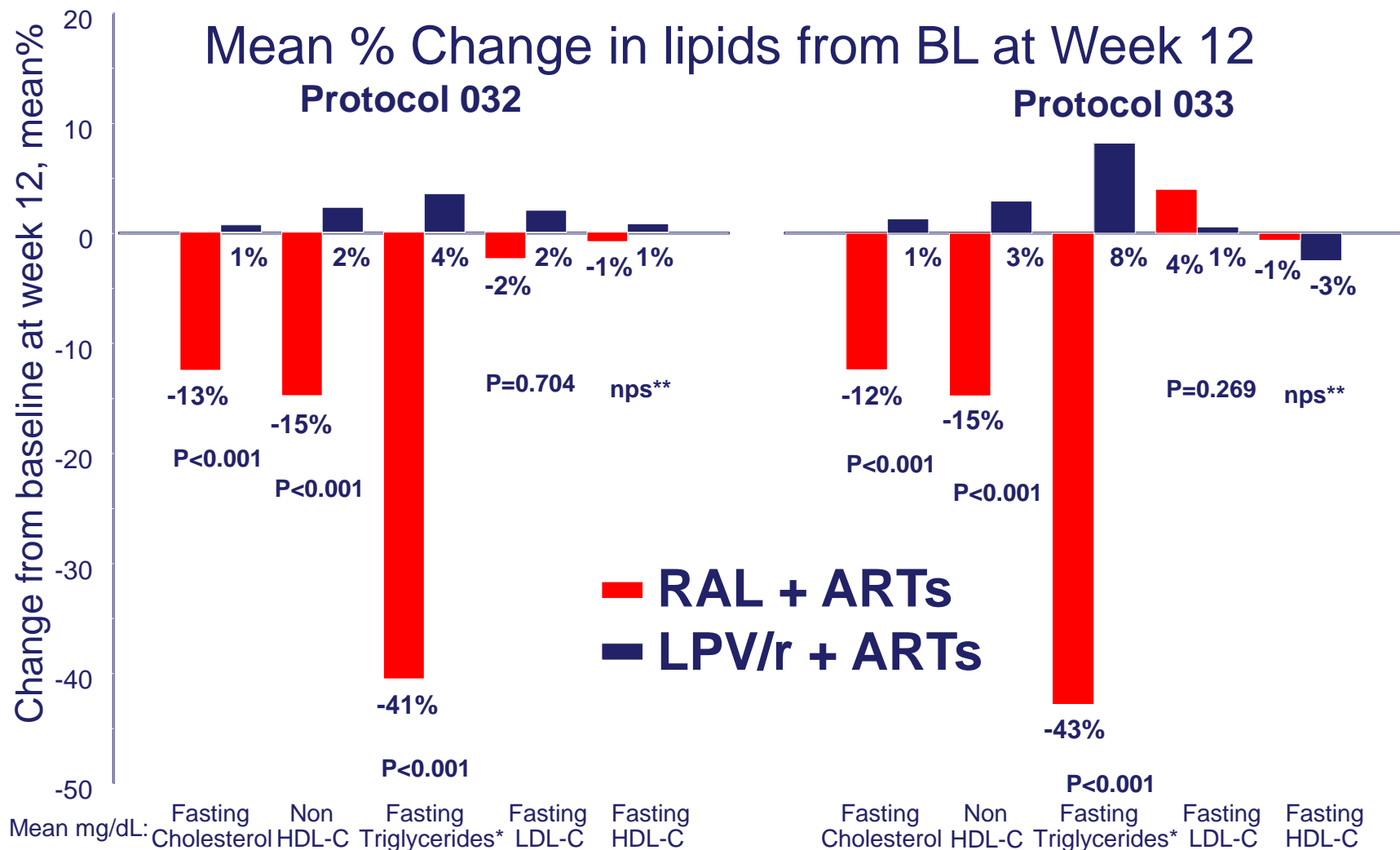
## Primary endpoints:

Week 12: Mean % change in lipids (Total-C, Triglycerides, non-HDL-C and LDL-C)

Week 24: Proportion with viral load  $<50$  copies/mL by Non-completer = Failure (NC=F)

# Switching to raltegravir

## SWITCHMRK (032/033) study

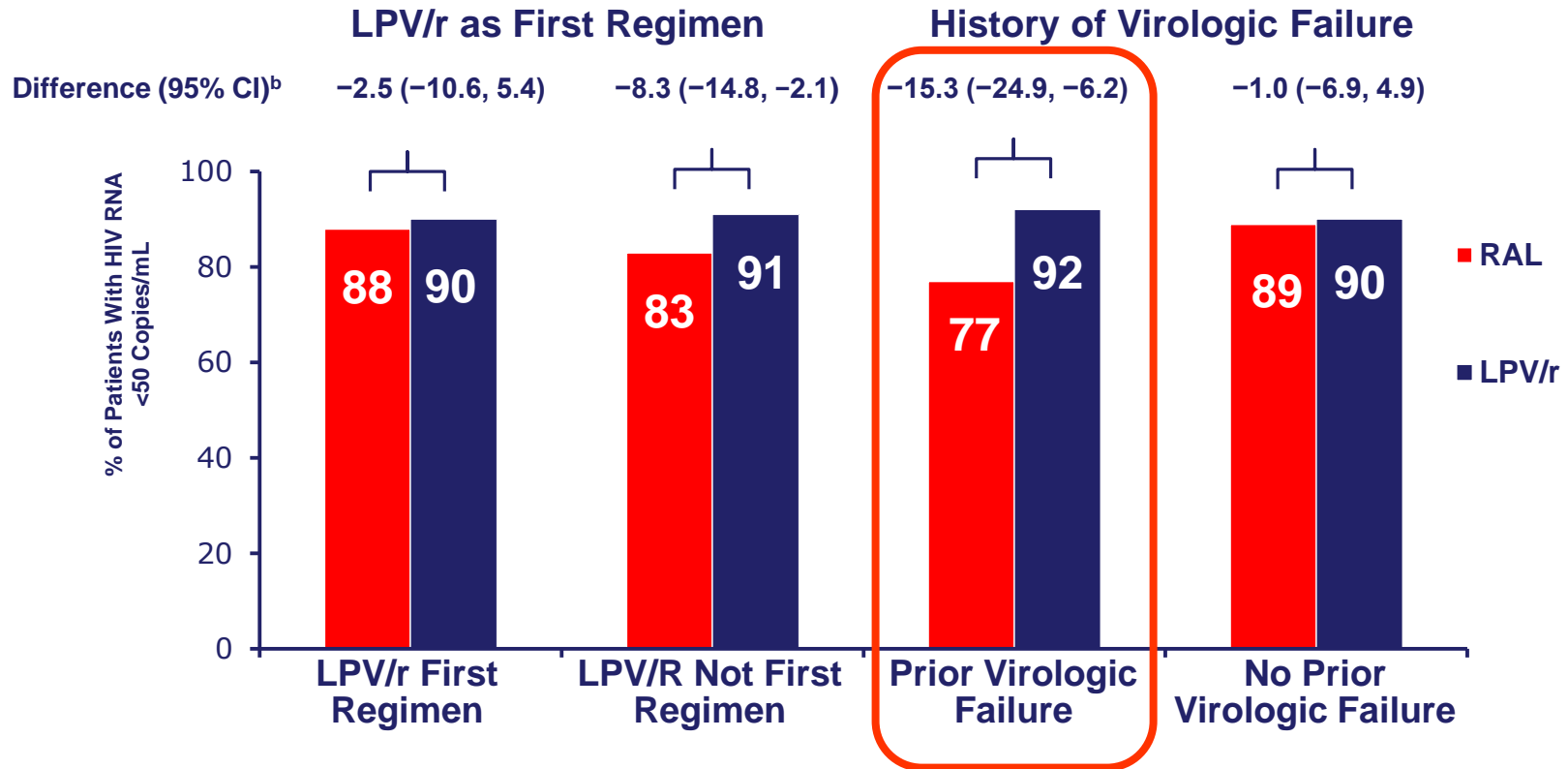


\*Median Percent Change

\*\*Not prespecified for test

# Switching to raltegravir

## SWITCHMRK (032/033) study Virological outcomes



UCB DUBLIN

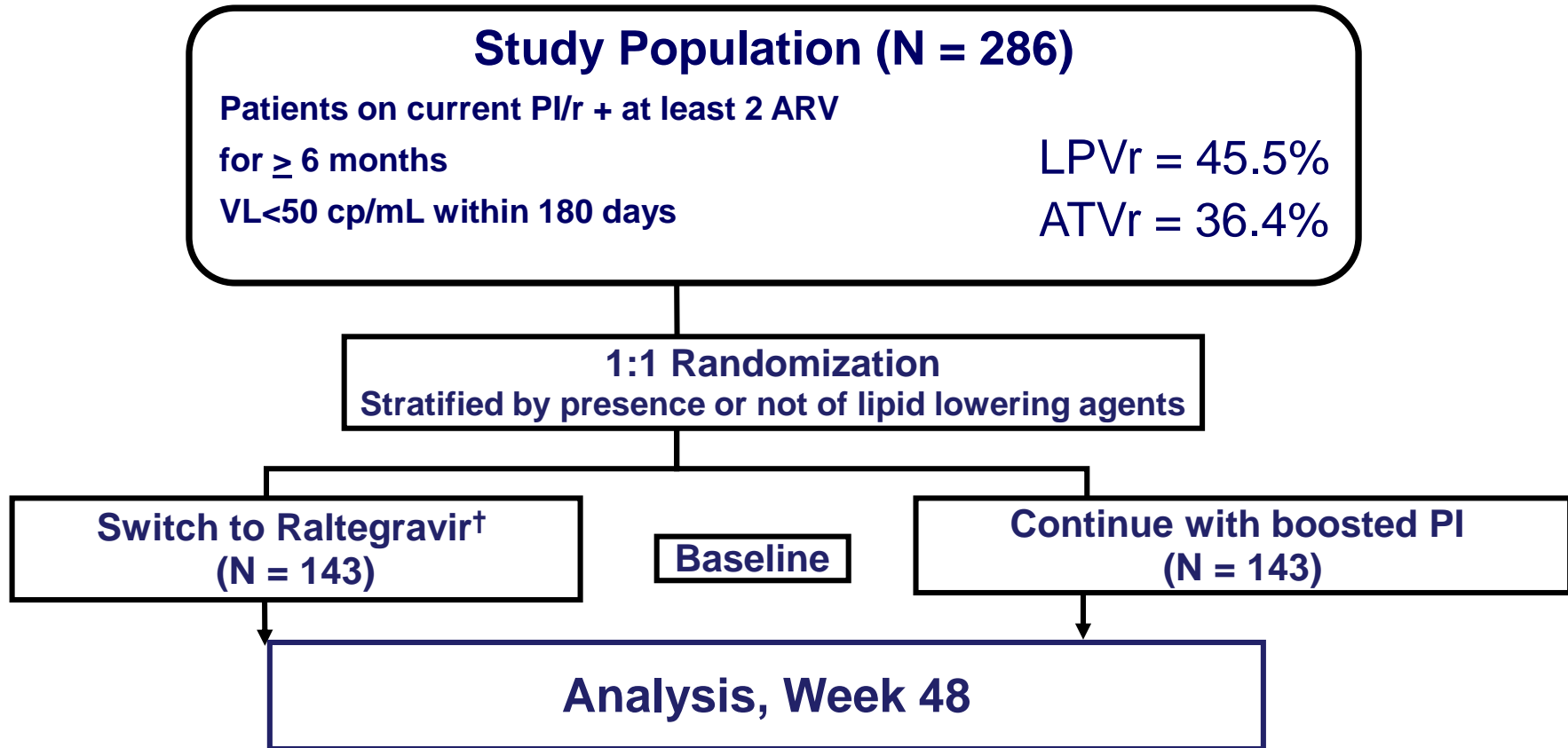
CI = confidence interval; LPV/r = lopinavir/ritonavir; RAL = raltegravir. <sup>a</sup>All patients who did not complete the study were regarded as failures.

<sup>b</sup>Calculated by the method of Miettinen and Nurminen.  
<sup>c</sup>Plus existing baseline regimen.

# Switching to raltegravir

## SPIRAL study

Study design – open labeled RCT



\* Raltegravir 400mg BID (maintaining other antiretrovirals unchanged).



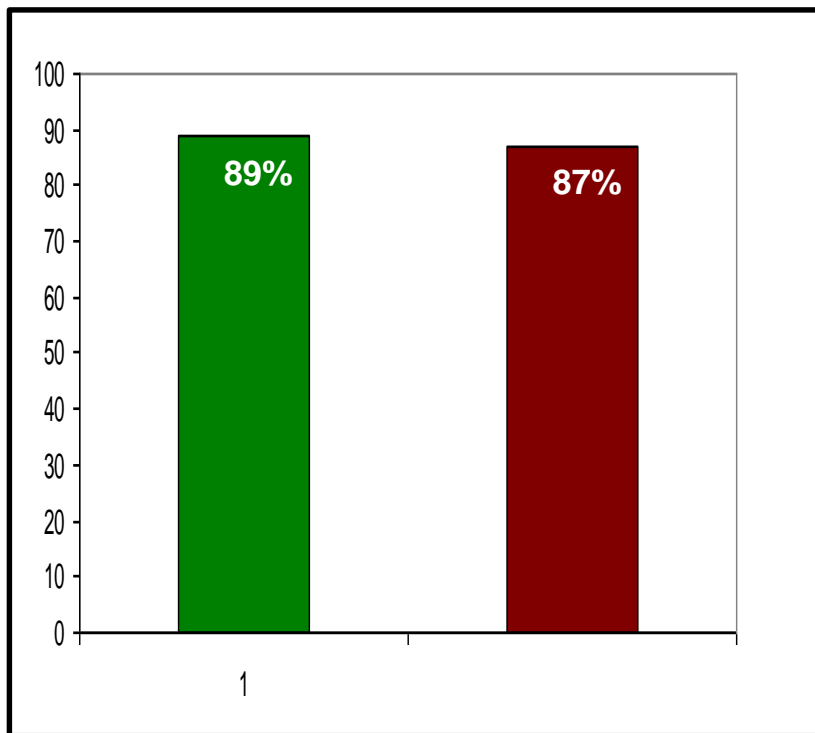
# Switching to raltegravir

## SPIRAL study

### Virological outcomes<sup>1</sup>

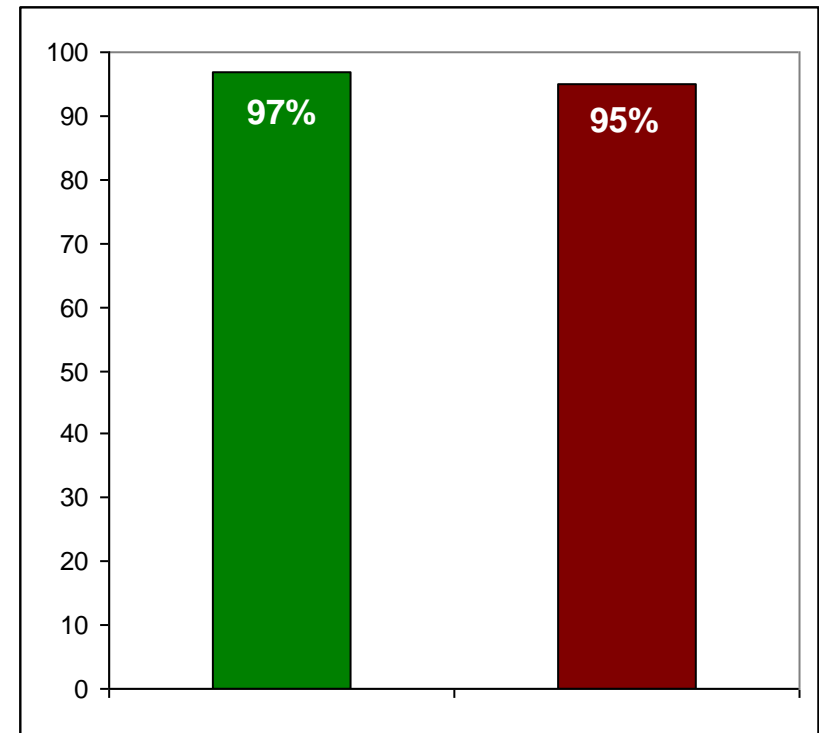
■ **RALTEGRAVIR** ■ **PI/r**

**Free of Treatment Failure (ITT, S=F)**



**Difference Estimate (95% CI) 2.6% (−5.2%, 10.6%)**

**Free of Virologic Failure ( $\geq 50$  cp/mL) (OT)**



**Difference Estimate (95% CI) 1.8% (−3.5%, 7.5%)**

## Outcomes not influenced by previous virological failures<sup>2</sup>

1. Martinez E et al. AIDS 2010 Jul 17;24(11):1697-707, 2. Blanco JL et al. Antivir Ther. 2015;20(5):487-92

# Switching to raltegravir

Protocol 003

Double-blind, RCT

EFV QD vs RAL BID

96 week followup

83% RAL vs 84% EFV  
with HIVRNA<50c/ml @  
wk96

TABLE 4. Summary of Adverse Events

	Raltegravir, 400 mg Twice a Day, (N = 160) n (%)	Efavirenz, 600 mg Every Day, (N = 38) n (%)
One or more clinical adverse events	146 (91.3)	35 (92.1)
Serious clinical adverse events	16 (10.0)	3 (7.9)
Discontinued due to clinical adverse event	2 (1.3)	1 (2.6)
Drug-related* clinical adverse events†	82 (51.3)	28 (73.7)
Diarrhea	11 (6.9)	4 (10.5)
Nausea	20 (12.5)	5 (13.2)
Vomiting	4 (2.5)	3 (7.9)
Flatulence	9 (5.6)	1 (2.6)
Dizziness	14 (8.8)	11 (28.9)
Headache	14 (8.8)	9 (23.7)
Abnormal dreams	10 (6.3)	7 (18.4)
Insomnia	13 (8.1)	4 (10.5)
Nightmares	0 (0.0)	4 (10.5)
Fatigue	8 (5.0)	2 (5.3)
Malaise	2 (1.3)	3 (7.9)
Anxiety	2 (1.3)	2 (5.3)
Lethargy	2 (1.3)	2 (5.3)
Disturbance in attention	1 (0.6)	2 (5.3)
One or more laboratory adverse events	38 (23.8)	11 (28.9)
Discontinued due to laboratory adverse event	1 (0.6)	0 (0.0)
Drug-related* laboratory adverse events†	19 (11.9)	3 (7.9)
Aspartate aminotransferase increased	7 (4.4)	2 (5.3)
Alanine aminotransferase increased	6 (3.8)	2 (5.3)

# Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribid



Genvoya

Dolutegravir



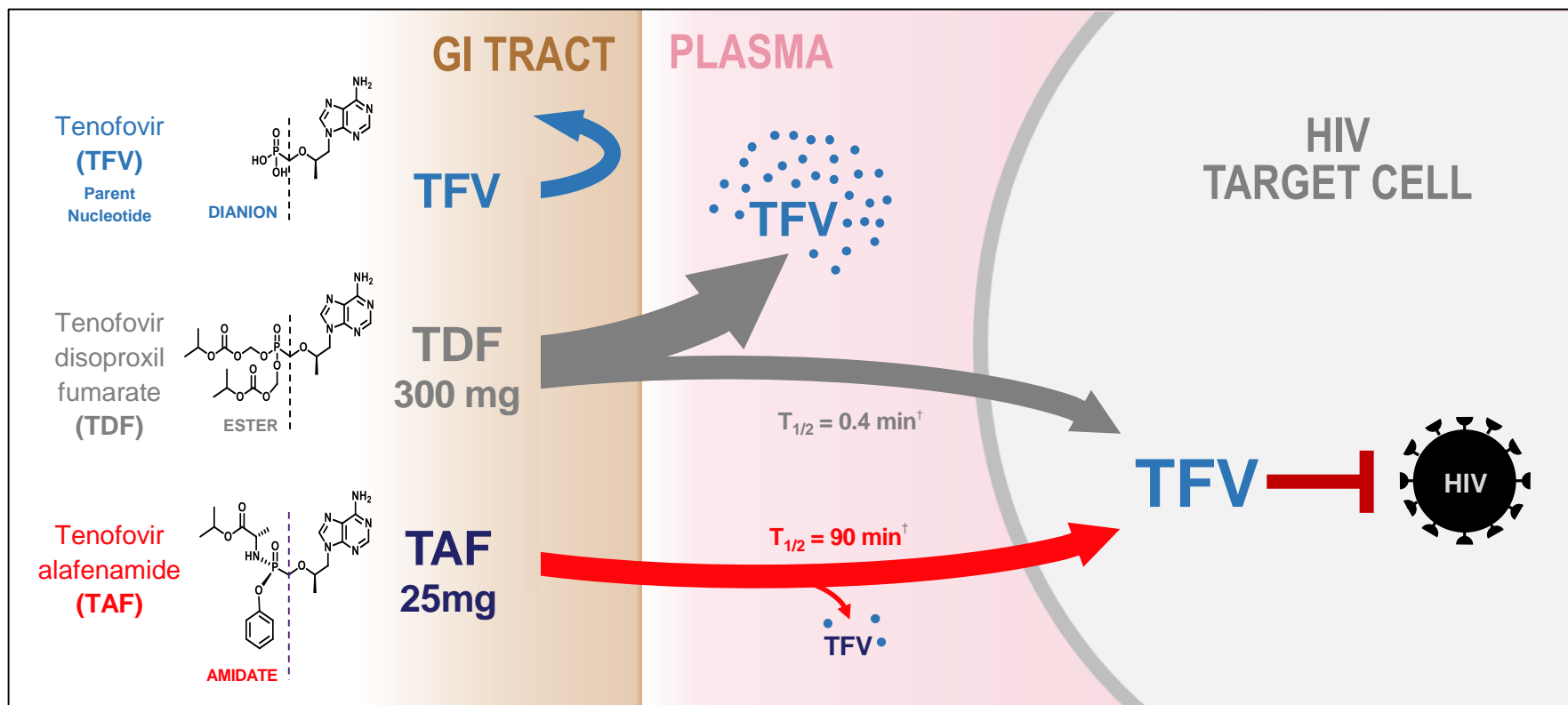
Dolutegravir



Triumeq

# Tenofovir Alafenamide (TAF)

## Tenofovir Alafenamide (TAF): Novel Prodrug of Tenofovir



**91% lower TFV levels minimize renal and bone effects while maintaining high potency for suppressing HIV**

# Switching to E/C/F/TAF (Genvoya)

Study 109: virologically suppressed adults switching from TDF-based regimen to Genvoya

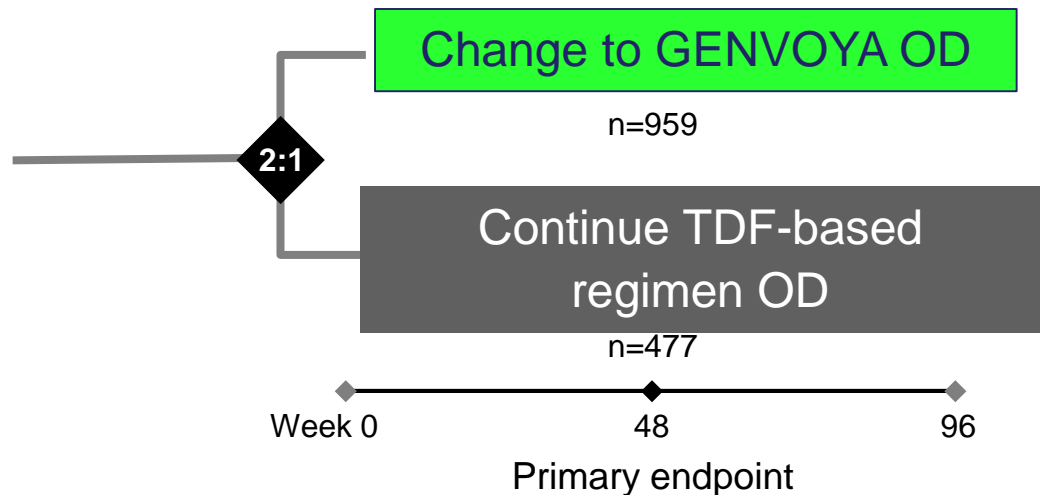
96 week, randomised, open-label, active-controlled Phase III study

## Inclusion criteria:

- HIV-suppressed adults on ART (E/C/F/TDF, EFV/FTC/TDF, or boosted ATV + FTC/TDF)
- All patients were virologically suppressed\* and had been on a TDF-based regimen for  $\geq 96$  weeks
  - CrCl  $>50$  mL/min

## Primary endpoint:

- Proportion with HIV-1 RNA  $<50$  copies/mL at Week 48



E, elvitegravir; C, cobisistat; FTC, emtricitabine; TDF, tenofovir disoproxil fumarate; EFV, efavirenz; ATV, atazanavir; OD, once daily; CrCl, creatinine clearance

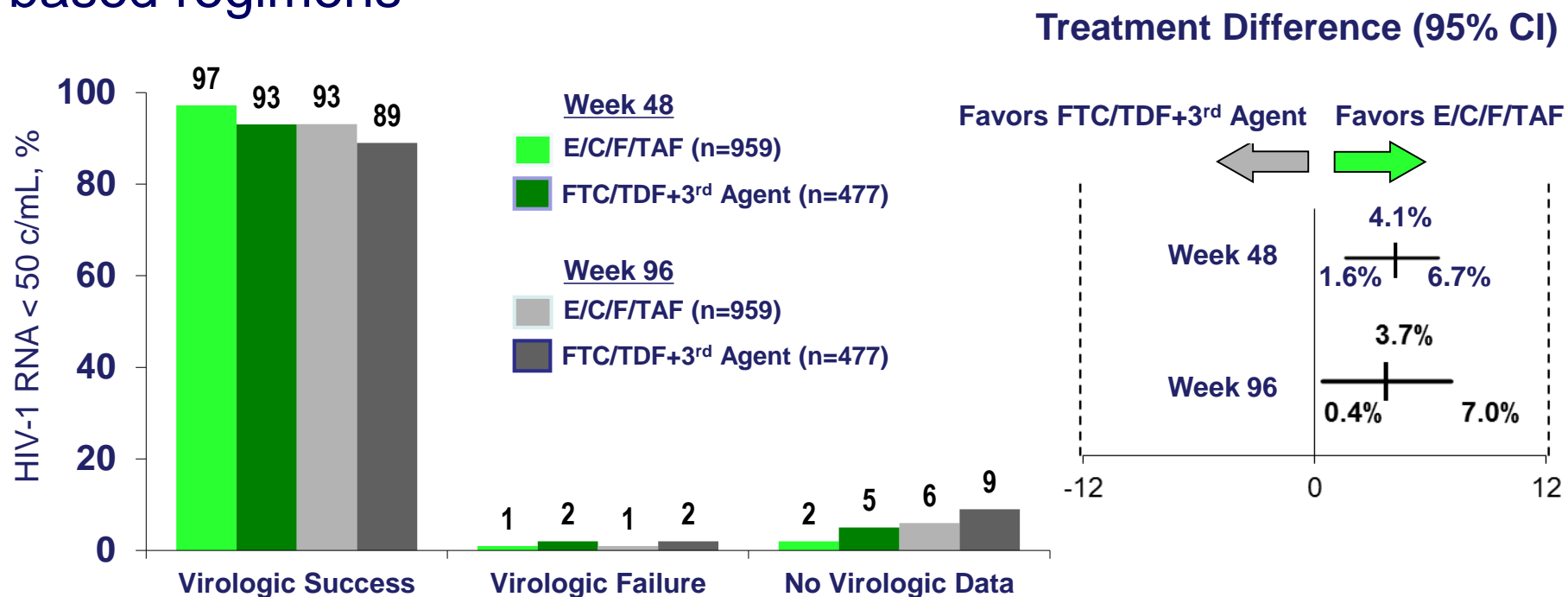
\* Virological suppression: plasma HIV-1 RNA  $<50$  copies/mL



# Switching to Genvoya

## Study 109

Primary endpoint - switch to Genvoya non-inferior at week 48  
Better virological success rates versus remaining on TDF-based regimens

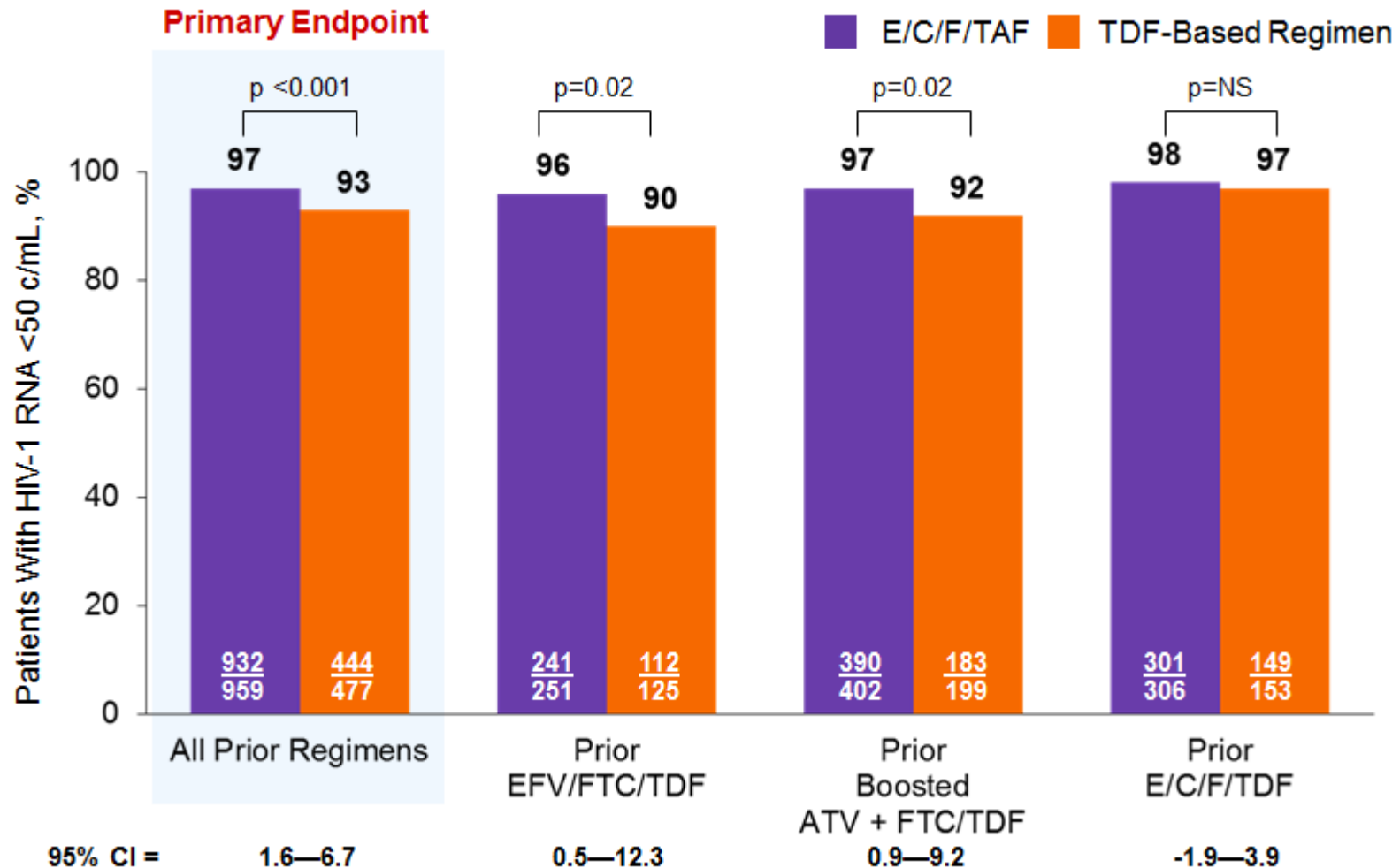


**Switching to E/C/F/TAF was statistically superior in efficacy compared to continuing FTC/TDF + 3<sup>rd</sup> agent through Week 96**

# Switching to Genvoya

## Study 109

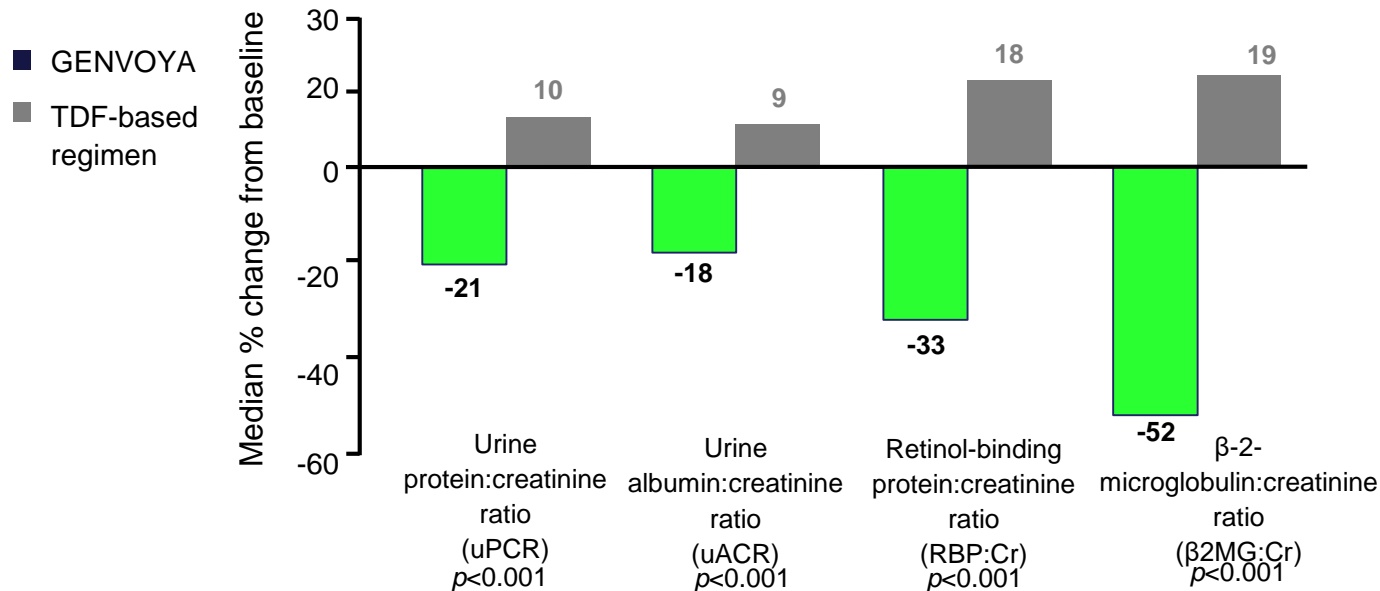
### Virological response based on switch regimen



# Switching to Genvoya

## Study 109

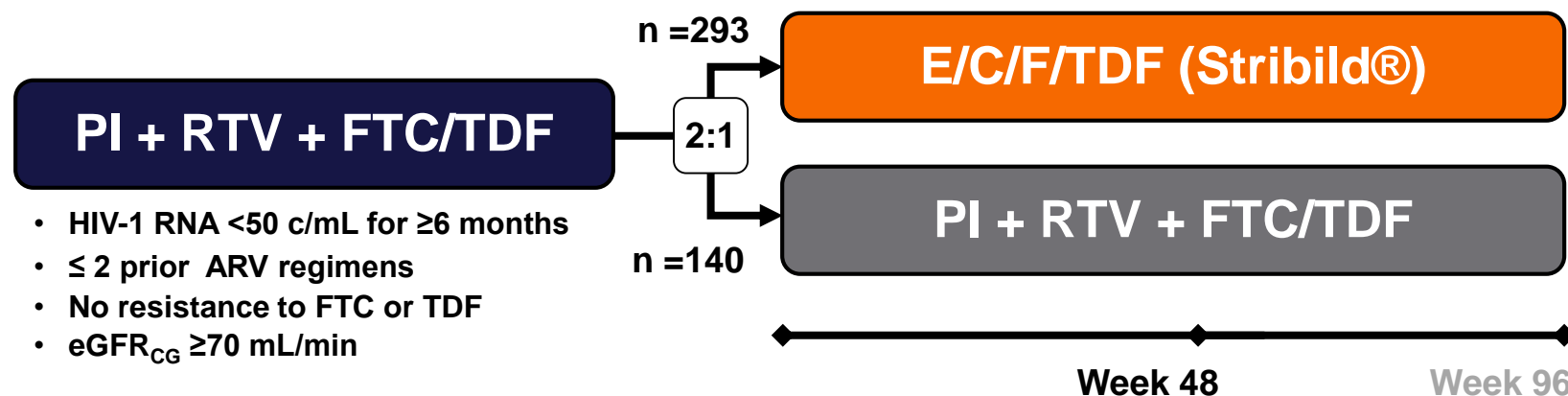
Statistically significantly lower quantitative proteinuria at week 48 versus remaining on TDF-containing regimens (all  $P < 0.001$ )<sup>1</sup>



CrCl, creatinine clearance; TDF, tenofovir disoproxil fumarate

# Switching PI to Elvitegravir/c

STRATEGY PI – multicentre, randomised, open-label, 96 week study



- Primary endpoint:** HIV-1 RNA <50 c/mL at Week 48 by Snapshot (noninferiority margin of 12%). If noninferiority is established, then superiority will be tested.
- Secondary endpoint:** Safety and tolerability at Week 48 & 96
- Other endpoints:** Patient reported outcomes\*

\*HIV Symptom Index and HIV Treatment Satisfaction questionnaires

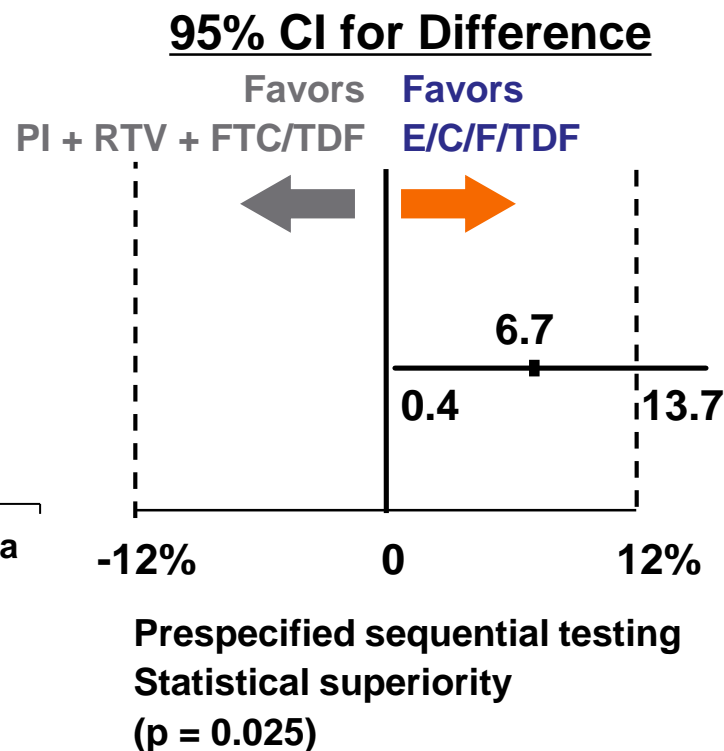
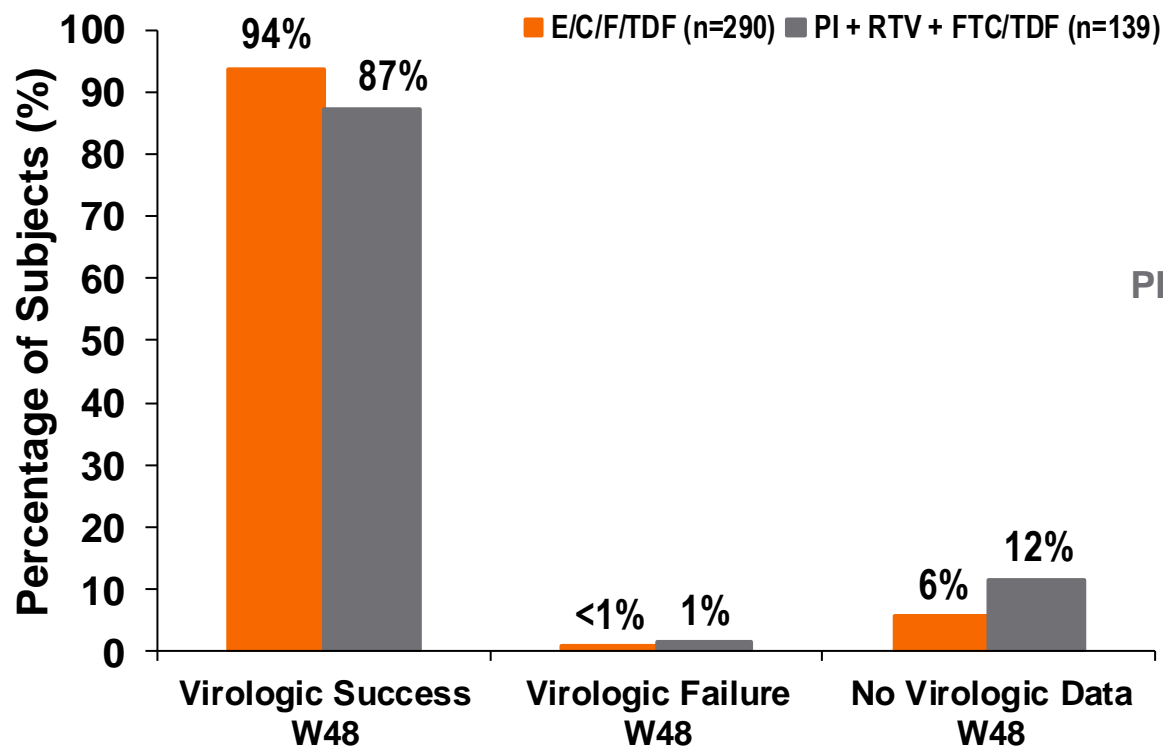
E/C/F/TDF: single-tablet regimen elvitegravir 150mg, cobicistat 150mg, emtricitabine 200mg, tenofovir DF 300mg; Stribild®

PI + RTV + FTC/TDF: ritonavir-boosted protease inhibitor and emtricitabine/tenofovir DF

Study GS-US-236-0115 is registered with ClinicalTrials.gov, number NCT01475838.

# Switching PI to Elvitegravir/c

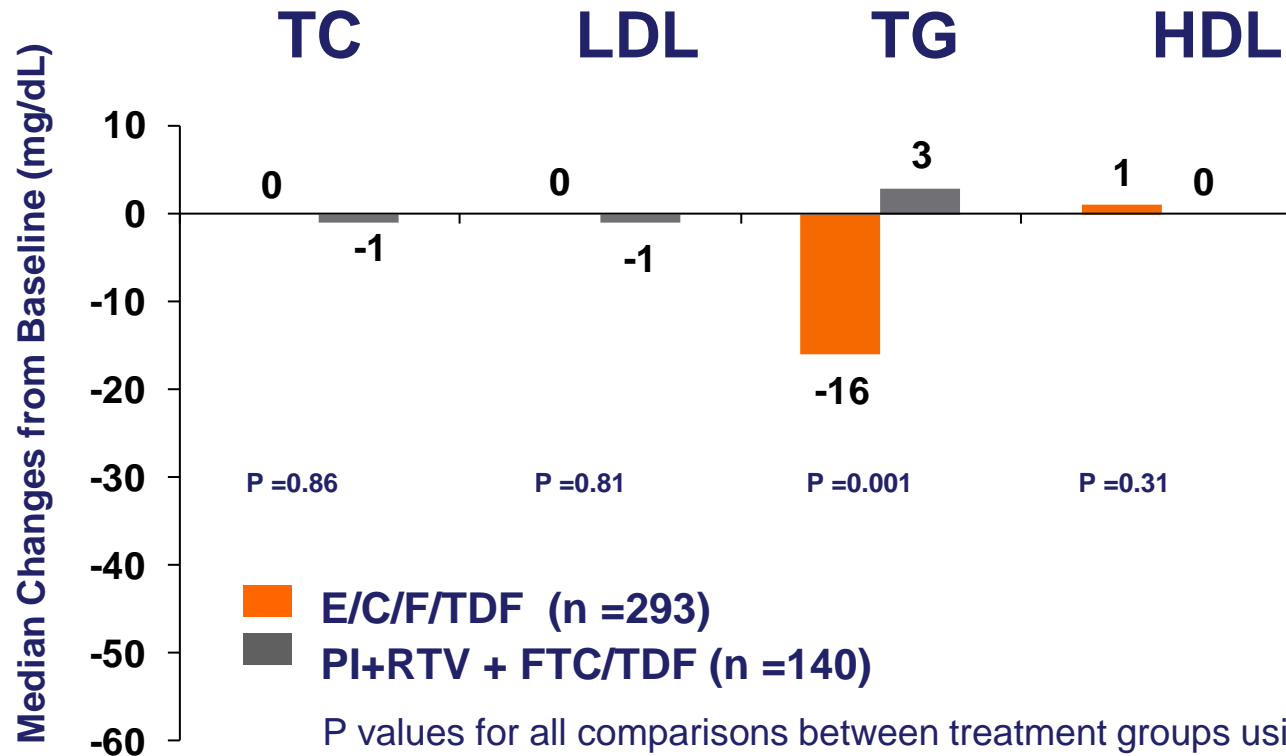
STRATEGY PI – primary endpoint: HIVRNA <50 cps/ml





# Switching PI to Elvitegravir/c

## STRATEGY PI – change in fasting lipids



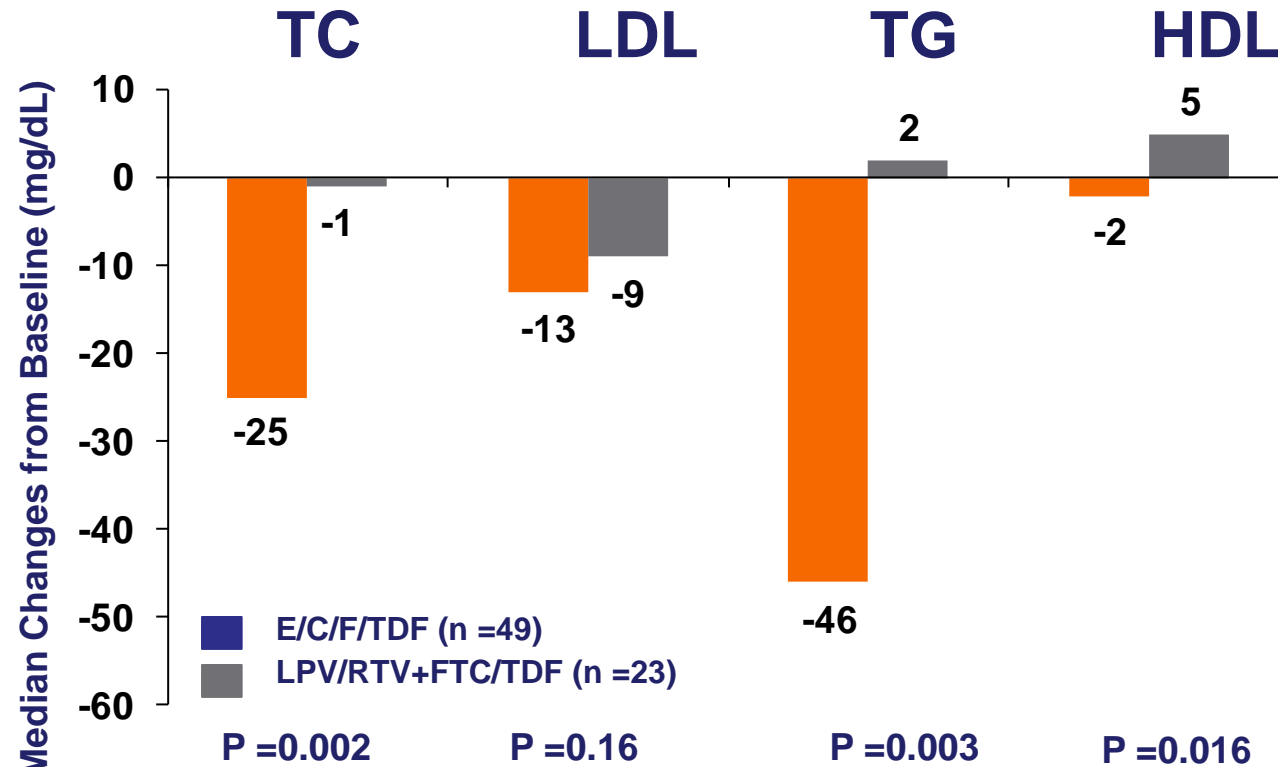
P values for all comparisons between treatment groups using ANOVA or Wilcoxon Rank Sum were not significant except for TG ( $p < 0.001$ )

Changes from baseline in total cholesterol/HDL ratios were not statistically significant.

Decreases from baseline in triglycerides at Week 48 after switching to E/C/F/TDF

# Switching PI to Elvitegravir/c

STRATEGY PI – change in fasting lipids with switch from LPVr



P values for all comparisons between treatment groups using Wilcoxon Rank Sum test

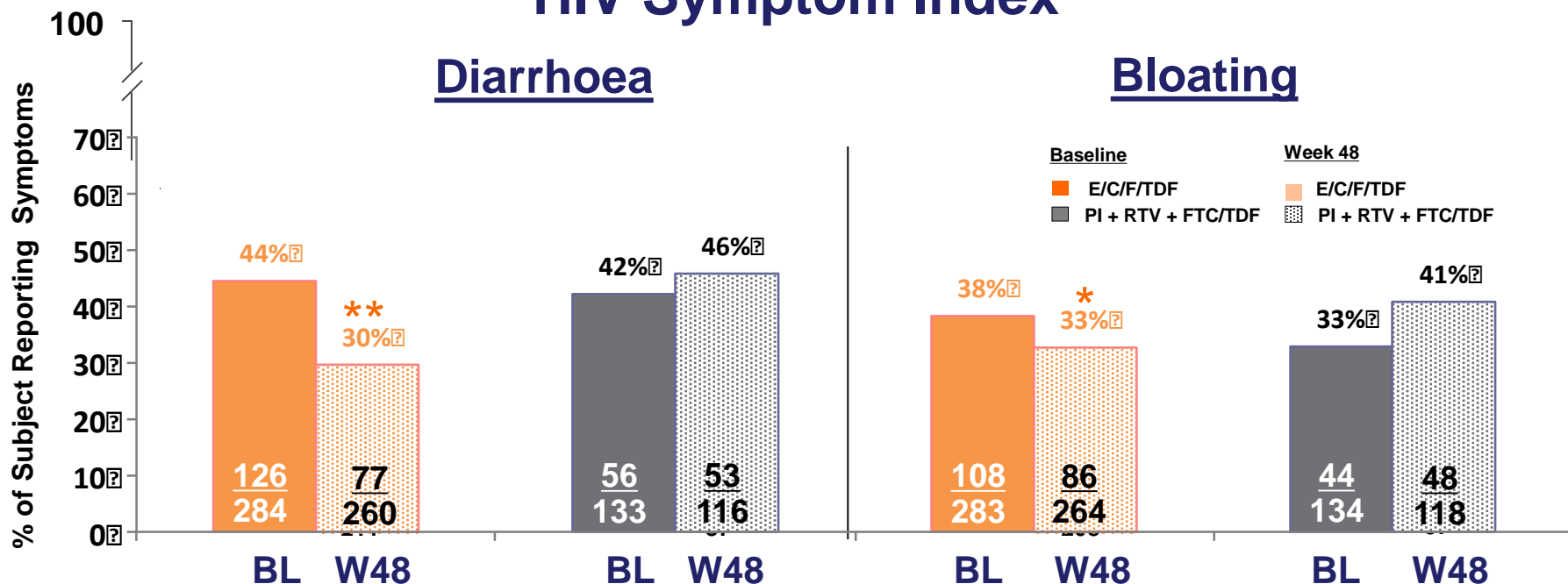
Changes from baseline in total cholesterol/HDL ratios were not statistically significant.

Decreases from baseline in TC, TGs, and HDL at Week 48 after switching from LPV/RTV to E/C/F/TDF

# Switching PI to Elvitegravir/c

## STRATEGY PI – patient reported outcomes

### HIV Symptom Index



- Subjects who switched to E/C/F/TDF from PI + RTV + FTC/TDF had
  - Lower rates of diarrhea and bloating at Week 48 compared to baseline
  - Higher treatment satisfaction scores at Week 24 (mean: 23 vs. 15,  $p < 0.001$ )<sup>^</sup>

\* $P < 0.04$  & \*\* $P < 0.001$  (comparison with baseline within each treatment group). Decreases noted at week 4 & sustained to week 48.

$P < 0.001$ , diarrhea &  $P = 0.019$ , bloating (comparison of changes from baseline at week 48 between treatment group).

<sup>^</sup> HIV Treatment Satisfaction questionnaire, score range: -30 to 30

Arribas J et al. CROI 2014. Abstract 551LB

# Use of Genvoya in renal dysfunction

Study 112 - phase III, 96-week, single-arm, open-label study of virologically suppressed adults with mild to moderate renal dysfunction switching to GENVOYA<sup>1</sup>

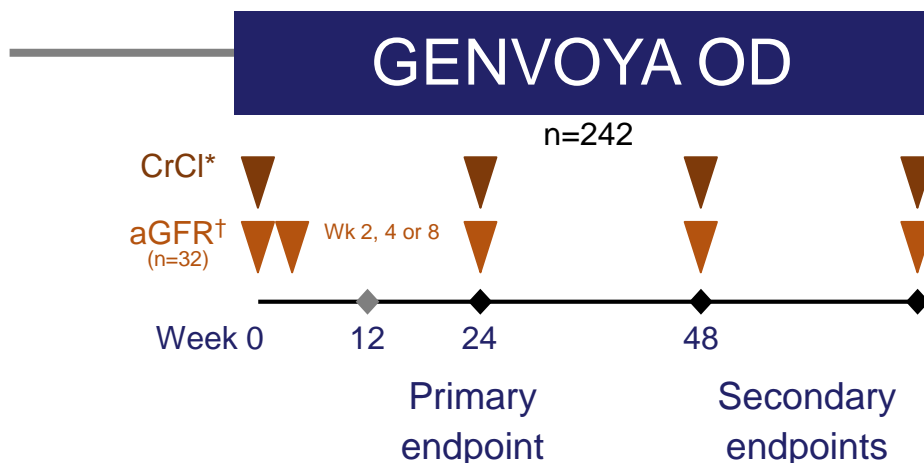
## Inclusion criteria:

- HIV-suppressed adults with renal impairment (CrCl 30–69 mL/min)
- HIV-1 RNA <50 copies/mL for ≥6 months
- CD4 ≥50 cells/mm<sup>3</sup>

## Primary endpoint:

- Change from baseline in CrCl at Week 24<sup>\*\*</sup>

\*Creatinine clearance (CrCl) measured using the Cockcroft-Gault formula in all patients  
†Actual GFR measured using iohexol plasma clearance in a subset of patients at 3 time points: baseline; Week 2, 4 or 8; and Week 24

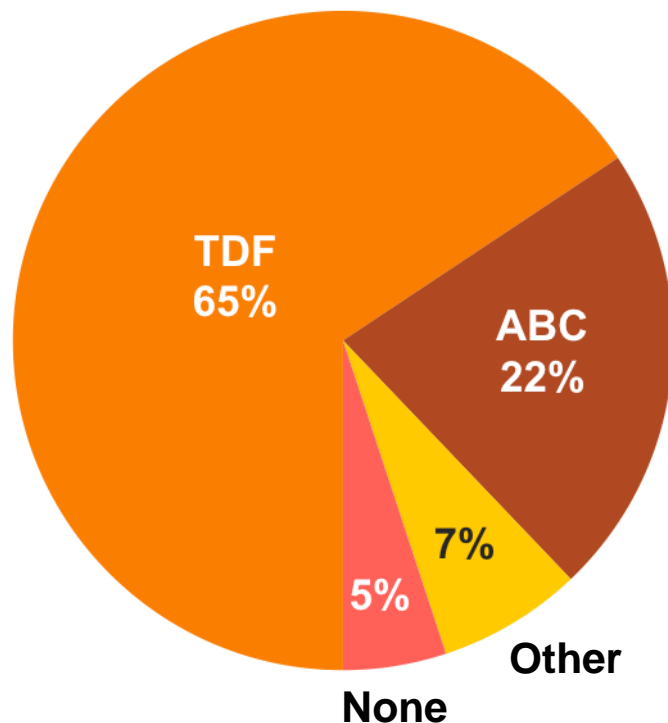


<sup>\*\*</sup>Median (Q1, Q3) change in CrCl from baseline to Week 24 was -0.4 (-4.8, 4.5) mL/min

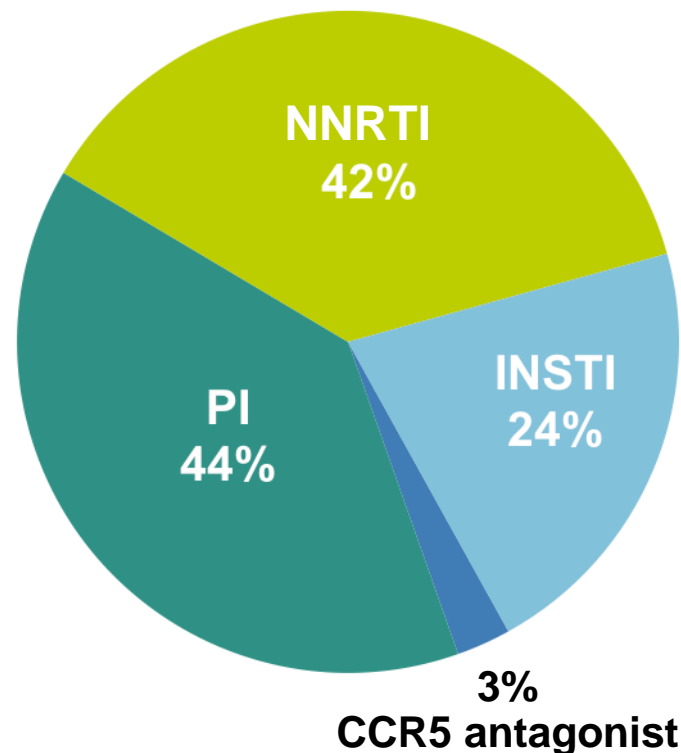
# Use of Genvoya in renal dysfunction

## Antiretroviral Treatment Prior to Switching to E/C/F/TAF

### NRTIs



### 3rd Agent\*

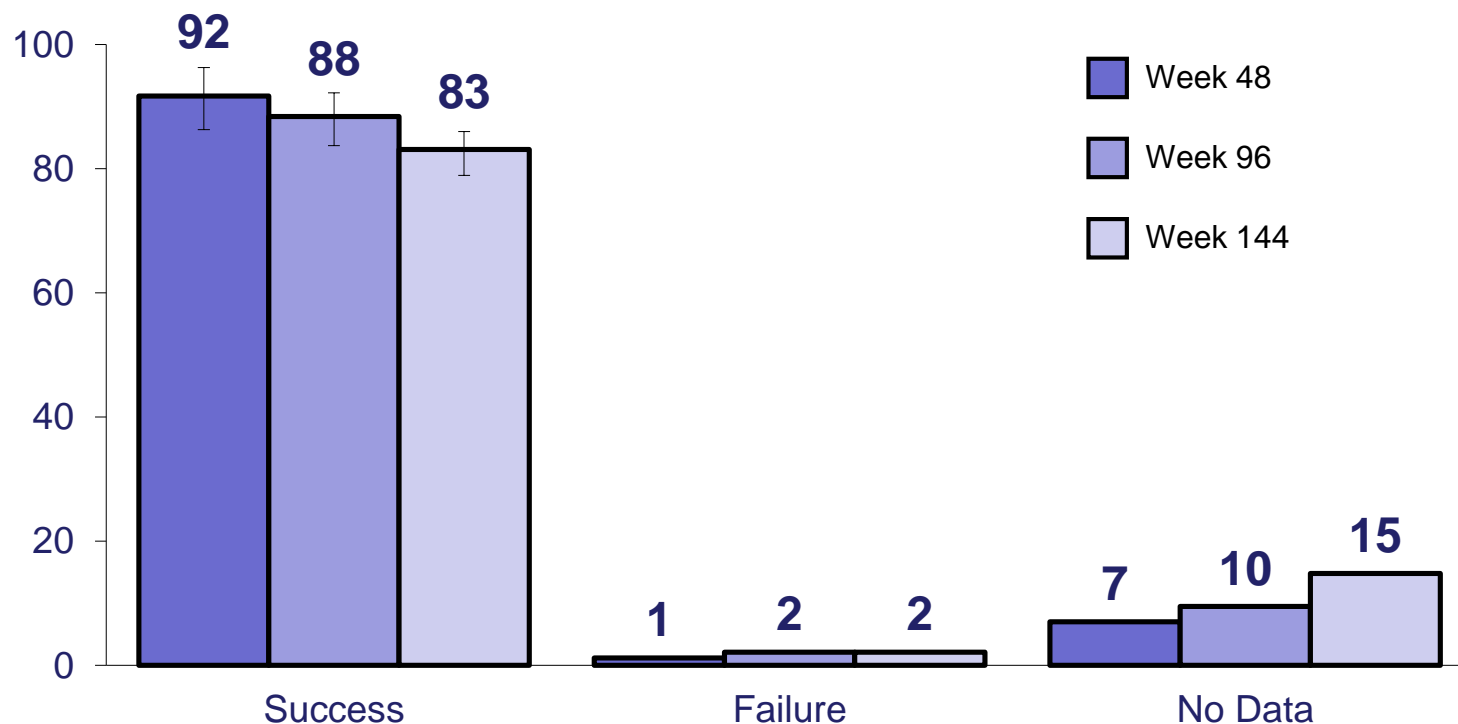


- \*Some regimens included >1 3rd agent; therefore, total >100%. ABC, abacavir; CCR5, C-C chemokine receptor type 5; INSTI, integrase strand transfer inhibitor; NNRTI, non-nucleoside reverse-transcriptase inhibitor; NRTI, nucleoside reverse-transcriptase inhibitor; PI, protease inhibitor.



# Use of Genvoya in renal dysfunction

Primary endpoint change from baseline in CrCl at week 24  
Genvoya maintains high rates of virological suppression at week 48, 96 & 144

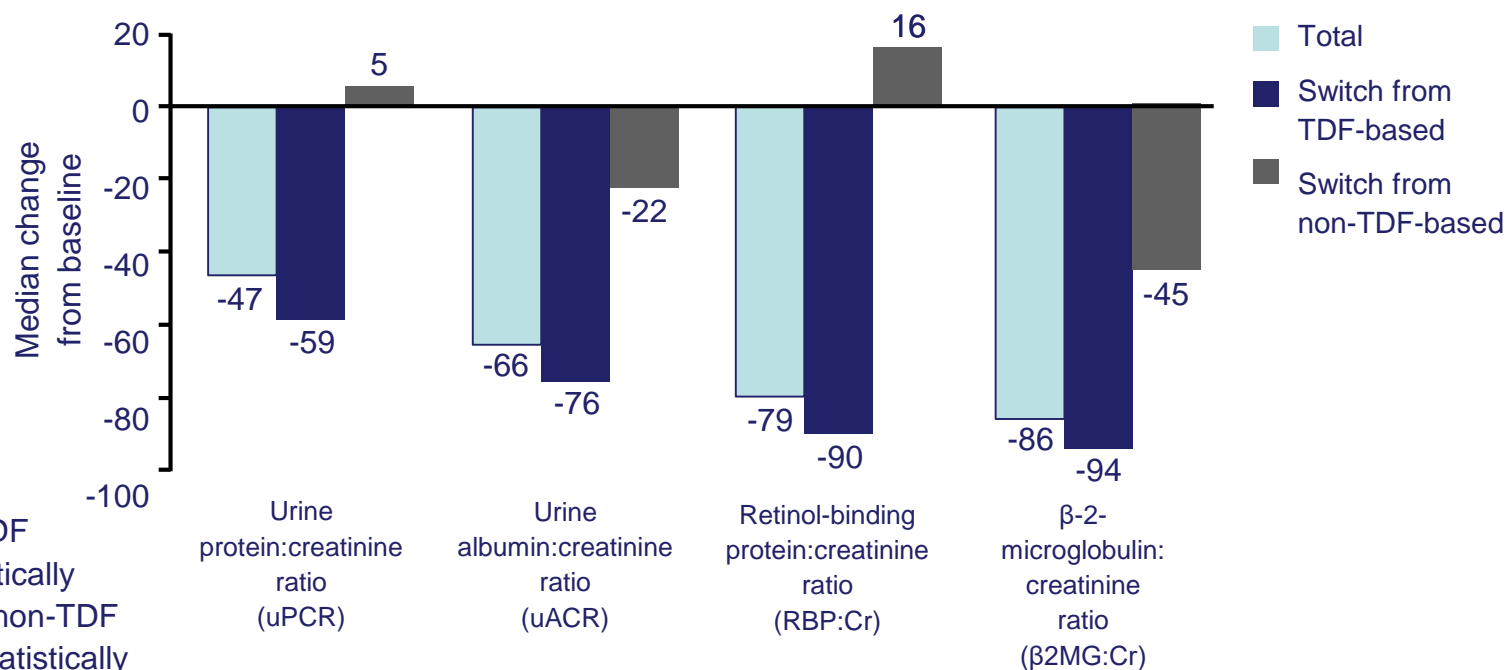


Discontinued drug due to AE or death 11 (5%) (2 treatment-emergent deaths were 71 yr old white male cardiac arrest and 73 yr old black male cardiopulmonary arrest); none of the deaths were study drug related per PI. ) Discontinued drug due to other reasons and last available RNA was <40 19, (8%) (Discontinuation due to other reasons includes subjects who discontinued study drug due to investigator's discretion, withdrew consent, lost to follow-up, subject noncompliance, protocol violation, pregnancy, and study discontinued by sponsor.) Missing data during study window: 5 (2%)

# Use of Genvoya in renal dysfunction

Statistically significant improvements in markers of renal tubular function at week 48

Improvements most notable in those switching from TDF-based ART



All total and TDF changes statistically significant; all non-TDF changes not statistically significant

\* at 48 weeks in Study 112

# Investigating the effect of antiretroviral switch to tenofovir alafenamide on lipid profiles in people living with HIV within the UCD ID Cohort

A. Lacey<sup>1</sup>, W. Tinago<sup>1</sup>, E. Alvarez Barco<sup>1</sup>, A.J. Macken<sup>1</sup>, G. Sheehan<sup>2</sup>, J.S. Lambert<sup>2</sup>, A.G. Cotter<sup>1,2</sup>, P.W.G. Mallon<sup>1,2</sup>

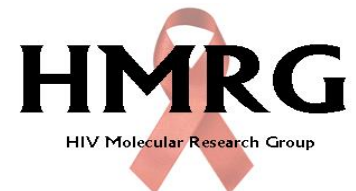
<sup>1</sup>HIV Molecular Research Group, University College Dublin School of Medicine, Dublin, Ireland

<sup>2</sup>Mater Misericordiae University Hospital, Department of Infectious Diseases, Dublin, Ireland



**UCD School of Medicine**  
**Scoil an Leighis UCD**

**Mater Misericordiae**  
**University Hospital**



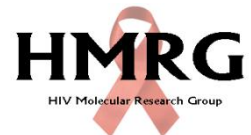
# Baseline characteristics

<b>Variables, n(%)</b> (unless specified)	<b>Total switch to TAF (191)</b>	<b>Analysed (110)</b>	<b><i>P</i></b>
Age, median [IQR]	45 [37 – 51]	46 [39 – 53]	0.249
Male	128 (67%)	81 (73.6%)	0.171
Caucasian	130 (68.1%)	76 (69.1%)	0.853
African	51 (26.7%)	30 (27.3%)	0.949
Heterosexual acquisition	71 (37.2%)	42 (38.2%)	0.986
MSM acquisition	63 (33.0%)	40 (36.4%)	0.451
IVDU acquisition	46 (24.1%)	22 (20.0%)	0.415
HIV/HCV co-infection	42 (22.5%)	19 (17.3%)	0.279
Years since HIV diagnosis, median [IQR]	10 [5 – 15]	10 [5.25 – 14]	0.876

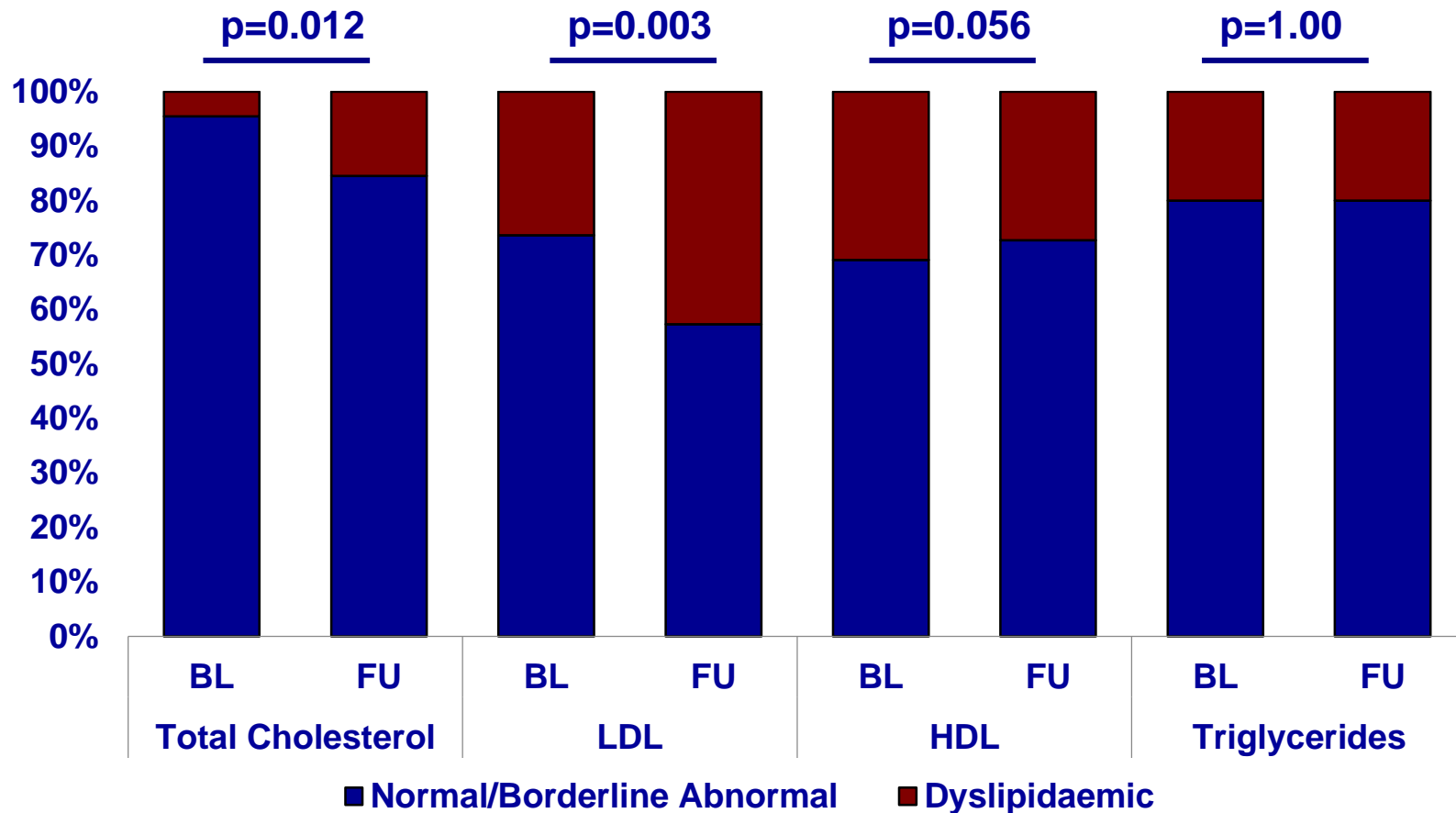
MSM: Men who have sex with men

IVDU: Intravenous drug users

HCV: Hepatitis C virus



# Incidence of Dyslipidaemia



P-Values derived from McNemar



# Switching to InSTI as a 'safer' option

Raltegravir



200mg

Elvitegravir



Stribid



Genvoya

**Dolutegravir**



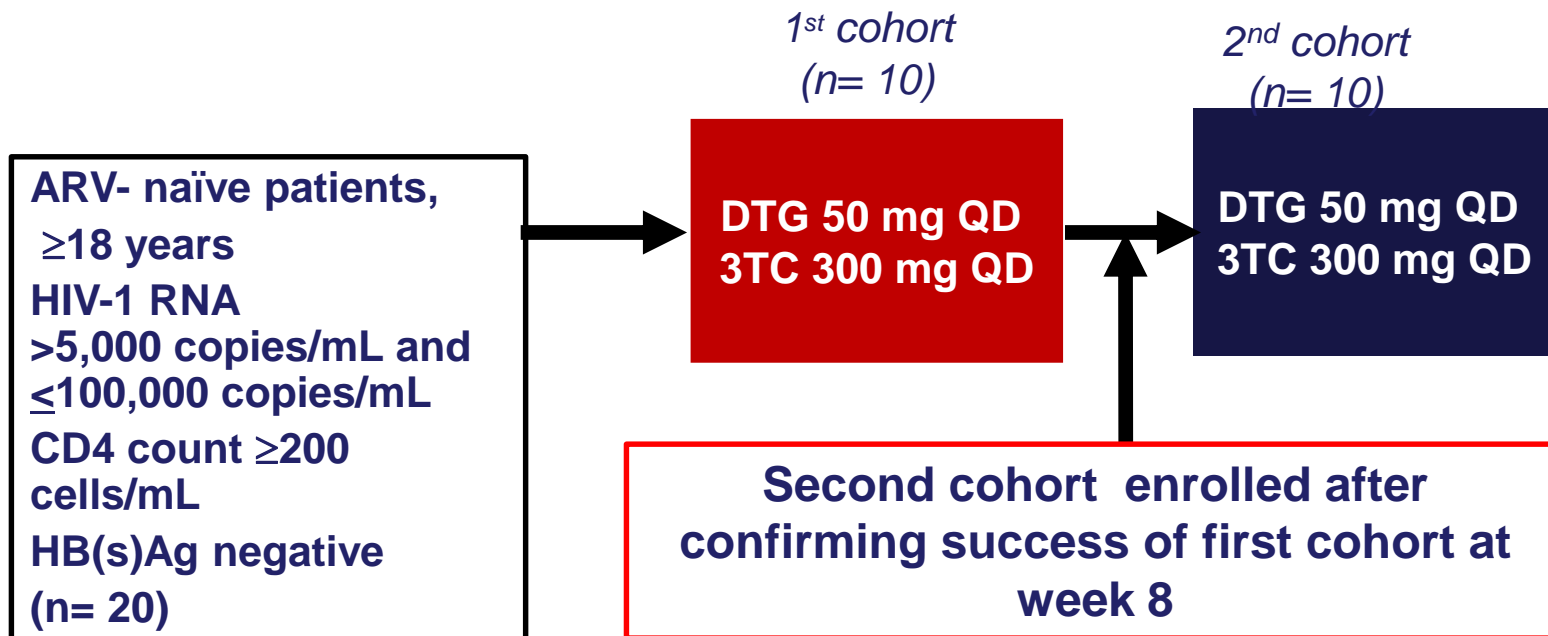
Dolutegravir



Triumeq

# Dolutegravir / 3TC as a treatment option

**PADDLE** (*P*ilot *A*ntiretroviral *D*esign with *D*olutegravir *L*amivudin*E*)  
Phase IV, pilot, open-label, single arm exploratory trial



Viral load was measured at baseline, days 2,4,7,10,  
and weeks 2,3,4,6,8,12, 24, 36 and 48\*

\* 96 week extension ongoing

# Dolutegravir / 3TC as a treatment option

#	SCR	BSL	DAY 4	DAY 7	W.2	W.3	W.4	W.6	W.8	W.12	W.24	W.36	W.48
1	5.584	10.909	383	101	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
2	8.887	10.233	318	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
3	67.335	151.569	1.565	1.178	97	53	< 50	< 50	< 50	< 50	< 50	< 50	< 50
4	99.291	148.370	3.303	432	178	55	< 50	< 50	< 50	< 50	< 50	< 50	< 50
5	34.362	20.544	1.292	570	107	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
6	16.024	14.499	1.634	162	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
7	37.604	18.597	819	61	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
8	25.071	24.368	1.377	Not done	105	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
9	14.707	10.832	516	202	< 50	< 50	< 50	< 50	< 50	< 50	< 50	SAE	
10	10.679	7.978	318	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
11	50.089	273.676	68.129	3.880	784	290	288	147	< 50	< 50	< 50	< 50	< 50
12	13.508	64.103	3.296	135	351	84	67	< 50	< 50	< 50	< 50	< 50	< 50
13	28.093	33.829	26.343	539	61	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
14	15.348	15.151	791	198	< 50	61	64	< 50	< 50	< 50	< 50	< 50	< 50
15	23.185	23.500	4.217	192	< 50	< 50	< 50	Not done	< 50	< 50	< 50	< 50	< 50
16	11.377	3.910	97	143	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
17	39.100	25.828	1.970	460	52	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
18	60.771	73.069	2.174	692	156	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50
19	82.803	106.320	2.902	897	168	76	< 50	< 50	< 50	< 50	< 50	PDVF	
20	5.190	7.368	147	56	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50	< 50

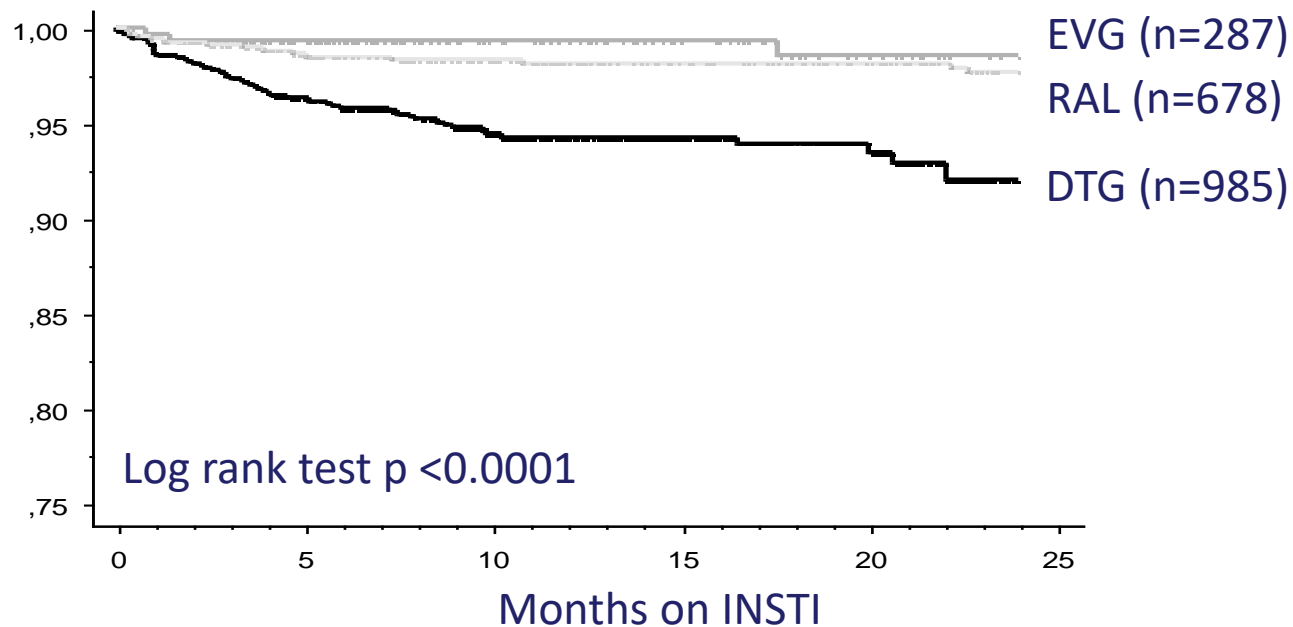
CD4 increase: Median (IQR) : 267 (180-462)



# Dolutegravir and tolerability

## Discontinuation due to neuropsychiatric AEs

	Dolutegravir n=985	Elvitegravir n=287	Raltegravir n=678
Neuropsychiatric % (n)	5.0 % (49)	1.0 % (3)	2.1 % (14)
Insomnia, sleep disturbances	36	2	4
Poor concentration, slow thinking	8	0	0
Dizziness	13	1	3
Headache, paraesthesia	16	1	6
Depression	7	0	1



# Summary

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The approach to treatment of long-term HIV continues to evolve

Treatment approaches moving to convenience, tolerability and avoidance of long-term toxicity

Optimal choice of ART focused around age-related conditions

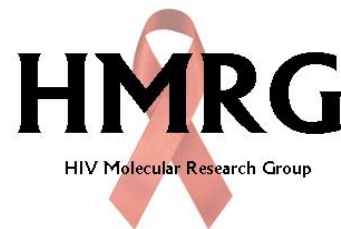
Knowledge of an individual's risk becoming more important

- have a reason for switch
- set your target to achieve
- know the past treatment history

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