

Monoterapia y biterapia de la infección VIH, ¿cuándo?, ¿con que? ¿con que grado de evidencia

Dr. Jose R Arribas

Disclosures

- Advisory fees, speaker fees and grant support: Tibotec, Janssen, Abbott, BMS, Gilead, MSD
- Advisory fees, speaker fees: Viiv

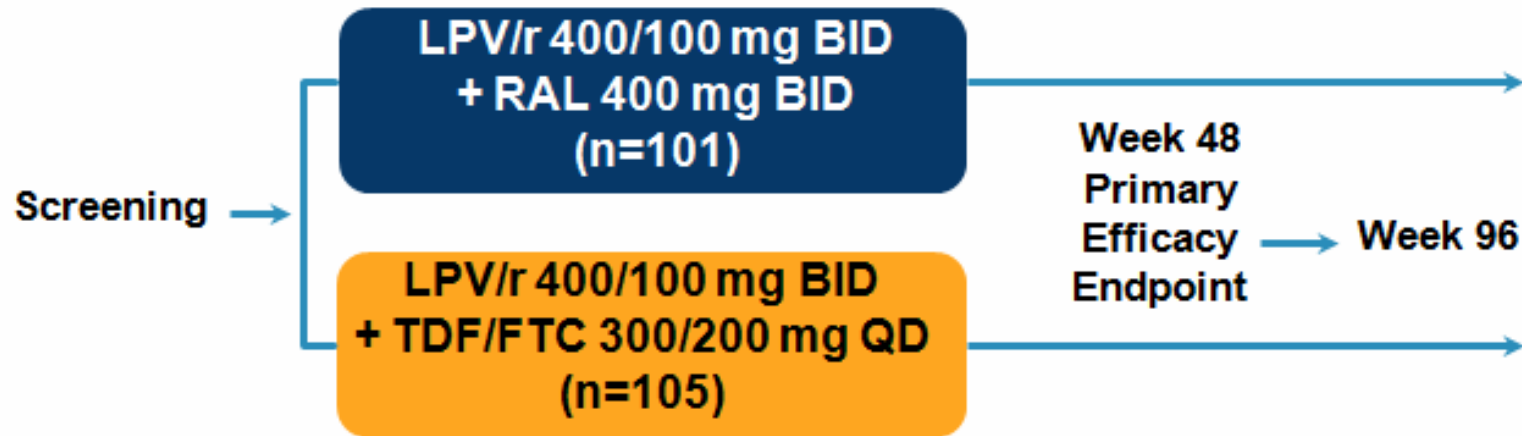
RATIONALE FOR NUCS-SPARING REGIMENS

- Toxicity of current nucleosides (short and long term)
 - Cardiovascular?
 - Renal
 - Bone
 - CNS?
 - Limb fat
 - Cost

LPV/r + RAL vs. LPV/r + TDF/FTC in Treatment-Naive Subjects: PROGRESS Study Design*

Inclusion Criteria for PROGRESS (M10-336)

- HIV-1 infection
- ARV-naïve
- Plasma HIV-1 RNA >1000 copies/mL
- Any CD4⁺ T-cell count

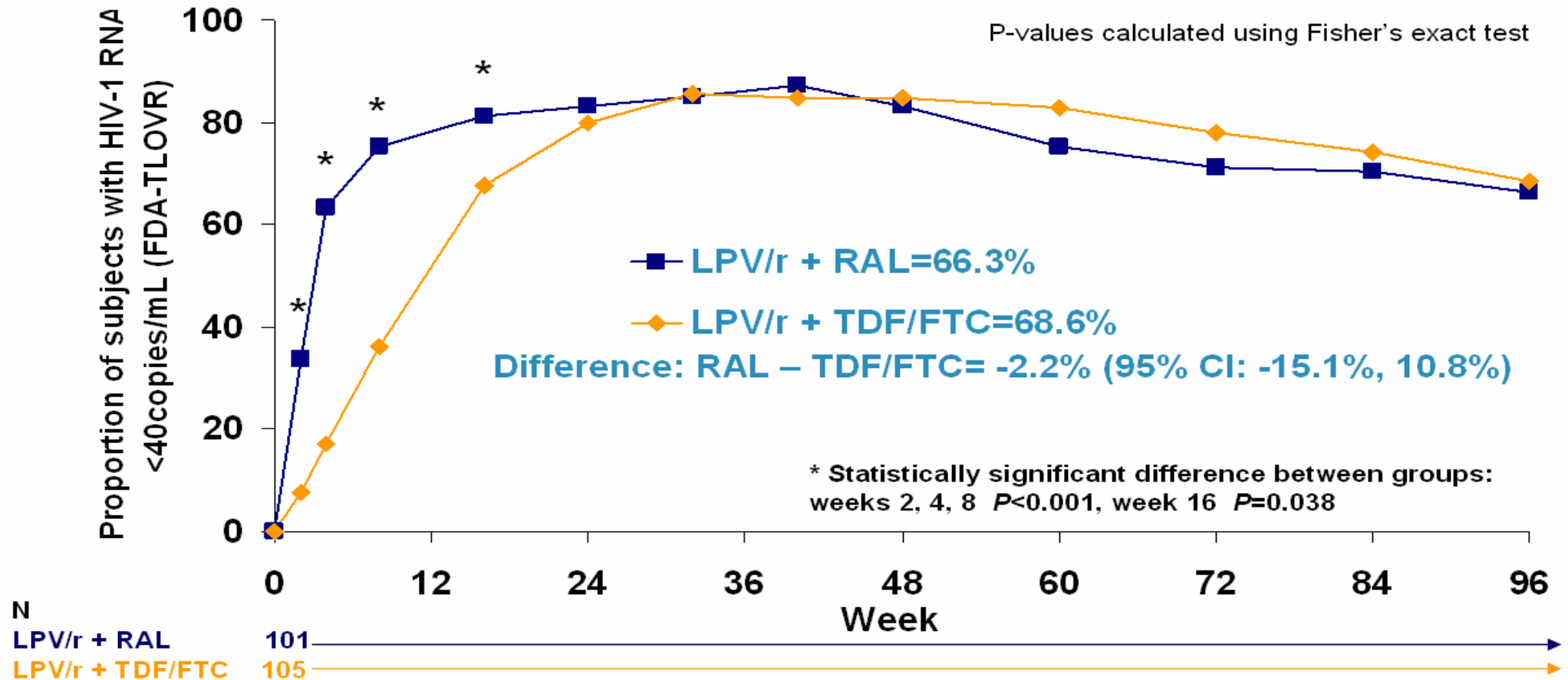


Met Primary Endpoint of Noninferiority

- Primary endpoint: plasma HIV-1 RNA <40 copies/mL at week 48 (FDA-TLOVR)
- FDA-TLOVR week 48: LPV/r + RAL=83.2%, LPV/r + TDF/FTC=84.8%
- $P=0.850$, difference -1.6%, 95% exact confidence interval (CI) -12.0%, 8.8%
- Safety and tolerability were similar at week 48

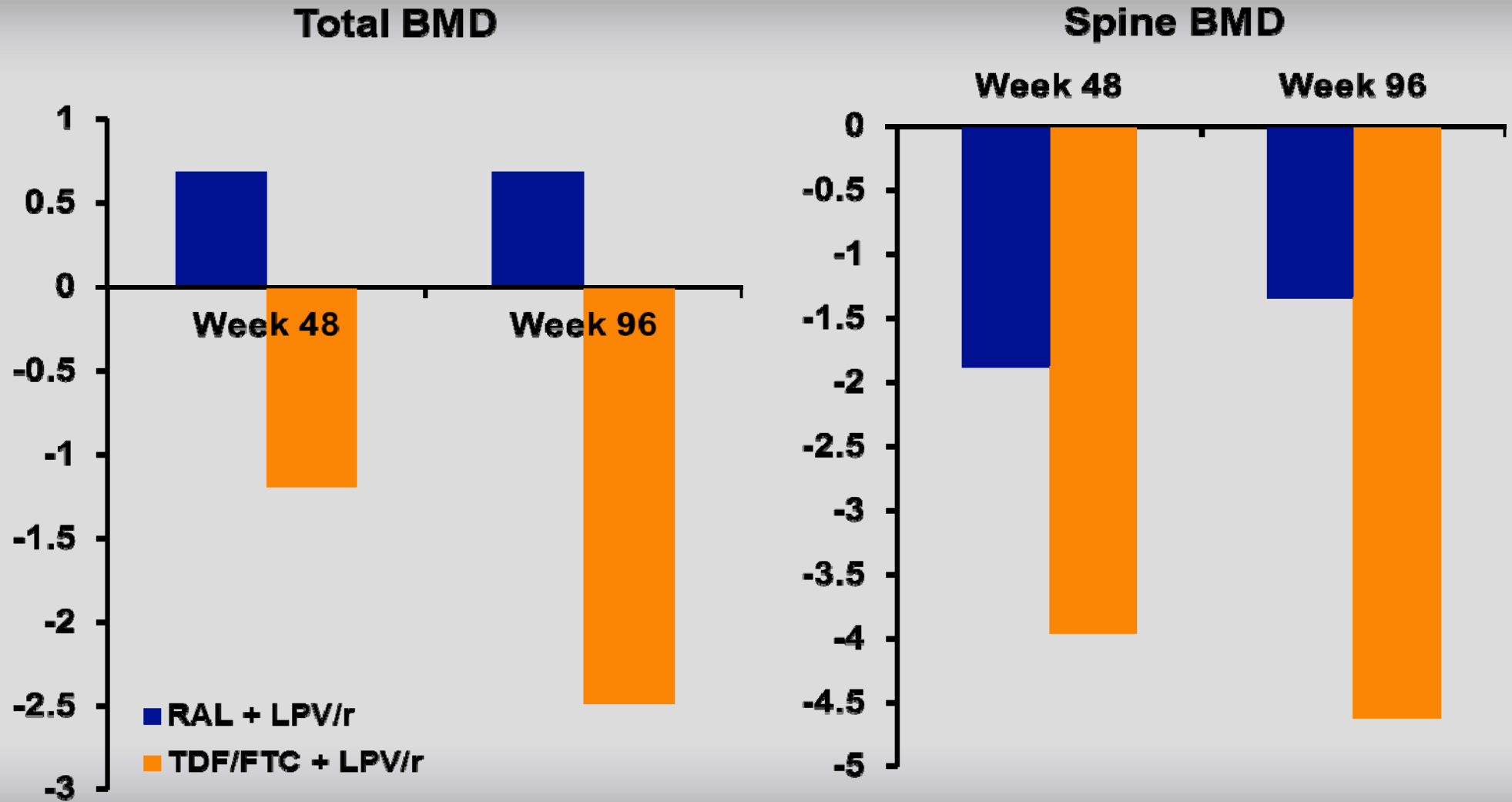
* 3 subjects were randomized but not dosed

Proportion of Subjects Responding at Week 96 (FDA-TLOVR)



Week 96 FDA-TLOVR response for subjects with BL plasma HIV-1 RNA $\geq 100,000$ copies/mL:
 LPV/r + RAL= 6/15, LPV/r + TDF/FTC= 10/19

Progress: BMD Changes by LPV/r + RAL or TDF/FTC



ACTG 5262

Study Design

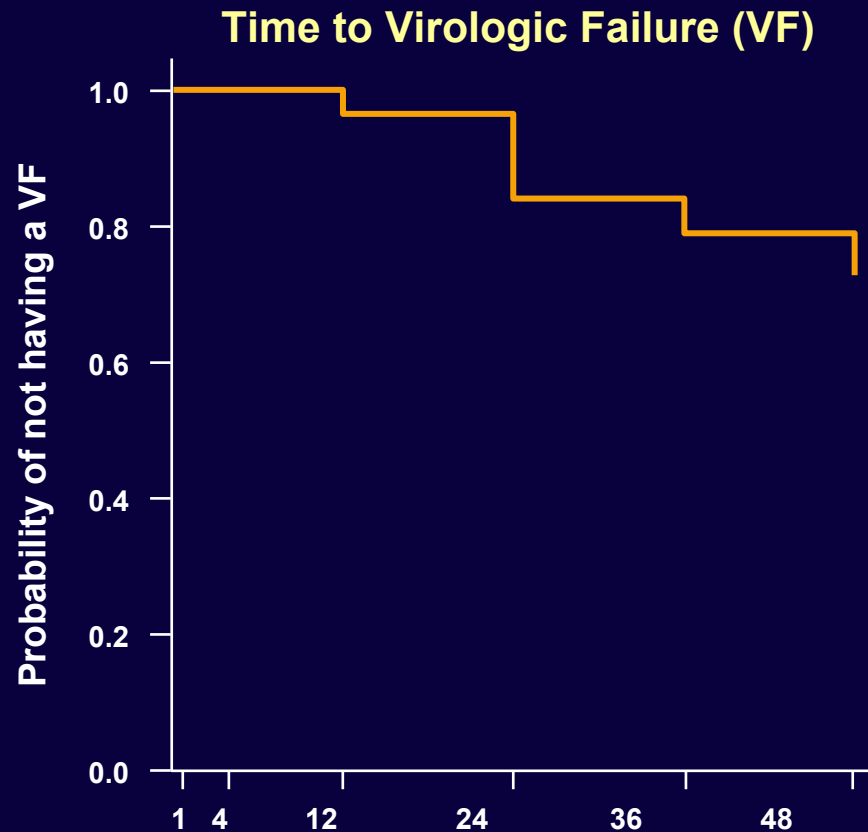
Single arm study of DRV/r (800/100 mg) QD + RAL (400 mg BID) (N=112)		
Age (years)	Median (Q1,Q3)	36 (27, 45)
Sex	Male	98 (88%)
Race	White	49 (44%)
CD4 cell count (cells/mm ³)	<200	40 (36%)
	200<350	32 (29%)
	≥350	40 (36%)
HIV-1 RNA (copies/mL)	≤100,000	63 (56%)
	≥100,000	49 (44%)

Primary Endpoint:

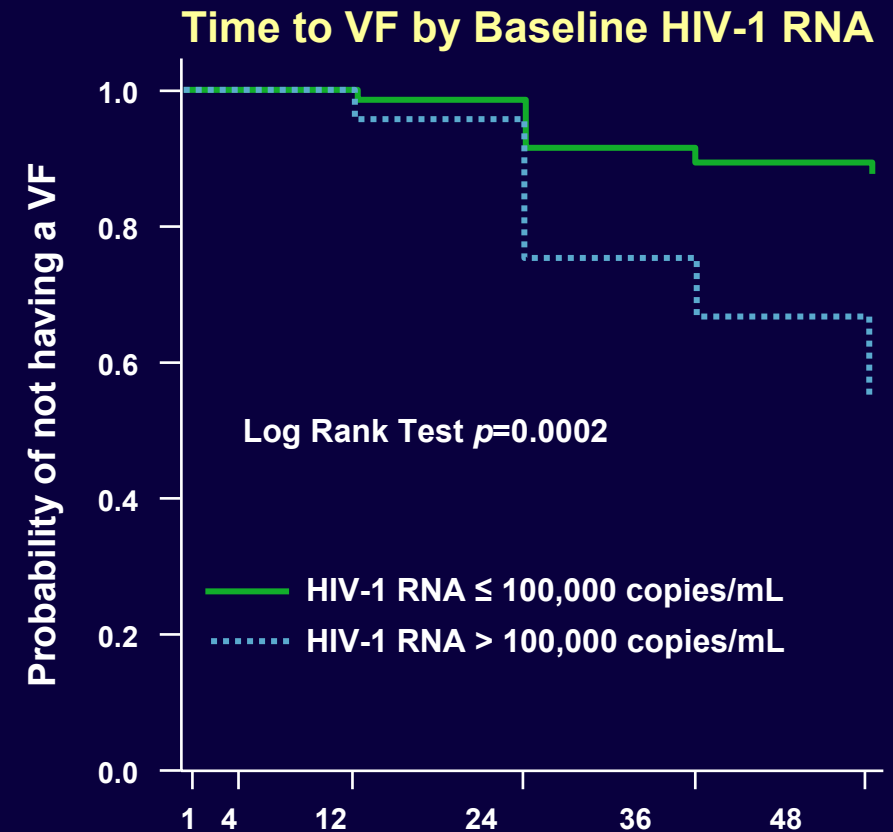
- Virologic failure prior to or at week 24. Proportion Of Subjects With HIV-1 RNA <200 and <50 copies/mL (ITT analysis, missing/off study= ignored)

ACTG 5262

Time to Virologic Failure (ITT approach)

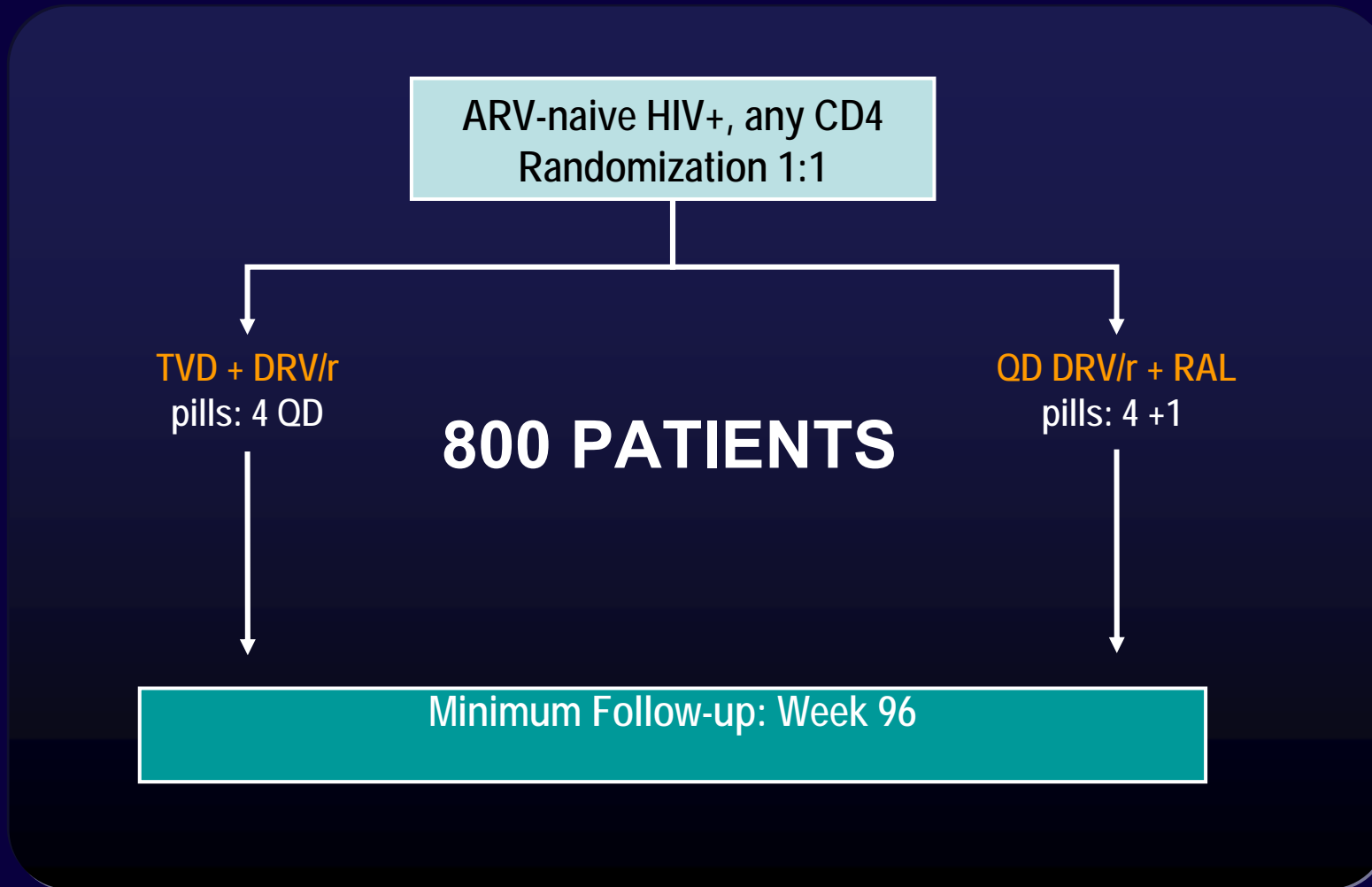


	1	4	12	24	36	48
n with VF:	0	0	3	14	5	6
n at risk:	112	111	110	105	89	81



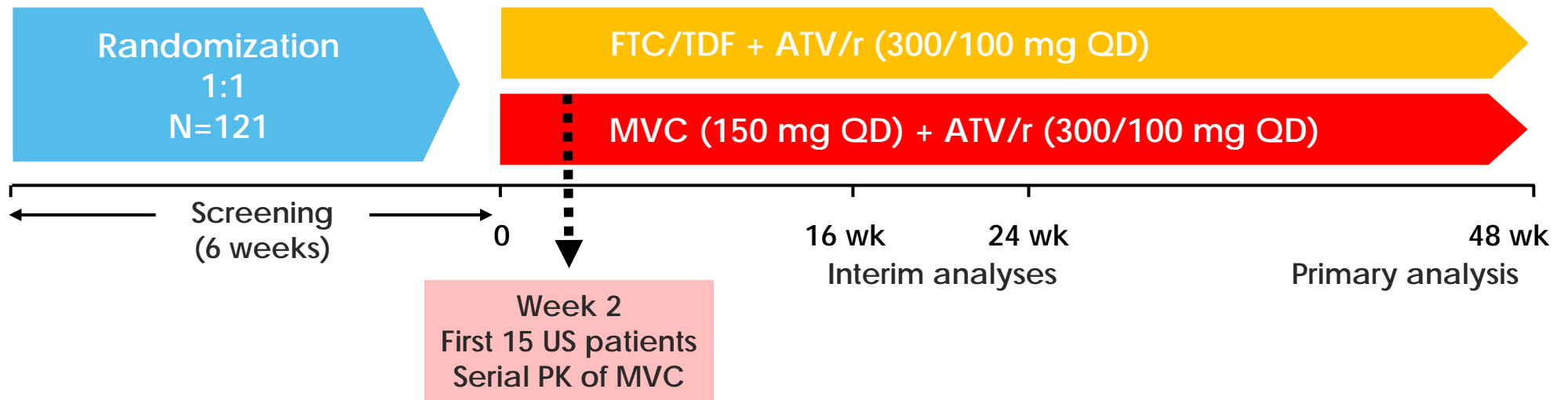
	1	4	12	24	36	48
HIV-1 RNA ≤ 100,000 copies/mL						
n with VF:	0	0	1	4	1	1
n at risk:	63	63	62	59	54	50
HIV-1 RNA > 100,000 copies/mL						
n with VF:	0	0	2	10	4	5
n at risk:	40	45	45	45	39	31

NEAT Protocol 001 / ANRS 143



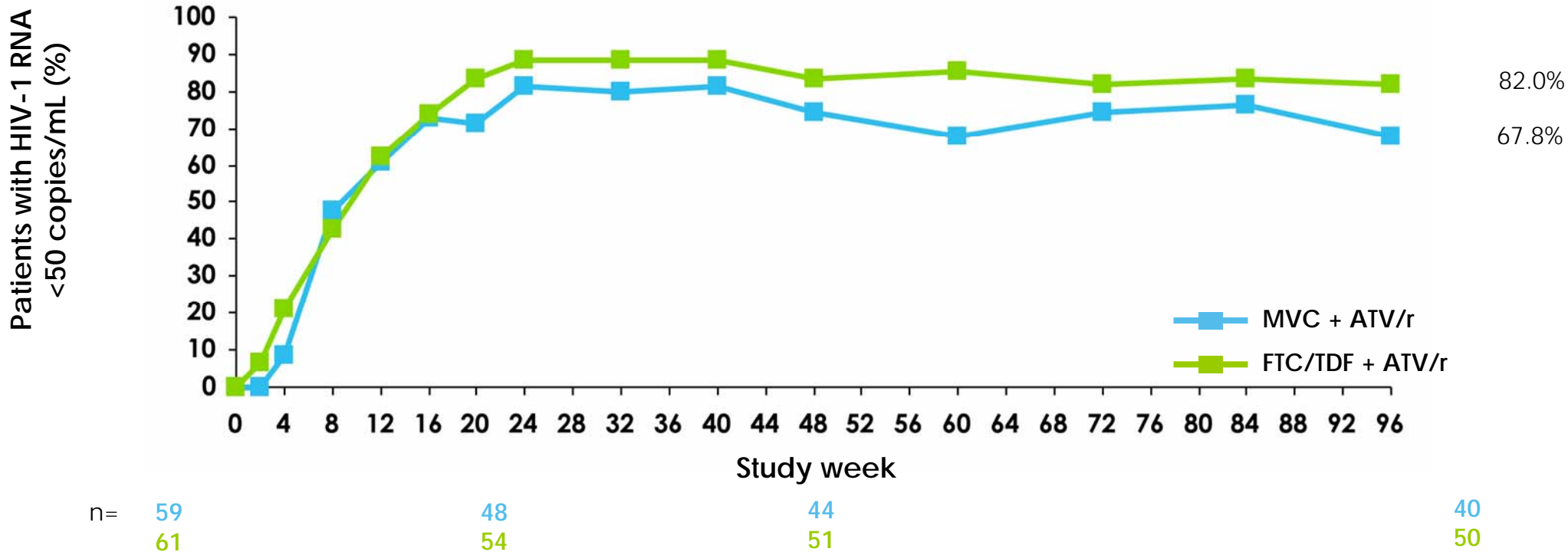
Study design

Open-label, 48-week Phase 2b pilot study



- Patient eligibility criteria
 - R5 HIV (ESTA) at screening
 - ≥ 16 years of age
 - HIV-1 RNA ≥ 1000 copies/mL
 - CD4 ≥ 100 cells/mm³
 - No evidence of resistance to ATV/r, TDF, or FTC
- Study has iDMC
- Ongoing study: USA, Spain, Germany
- Extended to 96 weeks
- Study is not powered to show a treatment difference and no formal comparative statistics will be performed

HIV-1 RNA <50 copies/mL over time



Intent-to-treat. Non-completer=failure.

No genotypic or phenotypic resistance was observed through Week 96

Change in tropism	Development of relevant resistance mutations				Susceptibility to drug retained	
	MVC	ATV	TDF	FTC	MVC	FTC/TDF
0	0	0	0	0	7	4

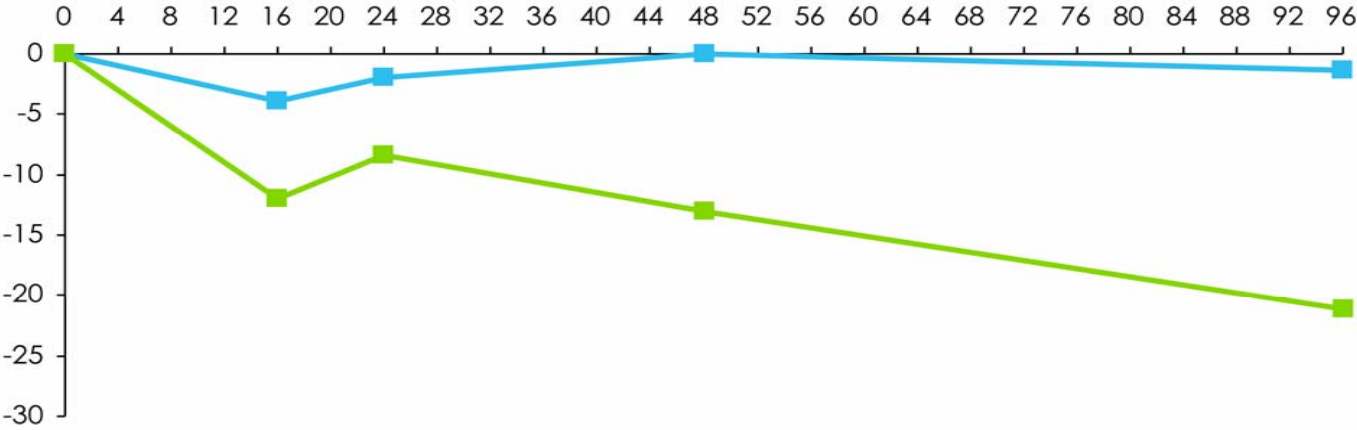
- 7 patients in the MVC arm and 4 patients in the FTC/TDF arm were identified for virologic analyses^a

^aPatients who discontinued from the study early with sufficient VL (≥500 copies/mL). Assays (ESTA, Monogram GenoSeq and/or PhenoSenseGT) performed at screening/baseline and at the last on-treatment time point were available

Creatinine clearance over time

Study week

Mean change from baseline in creatinine clearance (mL/min)

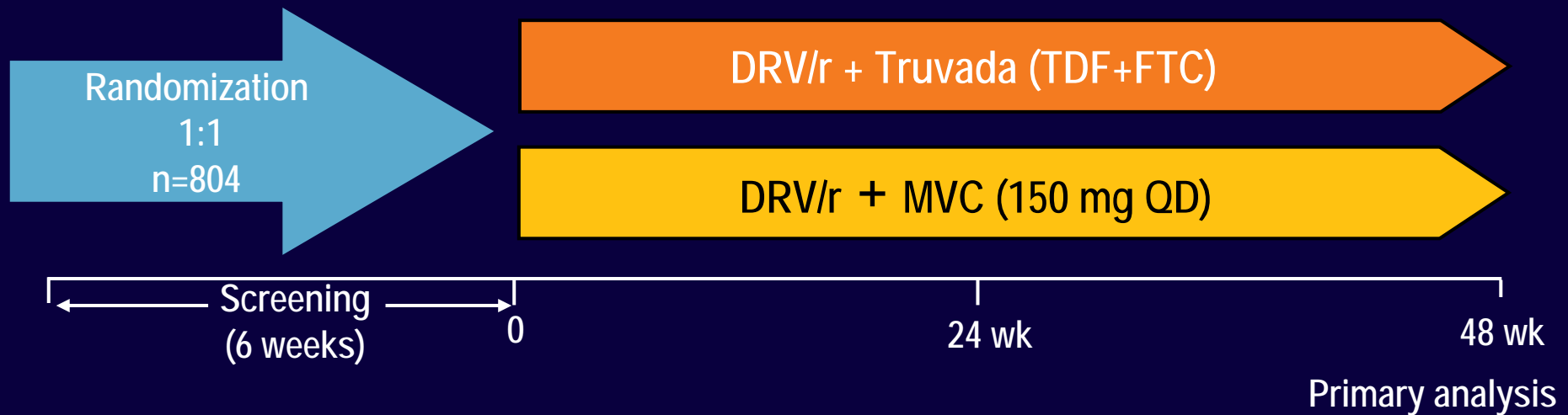


MVC + ATV/r (N=60)
FTC/TDF + ATV/r (N=61)

Study A4001095

Double blind placebo controlled

Primary endpoint: Proportions < 50 copies/mL at week 48*



Patient eligibility criteria:

- ≥ 16 years of age
- Treatment naive
- R5 HIV-1 infection
- HIV-1 RNA ≥ 1000 copies/mL
- CD4 ≥ 100 cells/mm³
- No evidence of resistance to ATV/r, TDF, or FTC

* Study is powered to show a treatment difference and comparative statistics will be performed.



**AIDS
2012**

XIX INTERNATIONAL AIDS
CONFERENCE JULY 22 - 27
WASHINGTON DC USA



Abstract

TUPE099 - Pos

Week 48 results
in HIV-1 naive patients
infected with R5-tropic HIV-1

Conclusions: MVC/DRV/r 150/800/100 mg once-daily was well-tolerated and effective, but VF occurred in 3/4 patients with baseline VL > 100,000 c/ml. These findings should be evaluated with caution in larger randomized studies.

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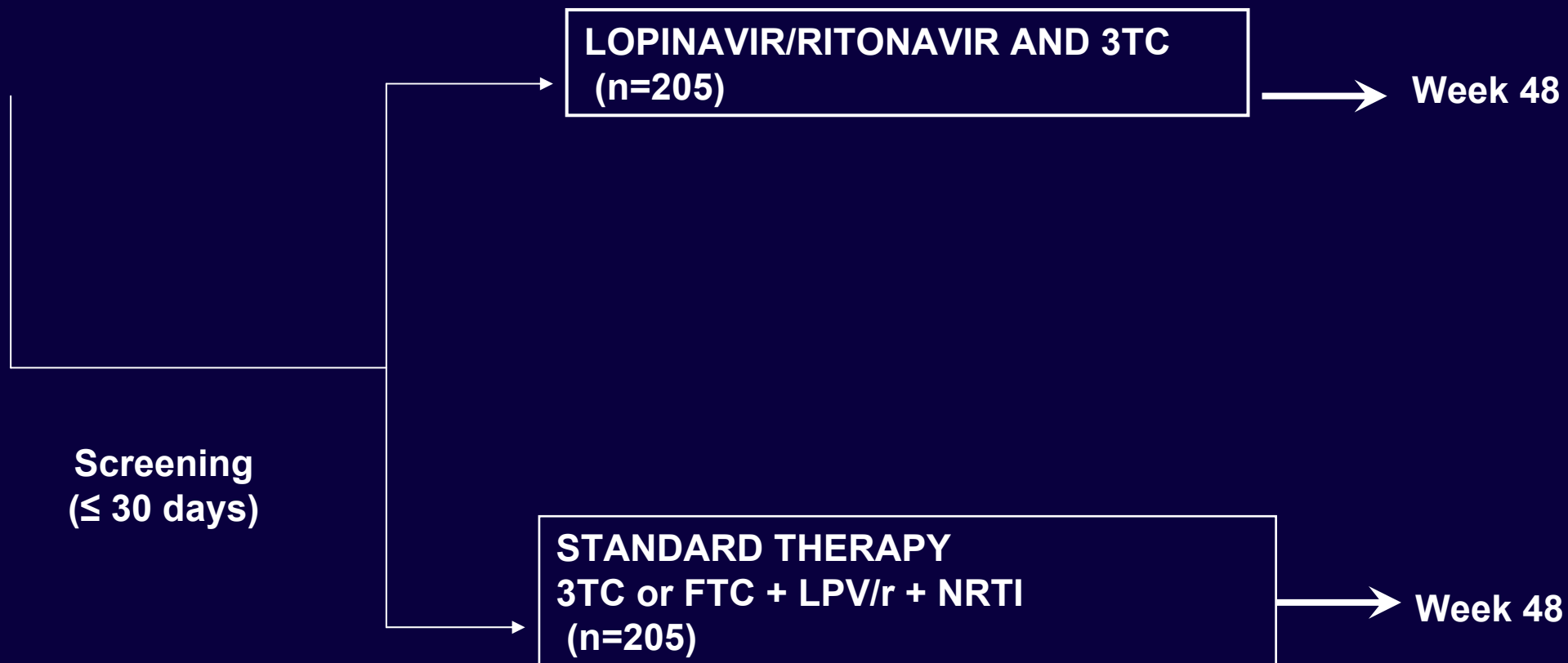
B. Taiwo¹, S. Swindells², B. Berzins¹, E. Acosta³, P. Ryscavage¹, J. Lalezari⁴, J. Castro⁵, O. Adeyemi⁶, B. Yip¹, M. Rathert¹, D. Kuritzkes⁷, J. Eron⁸, MIDAS Study Team

Investigational Plan. Gardel Study

Study Design Schematic



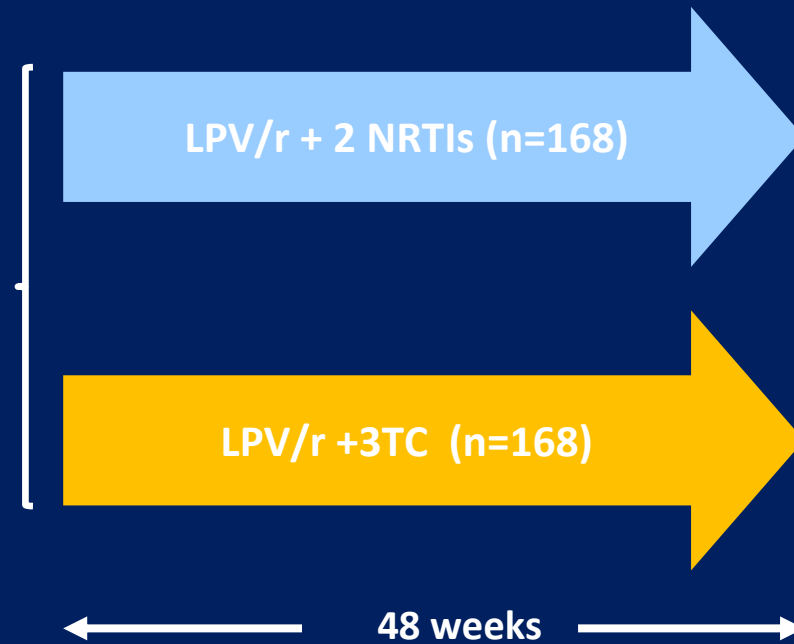
Screening Visit



OLE STUDY

Inclusion criteria:

- Stable HAART (1yr)
 - 2 NRTIs + LPV/r
 - HIV RNA < 50 (6M))
-



The state of PI Monotherapy (Guidelines)

GUIDELINES	COMMENTS
EACS ¹	PI/r monotherapy with bid LPV/r, or qd DRV/r, might represent an option in patients with intolerance to NRTI or for treatment simplification.
IAS ²	Ritonavir-boosted protease inhibitor monotherapy is associated with an increased risk of virologic failure and is not recommended when other options are available
DHHS ³	In aggregate, boosted-PI monotherapy as initial or as simplification treatment has been somewhat less effective in achieving complete virologic suppression and avoiding resistance. Therefore, this strategy cannot be recommended outside of a clinical trial.

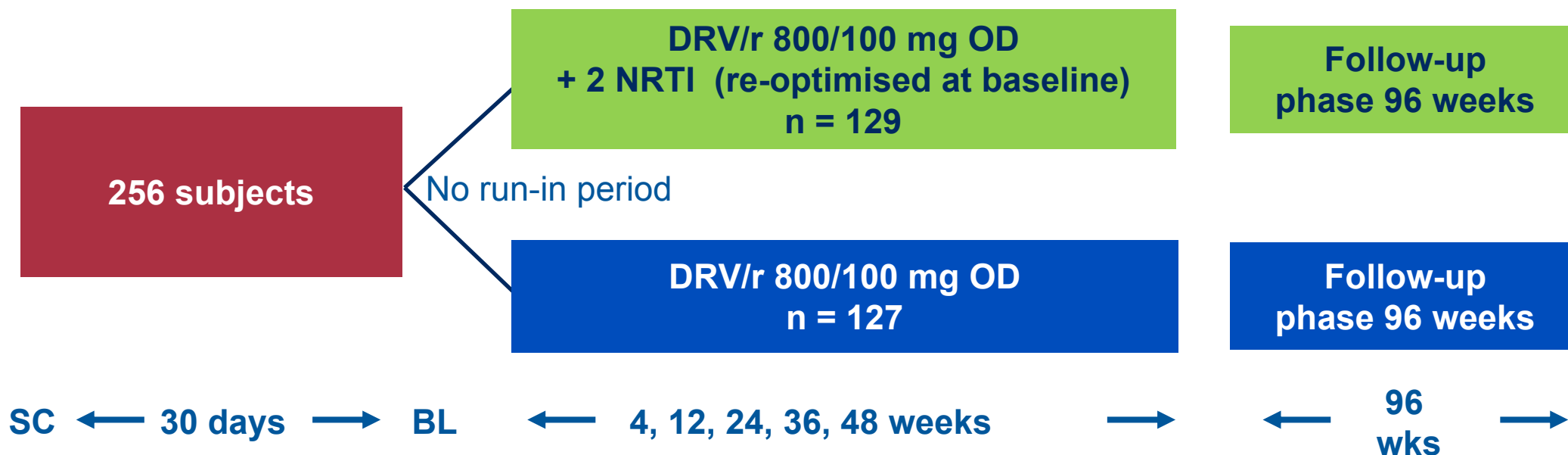
1. <http://www.europeanaidsclicalsociety.org/images/stories/EACS-Pdf/EACSGuidelines-v6.1-English-Nov2012.pdf>

2. Thompson MA, et al. JAMA 2012; 308:387–402.

3. Available at: <http://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf>

MONET - Trial Design

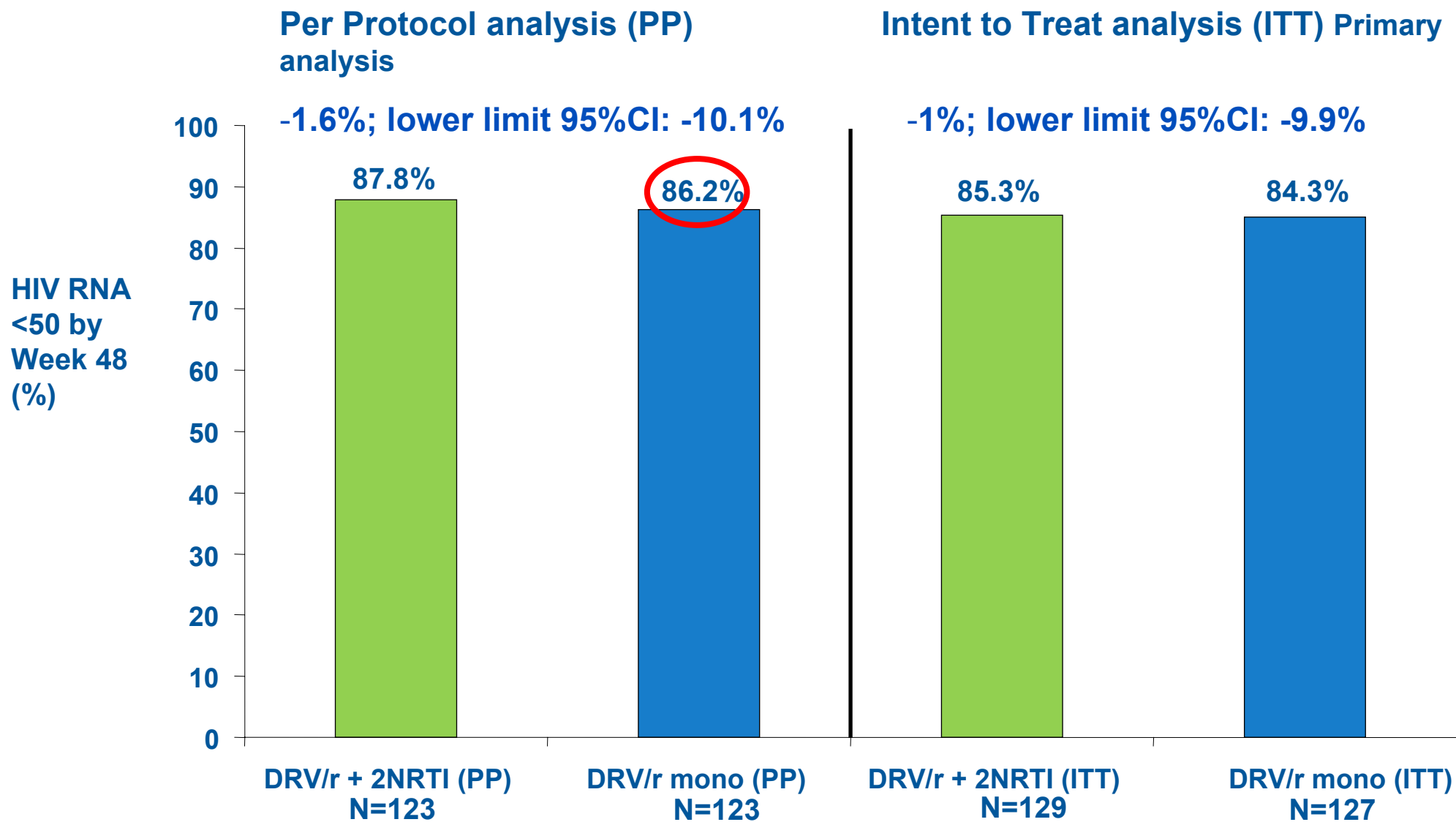
- Taking 2 NRTI + either NNRTI or boosted PI at screening (stratified)
- No prior use of darunavir (DRV)
- HIV RNA <50 copies/mL for at least 6 months,
- No history of virological failure



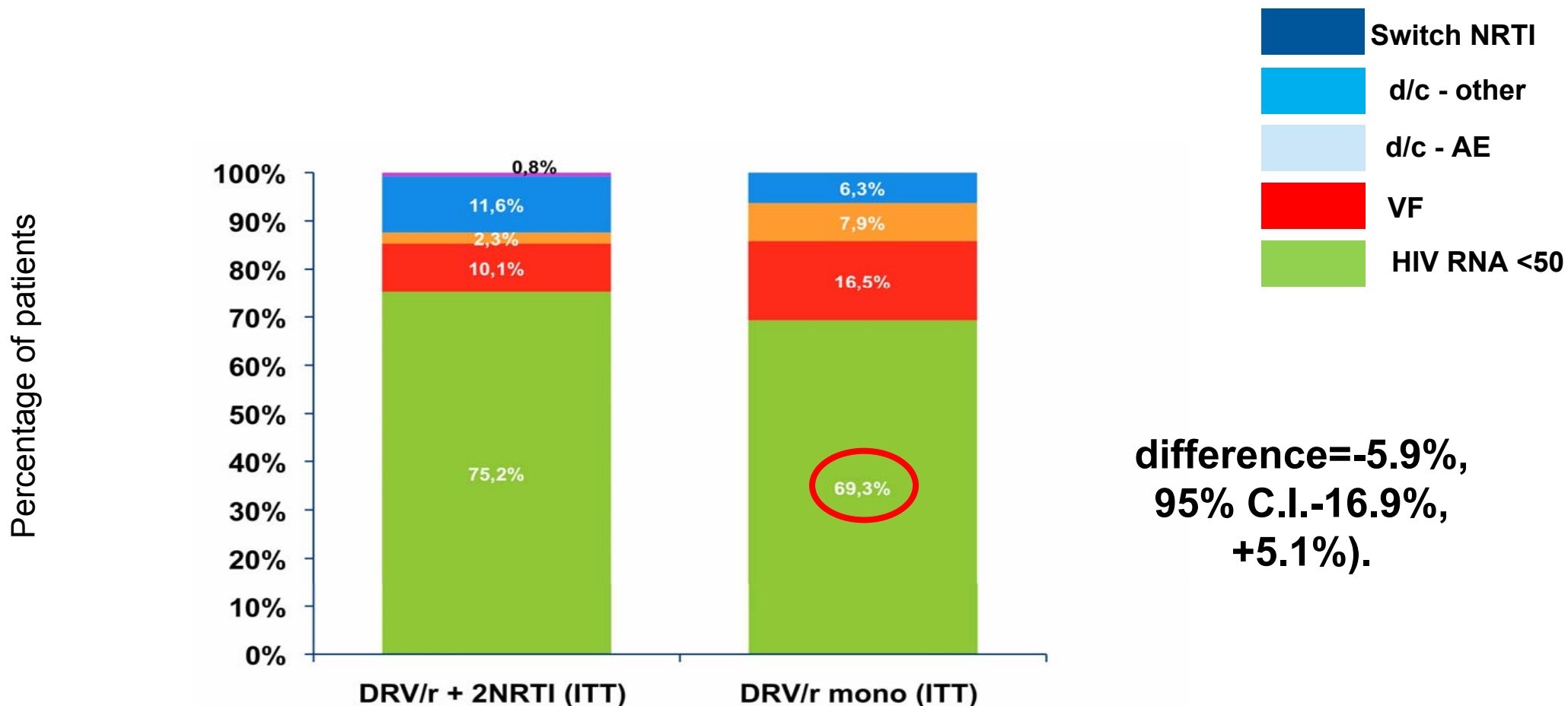
Primary Endpoint: HIV RNA < 50 at week 48 (TLOVR). Per Protocol, Switch = Failure

- 2 consecutive HIV RNA > 50 copies/mL (Roche Amplicor HIV-1 Monitor assay 1.5)
- Stopping DRV/r
- Starting NRTIs in the monotherapy arm
- Stopping NRTIs in the triple therapy arm (switches in NRTIs were permitted at any time).

MONET: Primary Efficacy Analysis: HIV RNA <50 copies/mL at Week 48, TLOVR, S = F



MONET Week 144 analysis: HIV RNA, TLOVR, ITT Population Switch=failure



MONET Week 144 analysis: Major IAS-USA Genotypic mutations when HIV RNA >50 copies/mL

Genotypic results	DRV/r + 2NRTI N=129	DRV/r N=127
Number of patients with genotypes performed (RNA >50 copies/mL)	40	47
Patients with at least 1 successful genotype	23	31
Patients with genotype(s) showing no primary PI or DRV mutations, M184V or NRTI mutations	22/23 (96%)	30/31 (97%)
NRTI mutations	1	0
M184V	1	0
Primary IAS-USA PI mutations	1	1
DRV mutations	0	1

Only 1 patient per arm had any evidence of genotypic resistance

MONET Week 144 analysis: Outcome of HIV RNA elevations in DRV/r arm (21 patients)

Patient	HIV RNA blips	Changed ARV / comments	Last HIV RNA
1	140, 133	None / sinusitis	<50 (wk 144)
2	59, 214	ZDV/3TC/NVP	<50 (wk 144)
3	53,160	TDF/FTC/DRV/r	<50 (wk 144)
4	132, 139	LPV/r mono	<50 (wk 144) - local
5	539, 862	TDF/FTC/EFV	<50 (wk 128) - local
6	75, 111	TDF/FTC/RAL	<50 (wk 144) - local
7	215, 56	None / Poor adherence	50 (wk 144)
8	810, 605	TDF/FTC/DRV/r	<50 (wk 144)
9	40500, 628	None (stopped Rx)	<50 (wk 144)
10	154, 100	None	<50 (wk 144)
11	158, 60	ABC/3TC/DRV/r	<50 (wk 144)
12	134, 79	None / Viral infection	<50 (wk128)
13	585, 69	None	69 (wk 144)
14	151,97	None / Poor adherence	<50 (wk 144)
15	51, 80	None	<50 (wk 96)
16	114, 106	TDF/FTC/DRV/r	231 (wk 112)
17	722, 157	TDF/FTC/DRV/r	<50 (wk 96), 82 (wk 144?)
18	398, 288	TDF/FTC/DRV/r / Infection	<50 (wk 144)
19	156, 6530	None	<50 (wk 144)
20	779, 267	ABC/3TC/DRV/r / Infection	<50 (wk 144)
21	164, 114	None	<50 (wk 144)

MONET Week 144 analysis: Outcome of HIV RNA elevations in DRV/r arm (21 patients)

11

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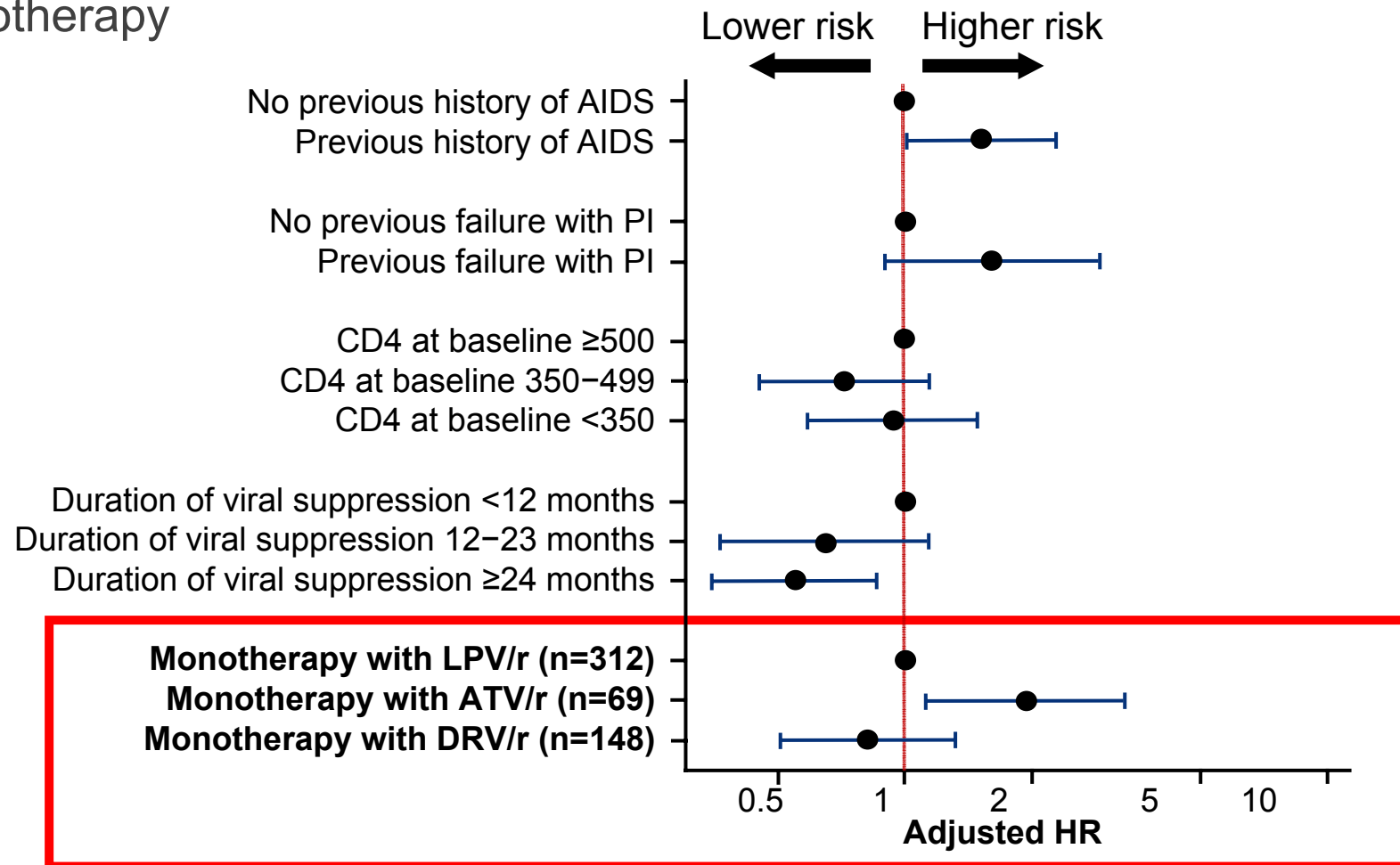
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3

Observational study: PI/r monotherapy in routine clinical practice

- Predictors of virological failure among 529 experienced individuals receiving PI/r monotherapy



HR=hazard ratio, estimated using a Cox proportional hazards model and adjusted for age, sex and exposure group, and migration from sub-Saharan Africa

Guiguet M, et al. AIDS Epub 12 June 2012.
doi:10.1097/QAD.0b013e32835646e0

MONOI: Predictors of Response

All Patients (Week 96)	Multivariate Analysis	
Variables Associated with Rebound by W96	OR (95%CI)	P
Randomized Group (Monotherapy vs. HAART)	4.81 (1.91, 13.7)	0.002
HIV-1 DNA at D 0 (per 1 log ₁₀ copies/10 ⁸ cells increase)	1.97 (1.10, 3.57)	0.02
Duration of Prior ART (per 5 years decrease)	2.11 (1.23, 3.8)	0.009
Patients Randomized in the DRV/r Monotherapy ARM		
Variables Associated with Rebound by W48		
Baseline US HIV-RNA(< 1 copy/mL vs. others)	0.24 (0.05, 0.86)	0.042
HIV-RNA at D0 (blip vs. < 50 copies/mL)	10.0 (1.63, 62.7)	0.025
Variables Associated with Rebound by W96	OR (95%CI)	P
Difficulty in Adherence (< 100% vs. 100% adherence)	3.84 (1.29, 12.49)	0.02
Duration of prior ART (per 5 years decrease)	2.93 (1.43, 6.66)	0.006
HIV-1 DNA at D 0 (per 1 log ₁₀ copies/10 ⁸ cells increase)	2.66 (1.11, 7.48)	0.04

- So good candidates should :
 - Have strictly undetectable viral load (HIV-1 RNA < 50 copies/ml) at the time of monotherapy beginning, and even below 50 copies/mL
 - Be fully adherent and even more adherent than for a triple therapy
 - Be treated with ART for a long time before switching to monotherapy

PROLONGED TREATMENT WITH BOOSTED PROTEASE INHIBITOR MONOTHERAPY IS NOT ASSOCIATED WITH A HIGHER RATE OF NEUROCOGNITIVE IMPAIRMENT THAN TRIPLE DRUG ANTIRETROVIRAL THERAPY

Pérez-Valero I, González-Baeza A, Estébanez M, Montes-Ramírez ML, Bayón C, Pulido F, Cambrón I, Bernardino JI, Zamora FX, Monge S, Gaya F, Lagarde M, González-García J, Rubio R, Hernando A, Arnalich F, Arribas JR



Abstract # O333



11 International Congress on
Drug Therapy in
HIV Infection

Study Design

Cross-sectional 4/11-6/12

- HIV+ patients receiving:
 - ✓ 2 N(t)RTIs + LPV/r or DRV/r
 - ✓ LPV/r or DRV/r alone
- HIV-RNA <50 (\geq 1yr)*
- Patients with confounders excluded

DRV/r or LPV/r + 2 N(t)RTIs
(n=95)

DRV/r or LPV/r
(n=96)

48 weeks

Objectives

- Prevalence of NCI**
- Is MT a risk factor for NCI?
- CSF Viral escape
- Biomarkers of NCI
- Evolution of NCI (48 wks)

Procedures (baseline & 48 week)

- Neurocognitive assessment
- Blood tests
- CSF & MRI (only if neurocognitively impaired)

*Single blip allowed

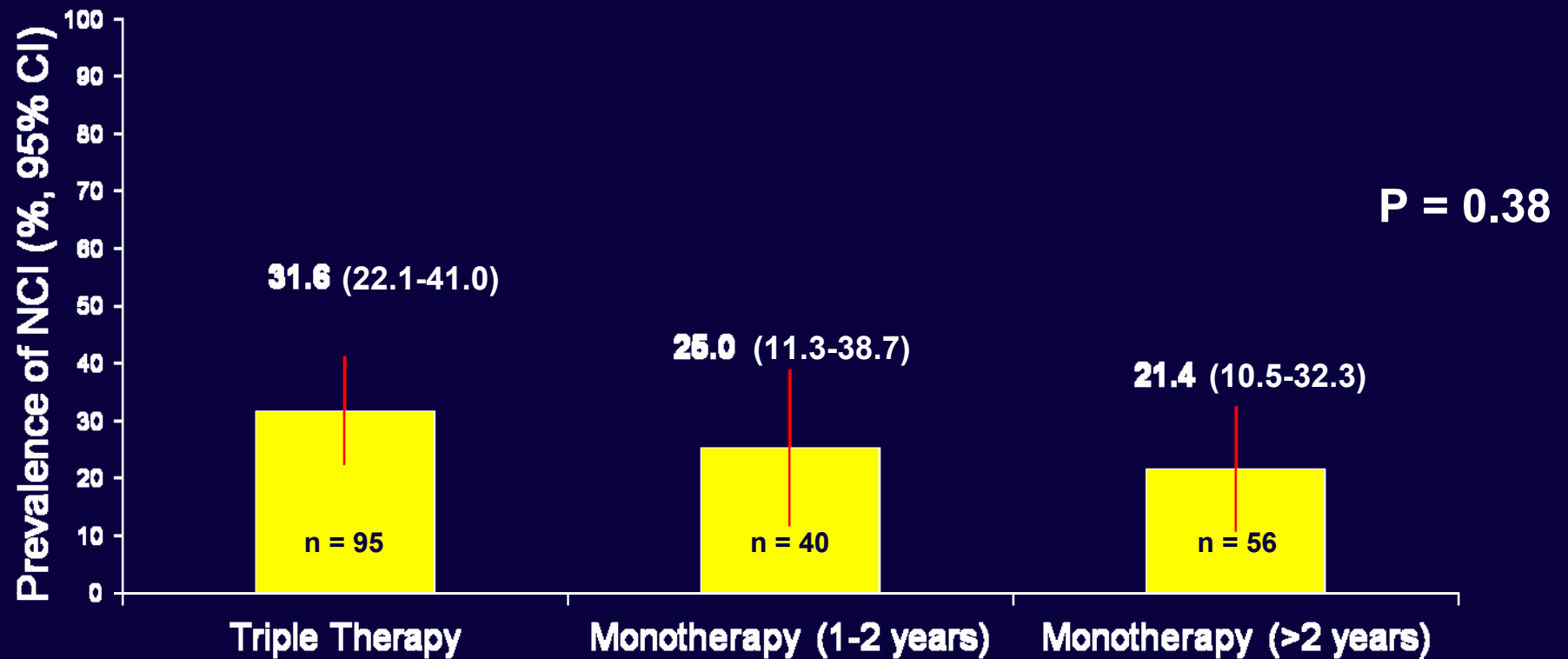
**Neurocognitive Impairment

Antiretroviral Therapy

	Triple Therapy N = 95	MT (1-2 years) N = 40	MT (>2 years) N = 56	p < 0.05
Years of antiretroviral therapy. Median (IQR)				
Total	10.7 (4.8-15.7)	14.9 (11.0-16.6)	13.4 (10.0-15.0)	MT1, MT2 vs TT
Triple Therapy	10.7 (4.8-15.7)	13.2 (9.5-15.4)	9.9 (5.2-11.7)	MT1 vs MT2
Monotherapy	NA	1.5 (1.2-1.8)	3.0 (2.6-4.9)	MT1 vs MT2
Current protease inhibitor. N (%)				MT1 vs TT, MT2
Darunavir/ritonavir	25 (26.3)	24 (60.0)	19 (33.9)	
Lopinavir/ritonavir	70 (73.7)	16 (40.0)	37 (66.1)	
Adherence level < 100%. N (%)	25 (27.8)	7 (18.0)	11 (19.6)	
CPE score*. Median (IQR)	7 (7-7)	3 (3-3)	3 (3-3)	Not applicable

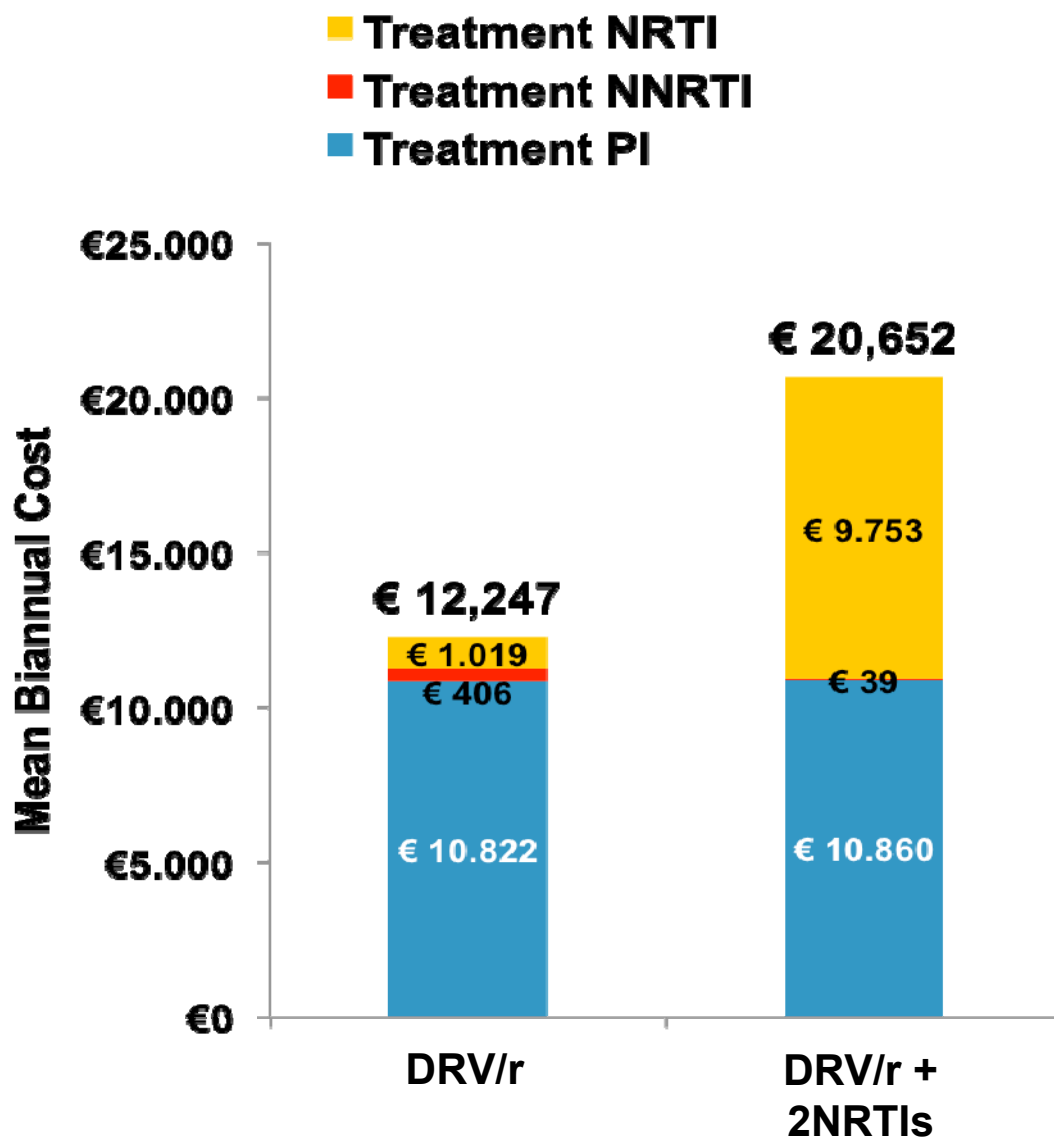
*Letendre et al. 17th Conference of Retroviruses and Opportunistic infections. San Francisco, 2010. Abstract 172

Prevalence of Neurocognitive Impairment



All asymptomatic/mild by self report

Two-year Spanish costs of antiretrovirals in MONET – all patients



- **Acquisition cost** – the cost of DRV/r monotherapy is 21% lower than standard 2NRTI + NNRTI treatment, and 33% lower than 2NRTI + PI treatment
- **Cost per response** – Cost per patient with HIV RNA <50 copies/mL at 96 weeks is lower for DRV/r monotherapy
 - A higher number of patients can be treated for a fixed budget
- **Budget Impact** – if a country such as Spain switched all patients with HIV RNA <50 and no prior virologic failure, to DRV/r monotherapy, there is the potential to save over **46 million Euros per two years** in antiretroviral treatment costs

Monoterapia y biterapia de la infección VIH, ¿cuándo?, ¿con que? ¿con que grado de evidencia

- ~~There is active research in trying to find mono and dual therapies for HIV infection.~~
 - Avoiding long-term toxicity of nucleosides. Increase treatment options
- Dual nuc-sparing therapy in naïve. Still more data needed
 - Preliminary data support efficacy of some combinations but doubts still persist (High viral loads) in naïve Proving less toxicity would require more follow-up
 - CNS protection?
 - 3TC/FTC?
- Monotherapy in suppressed.
 - Viable alternative for selected patients?